

Dear Journeywoman,

I've just come back from my Canadian Rockies backcountry horseback riding trip, and after spending six days on a horse, I'm feeling the love. Not only did I get challenged to learn something new, I experienced a wilderness seen by less than 100 people a year. I bonded with my cowgirl sisters, had honest conversations, and built lifelong connections. More than anything else, this trip reminded me how transformational travel can be. When we step outside our comfort zone, we have the opportunity to rediscover what we love most about ourselves and the world.

In our most recent survey, most of you (47%) said you are planning international travel for 2022, and 19% are not sure yet. I was thrilled to know that you are finding our Safety Tips, Women's Travel Directory, Destination pages and TravelReady 10-Point Checklist helpful to plan your future travel. I hope that our exploration of the Top Seven Once-in-a-Lifetime Travel Experiences, including the Northern Lights, Canadian Rockies and the Camino de Santiago, is keeping your love for travel alive and inspiring you to reconsider how we can travel with intention in the future. I'd love to hear what you're planning!

Take care and please be safe,

Carolyn

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JourneyWoman™: Inspiring women to travel safely since 1994

Listen to your heart

In every issue of JourneyWoman Magazine, we bring you brand new, original content to keep you inspired about travel.

"Traveling is like falling in love. The world is made new." — *Jan Myrdal*



When the Camino de Santiago Calls, Listen to Your Heart by Carolyn Ray: We chronicle the journeys of women who have followed their hearts to this Once-in-a-Lifetime travel experience, sharing their motivations, stories, and tips.

[Read More!](#)



Off-the-Beaten-Path Places We Love by Amanda Burgess: From Ethiopia to Thailand, the JourneyWoman team dishes on the most remote places we've been, why we fell in love with them and tips for you to consider.

[Read More!](#)



In "The Long Road Home" Alesa Teague Reclaims her Life Along the Camino de Santiago: As part of our Once-in-a-Lifetime Travel Experiences series, we feature Alesa Teague's Camino de Santiago memoir "The Long Road Home" for our August 18 book club. Join us!

[Read More!](#)



Falling in Love, Again: Reliving my Honeymoon Trip 25 Years Later by Diana Eden: Contributing Writer Diana Eden retraces the steps she and her husband took on their honeymoon in Italy, adding in some of the luxuries they were unable to afford 25 years earlier.

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Travel Diaries: Falling in Love with Hawaii Through My Children's Eyes by Marion Broverman: After a painful divorce, a young Marion Broverman takes her children to Oahu, where love helps a brokenhearted family begin to heal.

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Finding connection in New Zealand by Amanda Burgess: In the third instalment in this series, Amanda shares what she learned about herself, her travel mates, New Zealanders and the beautiful Maori culture.

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Travel on Two Wheels: Ontario's Best Bike Trails by Amanda Burgess: Experienced women cyclists give us the scoop on Ontario's best biking trails for riders of all levels. *(Sponsored)*

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**VISIT OUR [WOMEN'S TRAVEL DIRECTORY](#) FOR
WOMEN-FRIENDLY, SMALL GROUP TOURS**

Do yourself a favour and check out these tours!

Slow travel — art — writing — adventures — wellness — and more!

Welcome to Adventures in Good Company, La Dolce Vita Touring and the Ultimate Retreat Company



BE BOLD! WALK THE CAMINO DE SANTIAGO IN SPAIN
JourneyWoman Special Offer: €100 off the [September 22-30, 2021 Camino Tour](#)
(Use code CAMINO2021 at checkout)

For over a thousand years, pilgrims have traversed The Camino de Santiago. Follow in their footsteps as you spend nine days walking along the ancient trails that cut across the landscape of Northern Spain. This is not a race. This is a slower-paced Camino experience where we average about 17 kilometers per day and cover a total of 113 kilometers. Completing this tour will make you eligible to receive the Compostela.

Join a crew of adventurous women on this small-group tour. Our Camino is fully supported with a van, local guide, meals, and boutique hotel stays. Call Regina to set up a discovery call: 1-503-380-3032 (USA) or email: info@boldspirittravel.com. (*Sponsored*)

Upcoming Events + Community Calls

Would you like to join, host or start a Community Call to meet other like-minded women?
Use the [World Clock Time Converter](#) to find an existing one to join!

- **Friday Community Call: Every Friday** at 10 am EDT
- **West Coast Community Call:** Thursday, August 12, 11 am PDT / 2 pm EDT
- **JourneyWoman Book Club: Wednesday, August 18, 8 pm EDT: [The Long Way Home: One Woman's True Story of Reclaiming her Life Along the Camino de Santiago](#)**

We use Eventbrite for event registration. If you can't attend an event live and want to catch up, subscribe to our [YouTube channel](#).

Do you know a woman who loves to travel? Subscribe her to our emails and we'll plant a tree to reforest the earth with Tree Sisters!

[Subscribe a JourneyWoman to Our Newsletter!](#)

HAVE YOU MISSED A FEW ISSUES OF JOURNEYWOMAN MAGAZINE?

Good news: We now have an archive of previous issues [here](#).

ARE YOU ON OUR PRIVATE FACEBOOK GROUP? Join 2,800+ women on the [JourneyWoman Women's Travel Group on Facebook](#).