

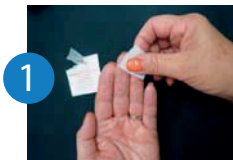
NUT11 - Fatty Acid Blood Spot Test

Contents

- 2 x Lancets
- 1 x Plaster
- 1 x Alcohol wipe
- 1 x Test requisition form
- 1 x Pre addressed envelope
- 1 x Collection Card in plastic zip lock bag



COLLECTION INSTRUCTIONS:



1. Wash your hands under warm water for a few minutes. Dry your hands then cleanse outer edges of your middle and ring finger with alcohol wipe and air dry .
2. Remove the protective cover and click the lancet firmly against the outer edge of your ring or middle finger until you hear a click. Wipe away first small drop of blood with sterile wipe. Lower your hand to increase blood flow. Gently massage the entire length of finger to form a large, hanging blood drop.
3. Fold the flap of card up and away from the blood circles. Touch the blood drop to the center of a circle on the card. **Do not layer blood on a previously dried spot.** Blood should saturate through both sides of the card. The circles should look like the "acceptable" illustration shown below.
4. Repeat this procedure until both circles are filled with blood. If you are unable to get sufficient blood from the collection, repeat from Step 1 using a different finger and the second lancet provided.
5. Following the blood collection, gently apply pressure to the incision site until bleeding stops, then use the plaster as needed.
6. Bend the card to allow the blood spots to air dry on both sides for at least 3 hours. Keep away from direct sunlight, moisture, and heat sources while drying. If the card is not completely dry before shipping, the samples may be unusable.
7. After drying, close the flap. Place the card into the plastic zip lock bag with desiccant pack and seal. Place the sealed silver zip lock bag into the return mailing envelope along with the requisition form, add postal stamp and mail.

Dispose of lancets in your refuse, do not return.

Postage is not included and must be applied to your envelope.

