

## **SELECTIVE PROGRESSIVE RESISTANCE**

Automatically adjusts resistance based on pulling speed, intensity and rotational direction from 5 to 200lb. Instantly switch from multiple STRENGTH or CARDIO levels without engaging knobs, levers or dials







## HAND-MADE BRAIDED ROPE

GET A GRIP on our durable and pliable, polyesterweaved rope. Soft on hands and easy-to-clean. Available in black or burgundy-black colors



## **INTEGRATED LCD DISPLAY**

LCD display tracks time, speed (ft/min), distance (total feet pulled), calories, and scan mode



## TRANSPORTABLE & COMPACT

Easily move and store using transport wheels. Foot pads and rubber feet provide needed grip during workouts







HORIZONTAL ROWING ROPE TRAINING

LOWER AND UPPER BODY TRAINING.

MACHINE WITH A SLIDING OR SELECTABLE **FIXED SEAT POSITIONS. IDEAL CHOICE FOR** 

**FRAME** L:  $80'' \mid 203 \text{ cm} \cdot \text{W}: 28'' \mid 71 \text{ cm} \cdot \text{H}: 26'' \mid 66 \text{ cm}$  **WEIGHT**  $160 \text{ lb} \mid 73 \text{ kg}$  **FRAME COLOR** BLACK OR CUSTOM

**HIPERVISION TRAINING SYSTEM - BRACKETS/MOUNTS: IPHONE** FRAME COLOR ROPE COLOR: STANDARD BLACK | BURGUNDY/BLACK

