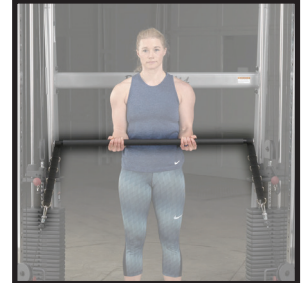


GDCC200 Body-Solid Functional Training Center

Body-Solid[®]
Built for Life



GDCCBAR
Optional Dual Press
Accessory Bar



GDCCRACK
Optional Accessory Rack

GDCC200 Functional Training Center

Unrestricted multiple planes of motion approximate the muscle activity required for many of the activities you do in everyday life. The Body-Solid GDCC200 features ergonomically designed adjustments and interchangeable cable handles engineered to put hundreds of strength-building exercises within your grasp.

With a space-saving footprint, dual independent weight stacks and user-friendly ergonomics, the GDCC200 Functional Training Center isolates an unbeatable value in today's advanced fitness market.

From cable crossovers and shoulder presses to pull-ups, leg kickbacks and everything in between, make a motion to improve your core, build your strength and increase your endurance with the Body-Solid GDCC200.

Weight: 514 lbs
Dimensions: 43"W x 78"L x 84"H

Special Features

- 11 gauge, 2" x 4" oval tubing
- Electrostatically applied powder coat finish
- 4.8mm diameter spun steel aircraft cables
- 19 independent height adjustments
- 180° cable positioning
- Two 160 lb. weight stacks (weight ratio is 1:2)
- High-density foam rubber handgrip handles
- Dual position pull-up bar

Warranty



Frame & Welds Lifetime
Bushings and Hardware 3 Years
Pads, Cables and Grips 1 Year



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Bushings and Hardware Lifetime
Pads, Cables and Grips Lifetime