GDCC250 Body-Solid Deluxe Cable Crossover







GDCCBAR
Optional Dual Press
Accessory Bar



GDCCRACK
Optional Accessory Rack

GDCC250

Deluxe Cable Crossover

Sturdy and stable, the newly designed Body-Solid GDCC250 Deluxe Cable Crossover lets you exercise virtually every major muscle group in your body. Interchangeable cable handles provide an unlimited number of possibilities for all experience levels, and the extra wide and tall mainframe provides you with easy access to an endless array of high and low pulley exercises

With 20 independent height adjustments and 180° cable positioning for frictionless guidance in all directions, the Body-Solid GDCC250 is one of the most versatile and functional machines manufactured today.

Weight: 561 lbs

Dimensions: 164"W x 29"L x 84"H

Special Features

- 11gauge, 2" x 4" oval tubing
- Electrostatically applied powder coat finish
- 4.8mm diameter spun steel aircraft cables
- 19 independent height adjustments
- 180° cable positioning
- Two 160 lb. weight stacks (weight ratio is 1:2)
- High-density foam rubber handgrip handles
- Dual position pull-up bar

Warranty





Frame & Welds Lifetime Bushings and Hardware..... Lifetime Pads, Cables and Grips Lifetime