Spiced Apple Brizzle

WHAT YOU'LL NEED:

- 4 CUPS APPLES, DICED
- 1/2 CUP BROWN SUGAR 1 TEASPOON NUTMEG
- 2 TABLESPOONS CORNSTARCH 1 CUP APPLE JUICE
- 1 TEASPOON CINNAMON

DIRECTIONS:

- 1. PEEL AND DICE APPLES AND ADD TO A SAUCEPAN.
- 2. HEAT APPLE JUICE IN A MICROWAVE UNTIL IT'S HOT AND POUR OVER APPLE MIXTURE.
- 3. In a separate bowl, combine sugar, cornstarch, cinnamon and nutmeg. COAT THE APPLES WITH THIS MIXTURE AND TURN ON HEAT TO MEDIUM, STIRRING OFTEN.
- 4. STIR THE MIXTURE CONSTANTLY UNTIL IT THICKENS. THIS TAKES 1-3 MINUTES. WHEN THICKENED, REMOVE FROM HEAT AND LET COOL. STRAIN THE APPLES AND STORE THE DRIZZLE IN THE REFRIGERATOR.



