



Dec 15, 2022

Dear Goddess,

Welcome the New Year with great deals we've curated with trusted, women-friendly tour operators who understand your unique needs as an independent solo traveller to 13 different destinations around the world. Now that you're getting ready to plan 2023 travel consider these wonderful tours to all corners of the world from Antarctica to Israel, South Africa, France, Ireland and points between. There are great incentives to book now and see what the world has to offer.

Looking for more women-friendly travel inspiration? Visit our JourneyWoman Women's Travel Directory, the largest source of women's tours —by women, for women — in the world. By supporting women-owned businesses when you travel, you can lift up all women!

JWP Turtles & Tusks in South Africa with Blue Sky Society

February 2023



February 12 - 22, 2023

She traded Spa's for Stars, diamonds for Dust

The earliest sunrise caresses her salted skin, the sparkle of the sand beneath her feet as she watches the turtle hatchlings journey from shell to sea.

The thundering fall of the elephant bull as he buckles from the dart, stroking his leathery skin while securing the tracking collar around his neck.

She is an eco-tourist; she traded UP!

If you have what it takes to join this team, apply NOW!

Spaces limited.

Reserve your spot today!

Join Via Sabra to Experience Israel's Abundance With Shefa!
February 2023



February 14-23, 2023

Discover Israel's magnificent natural beauty and diverse modern culture. Shefa: A Women's Journey, is a 9-day immersive culinary, spiritual, and creative trip through Israel that was created for women, by women. Together, we will make connections with vibrant Israeli women each of whom are effecting change within their own communities and on Israeli society. This voyage combines the unique and distinctive spirit of women with Israel's natural Shefa (the Hebrew word for abundance) – a powerful combination.

[Find out more about Israel](#)

[Stay ahead of the game and check flight prices now!](#)

Spring in Hidden Ireland with Spiral Journeys
April 2023



April 24 – May 5, 2023

Irish native, Ann Quinlan, offers a spirited, private, unhurried land journey through “Hidden Ireland.” Ann’s Celtic-Irish heritage and intimate knowledge of her homeland’s pre-dawn history, mythology, literature, art and wildlife provides a rare glimpse into the heart and culture of the Irish people. Ann’s ever-present guidance is warm, engaging and spirited. Join her for Spring in Hidden Ireland, . Leave USA April 23, on an overnight flight to Shannon Airport. Group limited to 12. Contact: 207-776-3747

[Email Ann to register!](#)

[Stay ahead of the game and check flight prices now!](#)

**Enjoy Art and Spirit in Flagstaff/Sedona with Melissa Harris Art
April 2023**



April 2 – 8 2023

Experience the majesty of the southwest US with a small (maximum 8) group of women. Learn or practice watercolor inspired by the beauty of the landscape, while calling upon meditation to connect to the spirit of the land. No previous experience in painting is necessary.

“If you have a chance to attend a workshop with Melissa, do it. Her inspiration, guidance and teachings have changed me. The retreat was one of the best things I have done!” Katie Crommet – MA

[Find out more about this tour](#)

European Experiences wants you to give yourself the gift of travel this holiday season...

...and we'd love to give you a JourneyWoman discount!

The Cornwall Experience - April 2023



April 18 – 28, 2023

Join Kathy Wood of European Experiences for 10 nights in southwest England, including two nights on the magical Isles of Scilly. This area is known for its mild, subtropical climate and unique plant life. We'll explore coastal towns and villages, world-famous gardens, and historic and natural sites. And we'll enjoy excellent local cuisine.

\$500 discount for JourneyWomen! Use code JW22

[Reserve your space!](#)

The Paris Experience - April / May 2023



April 24 – May 1, 2023

May 7 – 14, 2023

Hosted by Jennifer Dugdale of European Experiences, this 7-night sojourn introduces the Paris most tourists never experience. The focus of this special Experience is the locals' authentic Paris and less-discovered sites and experiences. We'll explore French gastronomy and food history, art and architecture, homes and gardens, neighborhoods, and history, offering a true "inside" experience. We'll also travel outside the center of Paris for a memorable adventure.

\$250 discount for JourneyWomen! Use code JW22

[Reserve your space!](#)

The Alsace Experience - April / May 2023



May 1 – 8, 2023

May 8 – 15, 2023

Join Kathy Wood, owner of European Experiences, and her historian daughter Kelly for 7 nights in this unique wine region of France, in the foothills of the Vosges mountains near the German border. Our week includes picturesque fairy-tale villages, the charming town of Colmar, the 12th century Haut-Koenigsbourg castle and other historical sites, winery tours and tastings, and the delicious Alsatian cuisine.

