



SEWA INTERNATIONAL'S  
SHE PROJECT

# SHE & SHE-CAF Newsletter - Sep 2022

**SHE - SANITATION, HYGIENE AND  
EMPOWERING THE GIRL CHILD**



# SEP KEY HIGHLIGHTS

## SANITATION

- 36 new toilets across schools in Viratnagar, Rajasthan.
- 36 new toilets across schools in Kanpur and Fatehpur, UP.
- Inauguration of newly constructed toilets across schools in Kanpur & Viratnagar.
- Repairs of 8 existing toilets in North Karnataka school.



**80 new toilet construction /repairs of existing ones.**

**Total student beneficiaries - 2681**  
**States covered - UP, Rajasthan and North Karnataka**

## MENSTRUAL AWARENESS

- Menstrual health and hygiene Camps for adolescent girls in Bangalore urban and rural as a part of Oracle funded India project.
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students.

**Total beneficiaries -1267**

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 and SHE-CAF beneficiaries.
- Q&A sessions with students.



## SHE-CAF

- **Total Covid impacted beneficiaries supported under SHE-CAF phase 2 - 1109**
  - Undergoing the training: 636.
  - Completed their trainings and got jobs/self employed: 473.
- **Target Beneficiaries:** Covid impacted women from Urban, Rural & Tribal areas, Transgender community, Migrant workers across 14 states.
- **Ongoing programs:** Regional skill development(kalamkari art, puppets, dolls, crochet, arni embroidery, aquaculture, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, skill development trainings(computer, beauty, tailoring etc), **tribal** livelihood, Agri farming etc.



## SPOTLIGHT

### SHE-CAF FOR TRANSGENDER COMMUNITY

Sewa International's SHE-CAF launched a training program in Bangalore for 20 transgender people.

The program focusses on setting up garlic peeling machines, These machines have been procured and we are currently training our beneficiaries on the usage of these peeling machines. The program is also providing market linkages with grocery outlets and metros across the city for the sales of peeled garlic cloves.



# SANITATION - NEW TOILET CONSTRUCTION



## Construction of new toilets

With generous funds from our donors, our Sewa team has provided sanitation facilities across schools in Kanpur, Fatehpur, North Karnataka and Viratnagar.

Toilets in Viratnagar and Kanpur were inaugurated by senior officials.

### Rajasthan

Funded by Riya Dadheech, Purple Paint

- Total schools identified : 5 Govt schools.
- A total of 36 new toilets built across the identified schools.
- Provision of overhead tank, water source & wash basin unit
- New septic tank for the toilet units.

School Name	Place	State	No of toilets constructed	School Strength
Rajkiya uchha prathamik vidyalaya, Mahasimha Ka Bas	Viratnagar	Rajasthan	6	106
Mahatma gandhi school, Viratnagar	Viratnagar	Rajasthan	6	94
Mahatma gandhi school, Papda	Viratnagar	Rajasthan	12	525
Rajkiya uchha prathamik vidyalaya, Ismailpur	Viratnagar	Rajasthan	6	35
Rajkiya uchha prathamik vidyalaya, Devali	Viratnagar	Rajasthan	6	95

### Uttar Pradesh

Donors - North Jersey Lead, Dr Nandana, Ayan Mishra

- Total schools identified : 6 Govt schools.
- A total of 36 toilet units constructed across 6 schools.
- New soak pit for the toilet units for sanitary outlet.
- Overhead tank and Wash basin outside the toilet unit blocks.

