



Product Data Sheet

Leg Curl Machine PLLC

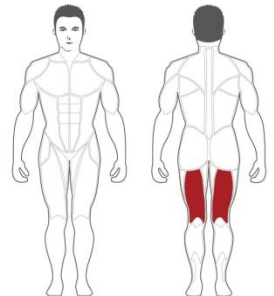
This Steelflex high performance leg curl machine has five levels of adjustment. Both legs can be used together or independently providing an ideal and comfortable workout setting. Key Features include:

- Sealed bearing pivot points
- Direct link movement arm design - enhances smooth and continuous range of motion
- V-bench design provides total hamstring isolation. Helps reduce back stress and unwanted knee forces
- Adjustable foot rollers to accommodate all user sizes
- Side grip handles for extra stability and control during workouts
- Weight plate holders for plate storage for a safe, clutter-free workout area
- Olympic weight plates not included

Video instruction



Muscles Worked



SPECIFICATIONS:

- Mainframe: 12gauge 2" x 4" (50 x 100 mm) oval tubing
- Finish: Electrostatic applied powder coated
- Hand Grips: High density foam grip
- Dimension(LxWxH): 175 x 131 x 71 cm / 69"x 52"x 28"
- Weight: 156lbs (71Kg)
- Optional Upholstery Colours: Black or Cranberry
- Bearings: Industrially rated, sealed bearings at all pivot points
- Max. User Weight: 120Kg

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