



# SEWA INTERNATIONAL'S SHE PROJECT

## **SHE & SHE-CAF** **Newsletter - Sep 2023** **#Empower a Girl, Empower a Community**

**SHE - SANITATION, HYGIENE AND  
EMPOWERING THE GIRL CHILD**



**GANESH CHATHURTI GREETINGS AND WISHES FROM SEWA FAMILY!**

# SEP KEY HIGHLIGHTS

## SANITATION

- Ongoing construction of toilets in Janatha Ucha Madhyamik Vidyalaya-Banoth , Chamoli, Uttarakhand
- Ongoing repair and renovation work of non functional toilets in schools across Karnataka as a part of the WASH project funded by Oracle India. A total of 25 schools are being identified for WASH (activities on drinking water provision, sanitation, menstrual hygiene).
- Completed the survey, need analysis and government approvals for starting sanitation work in Jharkhand and Kakinada
- A unified view of all our programs -<https://sewa-she-platform.glide.page>



### #SanitationForAll

Ongoing repairs & renovation of existing non functional toilets across 25 schools in Karnataka.  
Initiated : Sanitation work across across 4 rural schools in Jharkhand and Andhra Pradesh.



## MENSTRUAL HYGIENE, YOGA & MENTAL WELLNESS

- Menstrual health and hygiene camps conducted in schools across Karnataka
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students .
- Yoga and self defense workshops across schools in chattisgarh and Rajasthan
- Total beneficiaries covered -450.

### Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 student beneficiaries.
- 14 days training on yoga, mental wellness and self defense techniques with distributing yoga mats to every student beneficiary.

## SHE-CAF

- Total beneficiaries - 3412
- Beneficiaries undergoing the training\_: 279.
- Beneficiaries who completed their trainings and got jobs/self employed: 1977. New registrations received: 919.
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community.
- Ongoing programs: Regional skill development(blue pottery, block printing, jute art, wrought iron idols, wooden cutlery, puppets, dolls, crochet, arni embroidery, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, diploma in fashion technology,skill development trainings(computer, beauty, tailoring, digital literacy etc), tribal livelihood, Agri farming etc.



# SEP KEY HIGHLIGHTS

## HIKE FOR HYGIENE SEWA COLORADO CHAPTER

In support of the sanitation project, Srinidhi Gorla, a student from the Colorado chapter, collaborated with fellow student volunteers under the guidance of Prasad Koranne Ji to organize a fundraising event called "Hike for Hygiene." They selected Lake McIntosh as the venue for this Walkathon, and on July 29, 2023, successfully conducted the event.

The funds raised were directed towards the SHE project, enabling the construction of one toilet in an underprivileged government school in Sankara village, Chhattisgarh.

We extend our gratitude to all the students for their invaluable support in furthering this noble cause.



## WASH

Sewa International and Oracle India have joined forces for a WASH project covering 25 schools in Karnataka. The project includes:

1. Restoring and refurbishing non-functional toilets.
2. Installing handwashing facilities.
3. Supplying water filters for safe drinking water.
4. Organizing menstrual awareness camps and distributing reusable napkin kits.

Furthermore, Sewa & each school will establish a WASH committee to conduct workshops aimed at raising awareness about water, sanitation, menstrual health, and hygiene.

## GANESH CHATHURTI CELEBRATIONS ACROSS SHE & SHE-CAF CENTERS

- Our team organized Ganesh Chaturthi puja and festivities in several SHE and SHE-CAF centers across Jharkhand, Karnataka, Chhattisgarh, Rajasthan, and Tamil Nadu. These festive celebrations encompassed the worship of Lord Ganesh, the distribution of prasad made by our beneficiaries, and the melodious recitation of bhajans. Over 200 beneficiaries participated in these celebrations.
- These inclusive events nurture a profound sense of community among our beneficiaries, ultimately paving the way for enhanced collaboration and teamwork which also enables valuable networks with one another during and after their training.



# SANITATION - TOILET CONSTRUCTION



## Ongoing toilet construction in Chamoli, Uttarakhand; Initiation of toilet construction across schools in Jharkhand and Kakinada, Andhra Pradesh.