School Name	Place	State	No of toilets constructed	School strength
Uchha prathamik vidyalaya, Kanpur nagar, ghatampur	Kanpur	Uttar Pradesh	6	203
Uchha prathamik vidyalaya, Koron, kanpur	Kanpur	Uttar Pradesh	6	90
Ucha prathamik vidyalaya, Gadholmau, Kanpur	kanpur	Uttar Pradesh	6	58
Govt primary school, Bhagaonpur	Fatehpur	Uttar Pradesh	6	100
Govt Primary school, Kevatara-1	Fatehpur	Uttar Pradesh	6	150
Govt Primary school, selawan	Fatehpur	Uttar Pradesh	6	100

### North Karnataka

Donor - Riya Dadheech, Purple Paint

- Construction of 2 new toilets and repairs of 6 existing toilet units in Government Girls High school, Nargund

# SANITATION - TOILET INAUGURATION & TESTIMONIALS



# MENSTRUAL HEALTH AND HYGIENE



## Menstrual Health and Awareness for Adolescent girls across Karnataka Donor - Oracle

Beneficiary outreach - 1267 adolescent girl students

### Key Activities:

- Awareness to students on women's health and hygiene.
- Awareness on menstrual hygiene through educational videos and other collateral's.
- Discussions on menstrual health & biological changes that happen upon puberty.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distribution of reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.
- Q&A sessions with students.

### CAMP DETAILS

Location / School	Address	District	Beneficiaries
Girisha Higher Primary School, Hiriyyur	Hiriyyur 577598	Chithradurga	75
MGR Primary School, Huvinahole	Huvinahole, Eshwaragere, Hiriyyur Taluk	Chithradurga	76
Thippiah & Kenchamma Primary School, Hartthikote	Sri Patel Thippiah Kenchamma Primary School Hartthikote-577545, Hiriyyur	Chithradurga	51
Govt high school, sunkenahalli, Bengaluru	Sunkenahalli, hanumanthnagara, Bengaluru	Bengaluru	114
Sri Ramalingeshwara high School, Hubli	Sri Ramalingeshwara high School, Golul road , Hubli	Hubli	74
Sri Ramalingeshwara Primary School, Hubli	Sri Ramalingeshwara Primary School, Gokul Road, Hubli	Hubli	70
Womens peace league school, basavagudi	Basavanagudi, bengaluru south	Bengaluru	80
Cambridge english high school, Srinagara	Srinagara, Bengaluru	Bengaluru	82
Sri Lakshmidevi ramanna high school	Chamrajpet, bengaluru	Bengaluru	90
Govt high school, Urubanhatti	Urubinhatti, Gokak, Belgaum	Belgaum	50
Sri Vinayaka Vidya Mandira	Srinagara, Bengaluru	Bengaluru	83
Sathyasai Higher School, Hiriyyur	Sathyasai High School, near Pushpanjali theatre, Hiriyyur	Chithradurga	51
Vedavathi Primary School, Hiriyyur	Vedavathi Primary School, Vedavathi Nagar, Hiriyyur	Chithradurga	50
Kasturba gandhi girls hostel, Hiriyyur	Kasturba gandhi girls hostel, Harischandra Ghat, Hiriyyur	Chithradurga	50
Govt High School, Gokak	Govt High School, Khangao, gokak	Belgaum	70
Sri kumaraswamy vidya mandira	Hanumanthnagara, Bengaluru urban	Bengaluru	75
Govt high school, Chikkabanavara	Chikkabanavara, bengaluru north division	Bengaluru	126

# SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

## SHE-CAF program Highlights

Total Beneficiary outreach - 1109 across 14 Indian states

### Ongoing Program Highlights

Current Outreach: 14 States

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Gujarat, Chhattisgarh, Himachal & Uttar Pradesh.

