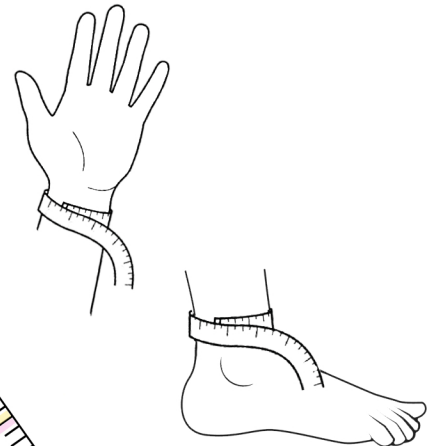


How To MEASURE FOR YOUR...



Bracelet or Anklet

- 1.) Print this document.
* *your printer's scale = "none", "actual size" or "100%"*
- 2.) Cut out this ruler. Use the inch side.
- 3.) Wrap the ruler around your wrist or ankle at the point where you will wear it.
* Be sure it is flat on your skin all around.
- 4.) ADD 1/4" for a perfect fit OR ADD 1/2" for a slightly looser fit.



Ring

- 1.) Print this document.
* *your printer's "scale" should be set to "none"*
- 2.) Cut out this ruler. Use the cm side.
- 3.) Wrap the ruler around your finger at the point where you will wear it.
* Be sure it is flat on your skin all around.

Measured Circumference		Ring Size
mm	inches	
49, 50, 51	1 15/16" to 2"	5
52, 53, 54	2 1/16" to 2 1/8"	6
55, 56	2-3/16"	7
57, 58	2-1/4"	8
59, 60, 61	2-5/16" to 2-3/8"	9

If you are between sizes, we recommend the smaller size for beaded rings as they're elastic.

