

# GS348Q Body-Solid Series 7 Smith Machine

*Body-Solid*<sup>®</sup>  
Built for Life



## Additional Options

GLA348QS	Lat Attachment
GPA3	Pec Dec Station
SCB26	Calf Squat Block

## GS348Q Series 7 Smith Machine

Set to a 7-degree reversed pitch, the Series 7 Smith Machine allows natural upper and lower body movements for maximum muscle interaction; a feature not found in traditional Smith Machines. User safety is provided by 20 cross-member lock-out points that are accessible with a simple 15-degree rotation of the bar, eliminating the need for a spotter. For those exercises that demand free-weight movement, the 14-position gunrack with 17" extra heavy-duty safeties is also set to a 7-degree reversed pitch providing convenient lift-off points and predictable racking.

Weight plates and collars optional

Weight: 276 lbs.  
Dimensions: 66"L x 64"W(70" at bar) x 83"H

## Special Features

- Precise 7° angle Smith Machine combined with 7° angle freeweight barbell workout center
- Linear ball bearing Smith system with 20 cross-member lock-out points
- Freeweight gunrack system with 14 lift-off and racking positions
- Large diameter Smith Bar is easy to control and weighs only 25 Lbs.

## Warranty



Frame & Welds ..... Lifetime  
Bushings and Hardware ..... 3 Years  
Pads, Cables and Grips ..... 1 Year



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