What Reading Glasses Strength Is Best for You?

12 Point Font: Reading glasses provide a positive magnification and are usually effective at a range of approximately three feet and closer. A +1.00 strength means the magnification makes something appear one time larger than no magnification. A +1.50 is one and a half times larger. A +2.00 is two times larger, and so on. There are three major factors affecting our vision with glasses; lens magnification, light, and distance. In order to properly decide on a magnification, think about the distance/s at which you will use them the most. Stronger strengths are better on objects closer to you, weaker strengths are better on objects further away. What may be great at a distance of ten inches, will not be as good at 24 inches, and vice versa.

<u>10 Point Font:</u> I believe that we should choose the strength that is most comfortable and the most in focus, as soon as we put them on, at the distance at which we think we'll use them the most. This means that our eyes are doing less work, at that distance, to focus. They'll be more comfortable over time and less likely to cause eye strain.

<u>8 Point Font:</u> Most people don't do everything at the same distance, so some compromise may be in order. Our counter tops, desk tops, work benches, and computer monitors can be a little further away than where we hold phones, papers and books to read. A couple of different strengths can be the answer when we have a task, or tasks, that we routinely perform that require them. Again, stronger is better closer, weaker better further away.

Ultimate Reading Glasses Are:

Great for; reading, cooking, electrical, computer, automotive, sewing, work and hobbies. At home, in the car, in the office, in the shop, in the boat, anywhere you need clear vision, at close range.

The Ultimate in Comfort: Ultra-light weight. You can hardly tell you're wearing them! The light weight, combined with the soft silicone grips on the temples, holds them in place. No sliding down your nose. No falling off of your head when looking down and/or working with your hands.

Flexible: Allows them to be carried in the front pants pocket for men, or purse for women. Either way they're the same shape every time you put them on (while flexible, they are not "unbreakable", if you stand on them, or run over them with your car, they will break, but under normal use they retain their shape).

Scratch and Shatter Resistant: Acrylic lenses resist scratching and have consistent, uniform magnification. Acrylic is the clearest synthetic product available, is extremely hard, and has nearly the scratch resistance and shatter resistance of glass.

Multi-tasking Lens Design: Sleek, narrow profile lenses and no frame means as little as possible in your line of vision. They are the perfect width to see over for distance and conversation, and then back down at you work, reading, or computing. No more taking glasses off and on and off, sliding them up and down, or wearing them on the tip of our noses to do two things at one time.

www.UltimateReadingGlasses.com