

A991 ADJUSTABLE BENCH



BACK ADJUSTMENT

Gas-shock assisted adjustable back rest.

MOVING HANDLE

Easily accessible handle for rolling the adjustable bench.

SEAT ADJUSTMENT

Pull-knob for seat adjustment, can be locked in place for stability.

A993 BACK HYPEREXTENSION



THIGH PAD ADJUSTMENT

Naturally pivoting calf supports ensure maximal comfort and stability.

PIVOTING CALF SUPPORT

Cushioned thigh pad with adjustable height to fit

A995 CRUNCH BENCH



ADJUSTABLE HEIGHT

Pull-knob for lower leg height adjustment, can be locked in place for stability.

ANGLE ADJUSTMENT

Easy pull lever changes angle of the bench.

*Refer to owners manual for complete explanation of functionality.