

I've taken the decades I've spent in school, the lab, the gym, and the kitchen and distilled them into the very product you hold in your hands. I formulated every JYM Supplement Science product to include the same ingredients at the exact amount I use to reap maximum performance and physique benefits.\*



Jim Stoppani, PhD Owner - JYM Supplement Science

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

WARNINGS: Do not use if you are under the age of 18, pregnant or nursing, have any known or suspected medical conditions, are taking any prescription or over the counter medications. Consult with a qualified healthcare professional before using this or any other dietary supplement. Discontinue two weeks

KEEP OUT OF REACH OF CHILDREN.



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ADVANCED TESTOSTERONE OPTIMIZATION'







SUPPORTS NATURAL TESTOSTERONE PRODUCTION'

SUPPORTS PHYSICAL PERFORMANCE

SUPPORTS HEALTHY MALE AGING & HORMONE BALANCE

240 CAPSULES | DIETARY SUPPLEMENT

## Supplement Facts Serving Size: 4 Capsules Servings Per Container: 60 r Serving (4 Capsules) Per Day (8 Capsules) ount % Daily Value Amount % Daily Val Ashwagandha (Withania somnifera) 600mg † 1200mg Root Extract stnd. 1.5% Withanolides Fenugreek (Trigonella foenum-graecum) 600mg † 1200mg † Seed Extract stnd. 50% Saponins Damiana (Turnera aphrodisiac) Leaf Powder 500mg † 1000mg † 250mg † 500mg † Quercetin Diindolylmethane (DIM) 250mg † 500mg † Shilaiit stnd. 20% Fulvic Acid 250mg † 500mg † Tongkat ali (Eurycoma longifolia) Root 150mg † 300mg † Dehydroepiandrosterone (DHEA) 50mg † 25mg † 5mg † 10mg † Boron (from Boron Citrate) † Daily Value not established

OTHER INGREDIENTS: Gelatin, Silicon Dioxide, Magnesium Stearate, Microcrystalline Cellulose.

PHD Fitness, 31238 Via Colinas, Suite A-3, Westlake Village, CA 91362 USA 1-888-557-7774 Made in the USA with domestic and international ingredients.

DIRECTIONS: Take one serving (4 capsules) with a meal twice a day. On non-training days take one serving in the morning and one serving at night. On training days, take one serving about an hour before workouts and take one serving in the morning or at night, depending

Store in a cool dry place. Protect from heat, light, and moisture.

Do not purchase if the seal is missing or broken.

Produced in a facility that also processes SOY, FISH, SHELLFISH, MILK, PEANUTS, TREE NUTS, WHEAT, EGGS, and SESAME.