



Aoife McNamara Ltd.

Ergonomic Policy

Aoife McNamara is developing an ergonomic program to improve the health of its employees by minimizing ergonomic stressors. The objective of any safety initiative is to prevent injuries and illnesses by removing their causes. For musculoskeletal disorder hazards we can achieve this by eliminating or reducing employee exposure.

Purpose

The purpose of the Aoife McNamara Ergonomics Policy is to protect all workers from injuries caused by exposure to musculoskeletal risk factors.

This policy applies to all workers. The Aoife McNamara management team is available to assist employees in:

- Identifying ergonomic issues
- Training workers and team members on ergonomic issues identified and recommended practices
- Completing assessments
- Implementing solutions
- Providing resources for up-to-date information

Worker Responsibilities

If an employee is experiencing any signs or symptoms of musculoskeletal disorders, the employee is to report their symptoms to their supervisor. All requests will be followed up by the Aoife McNamara management team who will advise the employee of next steps.

Obtaining Assistance

Employees, Supervisors, Department Heads, etc. may request an ergonomic assessment of work area(s) or work process(es) by contacting Human Resources. The team will conduct an ergonomic evaluation and provide written documentation for eliminating or reducing ergonomic risk factors to the employee and their supervisor.