Ongoing Trainings across States

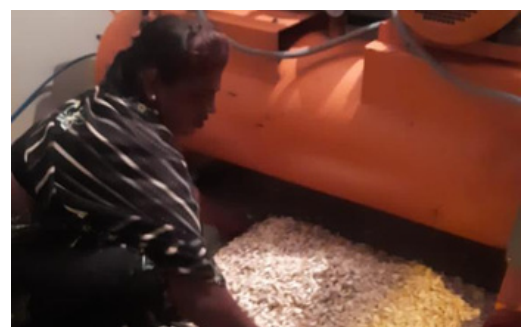
- **Kerala – Thrissur**; Livestock rearing, Aquaculture
- **Karnataka – Bangalore Urban, Chamarajanagar, Hubli** ; Regional skill development – stitching Kaudi blankets; Beauty and bridal makeup; Bridal flower making & Arni embroidery; Yoga/Fitness trainer certification; Micro enterprise(Rotti making)
- **Telangana – Dorepally**; Banjara embroidery
- **Andhra Pradesh - Pulluru,Srikalahasti**; Regional skill development – Kalamkari block and hand painting
- **West Bengal – Phulia**; Weaver empowerment; Nakshikanta embroidery
- **Rajasthan – Viratnagar, Bhandrol,Bilwari**; Tailoring & embroidery
- **Maharashtra – Nanded,Palghar** ; Microenterprise (papad, jam, bakery, pickles and powders), tailoring
- **Odisha – villages of Chandaka block of Khordha district**; Live stock rearing (Goat rearing), mushroom cultivation
- **Uttar Pradesh – Kanpur, Ambedkarnagar**; Beauty & Bridal makeup
- **Madhya Pradesh – Singhrauli**; Natural farming
- **Gujarat – Kutch,Bhuj, Khavda and Lakhpat** - Microenterprise (making products from cow dung and cow milk), embroidery; stitching; making mud work products;
- **Tamil Nadu – Tiruvannamalai** ; weaver support
- **Chattisgarh – Taragaon village, Bastar**; Sisal fibre handicraft
- **Himachal – Kangra**; Tailoring, micro enterprise (noddle making)
- **Transgender – Bangalore Urban**; micro enterprise(garlic peeling machine)



# SPOTLIGHT

Program For Transgender

BENEFICIARY TESTIMONIAL



BANGALORE URBAN

**SHE-CAF FOR TRANSGENDER COMMUNITY**

Micro enterprise setup - setting up garlic peeling machines as a livelihood source for 20 transgender beneficiaries. Training focusing on usage of these machines and market linkages to outlets across Bangalore.

## NEW ROLE - MENTOR FOR THE SHE PROGRAM



Jayanthi Ramanan

Smt Jayanthi Ramanan joined Sewa International's Cleveland Chapter in 2010. She has tutored African American and Hispanic adults and children, and worked in a variety of community programs in the USA with education being the key focus of her service. She moved to Bharat in 2013 to look for suitable projects to get involved through Sewa international.

After starting many initiatives in Bharat, from slum development to Kutch to Kashi and more, Jayanthi Ji started the SHE program in 2015, which has developed significantly over the years and has impacted the lives of thousands of girls and their families. During COVID, this program transformed into SHE-CAF and is helping hundreds of women in many states of the country to earn their livelihood after the COVID devastated their families.

The journey that started with a desire to serve in Bharat for 6 months, resulted 3 years of long stay in her first stint, fighting through multiple challenges and building the service program, at times against all odds and not cowing down even by threat on her life, while working in slums to educate children and help in raising the living standards there. Over the years, she has been spending significant amounts of time traveling across length and breadth of the country, in helping in growing this program, and transforming the lives of thousands of girls and their families.

Under her leadership, the SHE project has done extraordinary work in Bharat.

Jayanthi ji is taking the advisory role as Mentor for this program, leaving the execution of the program in the hands of a strong and able team in Bharat in guidance of the SHE-Toli here in the USA. Her focus will now mainly be in the USA to generate awareness and support for this program and help the team in the USA to grow this program.

We are very grateful for her extraordinary contribution to the growth and success of the SHE program. Our best wishes to Jayanthi Ji as she will continue to evolve and nurture new initiatives along with her role as mentor for the SHE program.



## OUR CORE EXECUTION TEAM



**Anil Dadheech**  
Associate Director



**Anita Kant**  
Chapter and Donor relations



**Neha Kaushal**  
Marketing Coordinator



**Rajini Hodigere**  
Program Manager



**Jayanth Bhat**  
Field Coordinator



**Radhika Sheshadri**  
Field Coordinator



**Shalini Mishra**  
Field Coordinator

### REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at [www.she.sewausea.org](http://www.she.sewausea.org), where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: [www.she.sewausea.org/donate](http://www.she.sewausea.org/donate). Thank you for your continued support.

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