\$250 discount for JourneyWomen! Use code JW22

Reserve your space!

**Ten Days in Tuscany with 7-Time Bestselling Author
Laura Davis
May 2023**



Savor the Delights of **TUSCANY!**



WRITE. TRAVEL. TRANSFORM.

May 23-June 1, 2023

Write, Travel, Transform...and Eat!

Ten days at a stunning villa in Tuscany in the glorious spring: awakening your heart, your palate, and your pen—what could be more wonderful? During our 10 days together, we will dive deep into writing while savoring the delights of Tuscan cuisine and the stunning beauty of the countryside. Activities include morning yoga, truffle hunting, a cooking class, and a visit to rock and roll icon Sting's villa. Optional 4-day tour of Florence. Beginners at writing & yoga welcome.

[Find out more about this tour...](#)

Be travel ready and check flight prices now!

Be a Better Travel Shutterbug with Raina Stinson's Provence Lifestyle and Photography Tours

May 2023



29 May 2023

Discover the hidden treasures of Provence through a slow travel experience with mindfulness photography, yoga, and french Provençal cooking. Relax, and let go, whilst staying in an 18th-century farmhouse situated in a quaint Provençal village in the Luberon Valley of Provence.

[Find your next adventure now!](#)



July 11 - 17, 2023

Join us for a magical photography tour in the rolling lavender fields in full bloom in the High Provence region and experience the true Provencal lifestyle. From Medieval architecture to croissants & café and the rolling lavender fields leading to a hilltop village, you will engage in a sensory experience each day, while learning new photography skills. This is your opportunity to rediscover (discover) your creative talent in one of the most inspiring lands in the world. All levels of experience are welcome.

ONLY 8 SPOTS AVAILABLE

Find your next adventure now!

Adrenaline-filled Adventures with Wild Women Expeditions

July 2023 | November 2023

High Arctic Explorer - July 2023



July 25 - August 5, 2023

The High Arctic Explorer Expedition is a relaxed immersion into the mesmerizing landscape and traditions of the colourful Inuit communities that pepper the dynamic Greenland coast and Nunavut.

In partnership with our friends at Adventure Canada, Wild Women is offering an exclusive series of small ship expeditions to Arctic destinations. Together, we share a deep love for discovery, learning, environmentally-sensitive travel and sustainability.

Cruise in sleek comfort aboard the Ocean Endeavour from Kangerlussuaq, Greenland to Qausuittuq and onward to Resolute, Nunavut (Canada) while experiencing the Arctic at the peak of summer in the buttery glow of the Midnight Sun.

[Reserve your spot today!](#)

[Plan ahead and check flight prices now!](#)

Falklands, South Georgia, & Antarctica - November 2023



November 14 - December 3, 2023

The Falklands, South Georgia and Antarctica navigation is a blend of otherworldly ice, dunes, biodiverse beaches, ghosts and graves. For birders, the jagged cliffs teem with species in a cacophony that reminds of the undisturbed wildness of the utopian isles.

As a “Floating U” student, you will learn about the controversial history of the Falkland Islands in the capital of Stanley (also referred to as Port Stanley), with its British outpost vibes. The *Ocean Adventurer’s* expert Expedition Team will also feed you all the intel you need to confidently point out a gentoo from a southern rockhopper penguin!

[Reserve your spot today!](#)

[Plan ahead and check flight prices now!](#)

Edible Provence with French Country Adventures
October 2023



October 12 - 24, 2023

Provence's unhurried, daily rhythms will embrace you on this slow travel, culinary tour limited to 6 women.

We'll engage in 2 special cooking workshops that will give you insight into the French passion for food. We'll visit the best farmers' markets this region has to offer, set in charming medieval villages. We'll dine at gourmet restaurants, and sample wines at local vineyards. And we'll stay in a 12th century, completely renovated priory in the beautiful Vaucluse. Together we'll cook, eat, drink, and shop till your heart's full

[Find out more about this tour...](#)

[Check flight prices now!](#)

If you'd like to promote your tour or retreat, please contact Tom Zara
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ARE YOU ON OUR SOCIAL CHANNELS?



Join over 5,000 women on our [Solo Travel Wisdom Facebook Group](#).