

Stacked Series

ADJUSTABLE HACK SQUAT

FL1811



The FL1811 Adjustable Hack Squat is built to provide a natural squat movement that targets your glutes, quadriceps, and hamstrings. Designed with all users in mind, the oversized footplate allows several different foot positions for safety and workout variety.

By combining key ergonomic factors, such as independent movement arms, diverging/converging motion paths, and an adjustable footplate, this plate-loaded hack squat is able to provide a functional unit that is not only built to last but built to meet the workout needs of its users.



Dimensions
78" x 62" x 52"

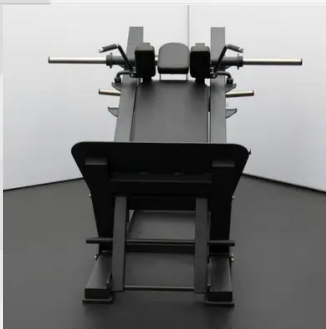
Weight
606lb

Stacked Series

ADJUSTABLE HACK SQUAT

FL1811

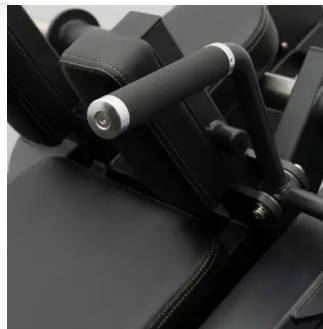
Warranty	
STRENGTH WARRANTY (NORTH AMERICA ONLY)	
FRAME (NOT COATINGS)**	LIFETIME
WEIGHT STACKS	10 YEARS
PULLEYS	10 YEARS
PIVOT BEARINGS	10 YEARS
OTHER ITEMS NOT SPECIFIED	3 YEARS
LABOR	3 YEARS
UPHOLSTERY / CABLES / SPRINGS / GRIPS	1 YEAR
ACCESSORIES	6 MONTHS



11 Gauge Steel Construction



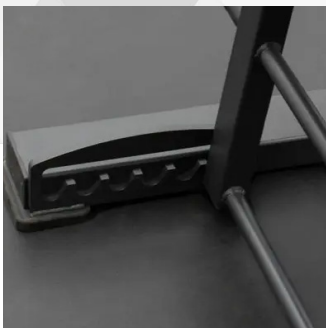
2 Safety Locking Points
With easy to reach and operate safety stops



Integrated Rubber Handles
For safe entry and exit



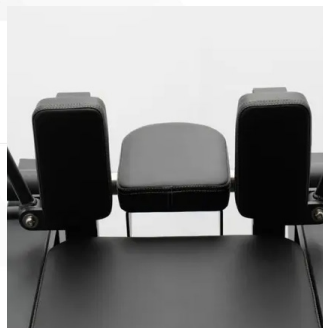
Large Non-Slip Foot Plate
Allows user to define proper foot placement



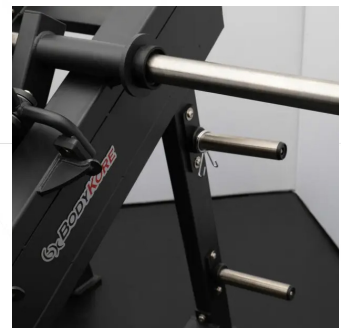
6 Position Adjustable Angle
On foot plate to suit every user



Linear Bearing Guide Rods
Resist rust and provide smooth carriage operation



Marine-Grade Double-Attached Upholstery
Lumbar and shoulder pads provide comfort



4 Weight Horns for Plate Storage
And 2 plate loading weight horns