

JourneyWoman™

Hello JourneyWoman,

Before we do anything, we prepare. We ask questions, we educate ourselves and learn from each other. Even though we can't travel right now, we can prepare ourselves mentally and physically for what is to come. We can give ourselves time to work through our fears and shift our apprehension about the future into excitement and anticipation. We can look to women who have gone before us and learn from them as our role models.

As I reflect on the past few weeks, I feel like we are all learning together. This time is revealing a lot about who we are, how we manage emotions, what gives us joy, and what brings us down. There is a certain simplicity in this time, as we minimize our lives down to what is needed. It feels like we are being given the opportunity to discover ourselves in ways we hadn't expected.

Over the past several weeks, our JourneyWoman Virtual Community Calls, our website celebration on April 17, the social media discussions, webinars and other discussions have shown me the true power of this community. You are amazing. We are so fortunate to have each other, and connect in a place where we can share our stories, our grief, our struggles and our hopes for the future. We're being given a precious gift, to join together and learn about the true nature of generosity and kindness. We're expanding our definition of resilience and resourcefulness by adapting and changing with each new step we take. I am truly in awe of all of you.

We will get through this, together. Wherever you are in the world, please stay safe.

Carolyn

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Member, SATW

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JourneyWoman™: Inspiring women to travel since 1994

What's HOT

- **JourneyWoman LIVE: Life Lessons from Travel: The Original Solo Travellers:** Join us on Tuesday, April 28 as we feature three inspiring solo travellers from the JourneyWoman community: Marti, Marillee and Brenda, interviewed by our Editor Amanda Burgess. Zoom registration is [here](#) or you can join live on the JourneyWoman Facebook page at 8 pm EDT. Learn more [here!](#)
- **JourneyWoman Virtual Community Circle:** A reminder that we host a small group Zoom session every Friday for you to connect at 10 am EDT. All are welcome! Registration is [here](#).

Call for Your Stories: Curiosity

In May, we're exploring the theme of Curiosity. Our next newsletter is on May 15 and we would love to share your stories, tips and ideas. Send them along to editor@journeywoman.com or use our Tips form [here](#):

- **Conversation starters while travelling:** What are your best get-to-know-people-while-travelling questions? How do you really get to know a place, down to its tippy toes?
- **Tips on Isolation:** Any goodies to share? How are you using your time? Language lessons, dancing, cooking, music? Let us know!
- **JourneyWoman Book Club:** We're restarting the JourneyWoman Book Club! Reach out with any suggestions! Sessions coming soon on Zoom.
- **Road Trips:** What are your favourite places and itineraries? Help us with ideas for our newest section!
- **Things She Loves:** What travel-related books, products or services do you recommend to other women in our community? Please share them so we can feature them on our website!

Upcoming JourneyWoman LIVE sessions

To help our JourneyWoman community stay connected and optimistic, we are offering a series of sessions with our Women's Tour Directory partners to empower

and support you to **#takethefirststep**. These are available on Zoom and Facebook and posted on our [YouTube channel](#).

For more details and registration information, click [here](#).

- Tuesday, May 5, 8 pm EDT: Shifting to Optimism: Babes in Bali Partner Nathalie Stratton helps us embrace a positive mindset, one day at a time.
- Thursday, May 7, 12 noon EDT: Cook in Tuscany: Linda and George Meyers will teach you how to roll pici from their home in Tuscany. YUM!

If you missed it, don't worry!

- April 17: New Website Celebration – Video coming soon on our website!
- April 21: How will COVID-19 Impact Travel with Travel Writers and Experts – Watch on Facebook [here](#)
- April 22: On Earth Day, we announced a new partnership with TreeSisters.org to help reforestation efforts around the world. For every new subscriber to our newsletter, we'll plant a tree! Read more here and please recommend JourneyWoman with your friends: [CLICK](#)
- April 26: The Calming Influence of Art, with Melissa Harris: On Facebook [here](#)

Don't miss out on the great advice and sharing on our [JourneyWoman Travel Group on Facebook](#) – we're almost at 1300 members! Invite your friends to join us!



You have signed up to receive emails from the JourneyWoman Network

Please use the links below to update your subscriber options, or to unsubscribe from our mailing list.