THE WORLD'S MOST TRUSTED RESOURCE FOR WOMEN'S SOLO TRAVEL



"Never stop learning, because life never stops teaching"

April 13, 2022

### Dear Goddess,

I'm thrilled to share our newest courses, designed at the request of our readers, led by women in our community. What I love about both of these classes is that they incorporate mindfulness, intuition and connection - empowering us to find our voice through storytelling.

This is just a taste of what's to come; we are also working on other classes in response to your requests, including an iPhone/Android Travel Photography class (which is top of the list on our Facebook poll!) If you have ideas or suggestions please don't hesitate to reach out.

Intuitive Travel Photography with Mindy Véissid, Founder, Art of Intuitive Photography in New York (Self-guided online course + Virtual session on Wednesday, April 27, 7 pm ET - 9 pm ET)

Mindy's approach to photography focuses on using intuition, vulnerability and trust to show a deeper sense of who she is and what she sees. In this two-part course, you'll have access to Mindy's online self-paced course where you will learn how to use your camera in manual mode and learn all about ISO, aperture and shutter speed. The second part of the course is a live two-hour live zoom interactive chat with Mindy on April 27 where she will field any questions about lenses, composition, editing, and provide advice on your photographs.

### Sign up for Mindy's course here!

# Writing as a Pathway from Uncertainty to Connection and Joy with Laura Davis, Founder, The Writer's Journey (Tuesday, May 3, 6 pm - 9 pm ET)

In this time of change and great uncertainty, many of us are searching for ways to regain our balance and equilibrium, to assess how these years of pandemic have changed us, and to evaluate how we want to show up in the future. In this three-hour class, seven-time bestselling author and international retreat leader Laura Davis will teach you the basics of personal writing and guide you on a journey using words, story, and deep listening as tools to touch base with yourself and connect deeply with others in creative community. You do not need to consider yourself a writer to attend. Beginners and writers at all levels are welcome.

Sign up for Laura's workshop here!

## Reminder: April Book Club "The Island of Missing Trees" by Elif Shafak (Wednesday, April 20, 8 pm - 9 pm ET)

In this magical new book on belonging and identity, love and trauma, nature and renewal, Elif Shafak gives voice to a fig tree. Now in North London, the fig tree came from a cutting brought over by Kostas from Nicosia, Cyprus. You do not have to read the book to join. You can review the discussion questions <a href="here">here</a>.

Book club meetings are the third Wednesday of each month. Please join us if this is a place you are interested in learning more about, as we'll have experts joining us. To see all of our 2022 books and meeting dates, click here. Upcoming books include:

- May: "Gods of Jade and Shadow" by Silvia Moreno-Garcia (Mexico)
- June: "In the Shadow of the Banyan" by Vaddey Ratner (Cambodia)
- July: "The Paper Palace" by Miranda Cowley Heller (Cape Cod)

Join our April Book Club!

### A Final Note: Women's Travel Wisdom Retreat, October 20-24, 2022

If you joined our session with Loung Ung this week, you know that she's speaking at our first-ever wellness retreat, **Women's Travel Wisdom**, on October 20-24, 2022 at the Mandala Springs Wellness Center in Northern California. Over this five-day event, we'll foster healing and self-care while helping women create positive change

through travel. Sign up before the end of April with code #Save200. More at womenstravelwisdom.com.

I hope you'll join us and look forward to seeing you soon!



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