

**SUGGESTED USE:** As a dietary supplement mix 1 scoop with 8-10 oz of water and drink daily with or without food.

**WARNINGS:** Do not use if you are under the age of 18, pregnant or nursing, have any known or suspected medical conditions, are taking any prescription or over the counter medications. Consult with a qualified healthcare professional before using this or any other dietary supplement. Discontinue two weeks prior to surgery.

**KEEP OUT OF REACH OF CHILDREN.**

Store in a cool dry place. Protect from heat, light, and moisture. Do not purchase if the seal is missing or broken.

Packaged by weight not volume. Some settling may occur.

**WARNING:** Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food).

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**PeakQ2**  
PeakQ2® is protected under patents pending owned by Disruptive Nutrition, LLC and under exclusive global distribution by Compound Solutions, Inc.

**OnoSweet**  
OnoSweet® is trademark of Compound Solution, Inc.

**BROCCOPHANE®**  
BroccoPhane® is a registered trademark of Cyrex Nutrition, Inc., db/a Biooriginal.

**GMP**  
MADE IN A GMP CERTIFIED FACILITY

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**JYM**  
supplement science

# GREENS

12.5g<sup>‡</sup>  
GREENS + MUSHROOMS  
+ FIBER

1g<sup>‡</sup>  
PEAKQ2®

4.6g<sup>‡</sup>  
SPIRULINA  
POWDER

700mg<sup>‡</sup>  
BROCCOPHANE® +  
BROCCOLI POWDER

## ATHLETE'S PREMIUM SUPERFOOD



BLUEBERRY AÇAÍ  
NATURAL & ARTIFICIAL FLAVORS

†PER SERVING | 30 SERVINGS  
DIETARY SUPPLEMENT

NET WEIGHT: 15.2 OZ (432g)

### Supplement Facts

Serving Size: 1 Scoop (14.4g)  
Servings Per Container: About 30

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	4 g	1%**
Dietary Fiber	3 g	11%**
Protein	2 g	
Vitamin A (as Beta Carotene)	200 mcg RAE	22%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as VegD3® Cholecalciferol)	10 mcg	50%
Thiamin (as Thiamin Mononitrate)	63.2 mg	5267%
Riboflavin	12.0 mg	923%
Niacin (as Niacinamide)	15 mg NE	94%
Vitamin B6 (as Pyridoxine Hydrochloride)	4.1 mg	241%
Folate	165 mcg DFE (97mcg Folic Acid)	41%
Vitamin B12 (as Methylcobalamin)	100 mcg	4167%
Biotin	30 mcg	100%
Pantothenic Acid (as Calcium D-Pantothenate)	5.9 mg	118%
Organic Spirulina ( <i>Spirulina platensis</i> ) (Algae)	4.6 g	†
Organic Wheat Grass ( <i>Triticum aestivum</i> ) (Seedlings)	910 mg	†
Organic Barley Grass ( <i>Hordeum vulgare</i> ) (Leaves)	730 mg	†
Organic Broccoli Powder ( <i>Brassica oleracea italica</i> ) (Leaves)	600 mg	†
Organic Chlorella Powder ( <i>Chlorella vulgaris</i> ) (Algae)	540 mg	†
Organic Parsley Powder ( <i>Petroselinum crispum</i> ) (Leaves)	360 mg	†
Organic Spinach Powder ( <i>Spinacia oleracea</i> ) (Aerial Parts)	200 mg	†
Organic Kale Powder ( <i>Brassica oleracea</i> ) (Aerial Parts)	200 mg	†
Organic Alfalfa Powder ( <i>Medicago sativa</i> ) (Aerial Parts)	200 mg	†
Organic Beet Powder ( <i>Beta vulgaris</i> ) (Root)	180 mg	†
BroccoPhane® Broccoli Sprout Concentrate ( <i>Brassica oleracea italica</i> ) (stnd to 0.4% sulforaphane)	100 mg	†
PeakQ2® Mushroom Blend		
Cordyceps Militaris ( <i>Cordyceps militaris</i> )	500 mg	†
Reishi ( <i>Ganoderma lucidum</i> )	300 mg	†
Lion's Mane ( <i>Hericium erinaceus</i> )	50 mg	†
Shiitake ( <i>Lentinula edodes</i> )	50 mg	†
King Trumpet ( <i>Pleurotus eryngii</i> )	50 mg	†
Turkey Tail ( <i>Trametes versicolor</i> )	50 mg	†

\*\*Percent Daily Values are based on a 2,000 calorie diet  
† Daily Value not established.

OTHER INGREDIENTS: Soluble Vegetable Fiber (Corn), Natural Flavors, Citric Acid, Malic Acid, Steviol Glycosides, Silicon Dioxide, OnoSweet™ (Stevia Reb-M 95%).

Produced in a facility that also processes SOY, FISH, SHELLFISH, MILK, PEANUTS, WHEAT, EGGS, and SESAME.  
DISTRIBUTED BY: PHD Fitness, 31230 Via Conitas, Santa Ana, CA 92705 USA | 800-597-7774 | Made in the USA with domestic and international ingredients.