




MY GUARANTEE

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits. It's my hope that you, too, will experience similar results.*

 Jim Stoppani, PhD
Owner - JYM Supplement Science

For questions regarding JYM products go to:

 @JimStoppaniPhD or JYMSupps.com



JYM
Supplement Science
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SHORTCUT TO SUCCESS

We pride ourselves on educating individuals on all things training, nutrition, and supplementation. If you want to go beyond "average" and achieve profound results with this product, head over to PreJYM.com/results

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

PREJYM[®]

STIM-FREE
CAFFEINE-FREE

6g[†]
BCAAS

6g[†]
CITRULLINE MALATE

2g[†]
CREATINE HCL

2g[†]
BETA-ALANINE

1.5g[†]
BETAINE

HIGH-PERFORMANCE PRE-WORKOUT



WATERMELON
STRAWBERRY
NATURAL & ARTIFICIAL FLAVORS

[†]PER SERVING | 30 SERVINGS
DIETARY SUPPLEMENT

NET WEIGHT: 25.4 OZ (1.6 LBS) (720g)

Supplement Facts

Serving Size: 1 Scoop (24g)
Servings Per Container: About 30

Amount Per Serving	% Daily Value	Amount Per Serving	% Daily Value
Calories	80	Beet (<i>Beta vulgaris</i>) Root Extract	500mg †
Total Carbohydrate	1g 1%**	L-Leucine	3g †
Total Sugars	0g †	L-Isoleucine	1.5g †
Sodium	95mg 4%	L-Valine	1.5g †
Potassium	30mg 1%	L-Tyrosine	1.5g †
Creatine HCl (as CON-CRET [™])	2g †	Hyperzine A (from Toothed Clutmoses (<i>Hyperzia serrata</i>) Aerial Parts Extract)	50mcg †
Beta-Alanine	2g †	Black Pepper (<i>Piper nigrum</i>) Fruit Extract (as BioPerine [®])	5mg †
Betaine (Trimethylglycine)	1.5g †		
Taurine	1g †		
Alpha-Glyceryl Phosphoryl Choline	150mg †		
Citrulline Malate	6g †		

**Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

OTHER INGREDIENTS: Natural Flavors, Sodium Citrate, Dextrose, Sucralose, Acesulfame Potassium. Produced on shared equipment that also produces products that may contain EGG, MILK, SOY, and TREE NUTS.

DISTRIBUTED BY:
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CON-CRET[™] REINFORCED[™]
CON-CRET[™] is a registered trademark of West Systems, Inc. Patents: www.westsystems.com/patents

NO3[™] NITRATE
NO3[™] is a registered trademark of ThermoLife International

BioPERINE[®]
BioPerine[®] is a patented ingredient and registered trademark of Salsbery Corporation. Patent numbers: 5,576,936; 5,744,141; 5,972,382; 4,864,035.

DIRECTIONS: As a dietary supplement, mix 1 scoop of Pre JYM[™] in 14-24 oz. of water and drink 30-45 minutes before workouts. Initially use 1/2 serving or less to assess tolerance. Once tolerance is assessed, take no more than 1 serving. To avoid sleeplessness, do not consume within 6 hours of bedtime.

For better results, consider using Post JYM Recovery Matrix[™] after workouts.

WARNINGS: DO NOT USE IF YOU ARE UNDER THE AGE OF 18, PREGNANT OR NURSING, HAVE ANY KNOWN OR SUSPECTED MEDICAL CONDITIONS, ARE TAKING ANY PRESCRIPTION OR OVER THE COUNTER MEDICATIONS. Consult with a qualified healthcare professional before using this or any other dietary supplement. Immediately discontinue use and consult your doctor if any adverse reactions occur. Discontinue two weeks prior to surgery.

KEEP OUT OF REACH OF CHILDREN.

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

Made in the USA with domestic and international ingredients. Sold by weight, net volume. Some settling may occur.



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