

JourneyWoman™

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Dear Journeywoman,

What are you most passionate about when it comes to travel? Passion is the energy that keeps us going, that fills us with purpose, excitement, and anticipation. If you watched my **second anniversary video**, you know that travel is my passion in life! But it's not enough to feel passion, we need to take that first step!

In this issue (our 16th this year!), we explore where passion takes us - and there's no shortage of ideas after almost two years of not travelling! I've just returned from an exhilarating horseback riding trip in the Canadian Rockies where I explored my passion for new adventures. In two weeks, I'm meeting JourneyWoman Marilyn Kater to walk the "PEI Camino" in Prince Edward Island - this is part of my desire to walk the Camino de Santiago in 2022. Wendy Brook's passion for archaeology has taken her all over the world. Where will your passion take you?

I want JourneyWoman to be a place where you cultivate **your passion**, so I'm thrilled to share that our new Forum is ready! This is all for you, built with your suggestions and ideas. It's a secure place where you can ask questions, share travel tips, find a travel partner and meet up with a like-minded traveller at home and abroad. It's free to use, but to make it as safe as possible, we have created a new identity verification process, which includes confirming your email, a small credit card payment (for verification) and a phone call. If you sign up, please give us a day or so to call you and then you can get started posting and sharing. We'd love your help getting it started and hope you find this helpful! You can find it **here**.

I've got more exciting news to share with you, so watch for another email from me soon!

Please take care, and travel safely,

Carolyn

Carolyn Ray, Publisher + Editor-in-Chief, JourneyWoman
Member, Society of American Travel Writers (SATW) + Travel Media Association of Canada (TMAC)
editor@journeywoman.com 437.688.TRVL (8785)
JourneyWoman™: Inspiring women to travel safely since 1994

"There is no passion to be found playing small — in settling for a life that is less than the one you are capable of living." - Nelson Mandela



Women of the Backcountry: Discovering the Real Canadian Rockies by Carolyn Ray: On her first trip in almost two years, Carolyn embraces adventure on a six-day horseback riding tour in the backcountry that only 100 people a year experience.

[Read More!](#)



Solo Travel Memoir: Digging into History with Archaeology by Amanda Burgess: How a deep love of history inspires JourneyWoman Wendy Brooke to travel to archaeology sites around the world. (Wendy is also our book club co-host!)

[Read More!](#)



Travel On Two Wheels: Biking At Any Age by Amanda Burgess: Experienced women cyclists share bike safety tips, life lessons and the benefits of being a member of the Ontario By Bike community. (*Sponsored*)

[Read More!](#)



September Book Club: *Our House in Arusha* by Sara Tucker: When an American traveller ends up in the Serengeti as the wife of a French safari guide, her life gets a complete makeover. Part love story, part adventure saga, this memoir explores resilience and second chances. Join us on September 18!

[Read More!](#)

FEATURED WOMEN'S TOURS
Visit our [Women's Travel Directory](#) for more!



SACRED EARTH JOURNEYS
Maya Temples of Transformation with Freddy Silva & Miguel Angel Vergara
Uniting the Knowledge of the Jaguar & Serpent
November 4-12, 2021

Only 4 spaces left! Contact us soon to [register](#) for this magical journey!

Travel with best-selling author and ancient temples researcher Freddy Silva, and Maya master teacher Miguel Angel Vergara, to the sacred Mayan temples of Mexico's Yucatán. Visit spiritual sites where the ancient Maya practiced techniques that transformed seekers into gods. Discover teachings — symbolized by the Jaguar and Serpent — that assist a person's attainment of higher consciousness and inner transformation. Tour leaders Freddy Silva and Miguel Angel Vergara will guide you on an exploration of ancient temple cities, Mayan astronomy, wall carvings, myth interpretation, and the secret purpose of specific temples and pyramids. They will also lead an ancient transformation ritual inside a unique sacred cave.

Sacred Earth Journeys
<https://www.sacredearthjourneys.ca>
info@sacredearthjourneys.ca
1-877-874-7922



LAS CASCADAS LODGE, HONDURAS

A special announcement to the JourneyWoman community! We invite you to see the natural beauty of Honduras while staying at a one of a kind private rainforest resort.

Las Cascadas Lodge specializes in small group experiences. It's a cultural experience with great food, nature at your doorstep, and waterfalls visible from every cabin. Honduras offers a plethora of Eco activities and adventures such as rappelling down waterfalls, guided nature hikes, and rafting the world famous Rio Cangrejal. Check us out and please ask about customizable trip packages to cover your specific travel needs and desires! Click [here](#) to learn more!

UPCOMING EVENTS & COMMUNITY CALLS

Would you like to join, host or start a Community Call to meet other like-minded women? Use the [World Clock Time Converter](#) to find an existing one to join!

- **Friday Community Call: Every Friday** at 10 am EDT
- **West Coast Community Call:** Thursday, August 12, 11 am PDT / 2 pm EDT
- **JourneyWoman Book Club: Wednesday, September 15, 8 pm EDT: [A House in Arusha by Sara Tucker](#) (Tanzania)**
- **Recordings of our Book Clubs and Once-in-a-Lifetime Travel Experiences** are available on our [YouTube channel](#). Please subscribe for updates.

We use Eventbrite for event registration. If you can't attend an event live and want to catch up, subscribe to our [YouTube channel](#).

HAVE YOU MISSED A FEW ISSUES OF JOURNEYWOMAN MAGAZINE?

Good news: we now have an archive of previous issues [here](#).

ARE YOU ON OUR PRIVATE FACEBOOK GROUP? Join 3200+ women on the [JourneyWoman Women's Travel Group on Facebook](#).

Do you know a woman who loves to travel? Subscribe her to our emails and we'll plant a tree to reforest the earth with Tree Sisters!

Subscribe a JourneyWoman to Our Newsletter!