- Ongoing construction of toilets in rural Govt school in Chamoli ,Uttarakhand.
- Need analysis, survey and Government approvals for 3 schools identified in Gumla, Jharkhand, ; Sewa will be starting the construction work by Oct 1 st week. This project funded by individual donors from Denver chapter
- Need analysis, survey and Government approvals for 1 school identified in Kakinada, Andhra Pradesh, ; Sewa will be starting the construction by Oct first week. This project funded by individual donors from LA chapter and Rama Lakshmi JI from Sewa.
- In all these schools, Sewa is building overhead tank for water provision, wash basin unit, building a new septic tank for the toilet units.
- Ongoing repairs and renovation of existing non functional toilets across 25 identified schools in Karnataka. In each of these identified schools, Sewa is also installing hand wash units.

Project name	Region	State	Toilet units	Student strength
Government updated high school,Duriya	Gumla	Jharkhand	4	590
Government Middle school,Pahad Bangru	Gumla	Jharkhand	4	80
Govt Rajkikrit Utkramit madhya/ucch vidyalaya - Dumbo	Gumla	Jharkhand	4	556
Janatha Ucha Madhyamik Vidyalaya-Banoth	Chamoli	Uttarakhand	4	86
Jilla Parishand High School , Sankhavaram	Kakinada	Andhra pradesh	4	821

# MENSTRUAL HYGIENE , YOGA AND SELF DEFENSE



## Menstrual Health & Awareness, Yoga and Self defense

Conducted yoga, self defense and menstrual health & awareness camps for adolescent girls in schools across Chattisgarh, Rajasthan and Karnataka

Beneficiary Outreach: 450

### Key Activities:

- Awareness to students on women's health and hygiene; Awareness on menstrual hygiene through educational videos and other collateral.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distributed reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.
- 14 days yoga, self defense and mental wellness training with distribution of yoga mats to all student beneficiaries.

Menstrual camps dashboard:

GPUC Magadi High School	GPUC Magadi High School	Karnataka	Ramnagar	50
Govt High School, Bagalgunte, Tumkur Road	Govt High School, Bagalgunte, Tumkur Road	Karnataka	Bengaluru	100
Govt High School, Bagalgunte, Tumkur Road	Govt High School, Bagalgunte, Tumkur Road	Karnataka	Bengaluru	100
Govt Higher Primary School, Gokul, Hubli	Govt Higher Primary School, Gokul, Hubli	Karnataka	Dharwad	50
Govt Model Higher Primary School, Basaveshwaranagar	Govt Model Higher Primary School, Basaveshwaranagar	Karnataka	Dharwad	50
Karnataka Public (High School), Gopankoppa, Hubli	Karnataka Public (High School), Gopankoppa, Hubli	Karnataka	Dharwad	50
		Karnataka	Dharwad	50

# SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

## SHE-CAF program Highlights



### Ongoing Program Highlights

Current Outreach: 16 States, 3412 beneficiaries

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Bihar, Gujarat, Chhattisgarh, Jharkhand Himachal & Uttar Pradesh.

Current Ongoing Trainings across States

- **Karnataka – Bangalore Urban ,Hubli** ; Beauty, mehendi art and bridal makeup; Arni embroidery; Yoga/Fitness trainer certification, photography course, computer training,
- **West Bengal – Phulia, Tangta, Balakhali**; Weaver empowerment, Tailoring, Nakshikanta embroidery, beauty course, livestock rearing
- **Rajasthan – Viratnagar, Navarangpura**; Tailoring & embroidery
- **Maharashtra – Nanded, Kohlapur, Nagpur** ; Microenterprise (papad, jam, bakery, pickles and powders), Diploma in fashion technology, nutrition specialist
- **Uttar Pradesh – Hamirpur**; digital literacy
- **Bihar - Saharsa**; Tailoring
- **Tamil Nadu – Berigai , Dharmapuri**; Digital literacy, Arni embroidery
- **Chhattisgarh – Taragaon village, Bastar**; traditional painting, Bitti chithra, jewelry, jute craft
- **Jharkhand – Remebangaru village**; tailoring
- **Transgender – Bangalore Urban, Telangana, West Bengal**; Mirco enterprise (Sai Krupa Hotel, Sweekriti paper plate, garlic peeling and packing, premato food truck), Tailoring and beauty



# WASH ( WATER, SANITATION & HYGIENE) PROGRAM



Wash Club Sewa International

As a part of the Sewa International and Oracle toilet renovation and hygiene project, please provide the following details to form the WASH club at your school

School Name: Govt K.H.P.B. Ranechennur Nagar Bagalur  
 School ID: 84010300203  
 Address: 3rd stage Ranechennur Nagar

Sl.No	Occupation	Name	Phone Number
1	Principal	Shri. B.P. Reddy	9446435539
2	Science Teacher	Smt. B.M. Rakha	8792947430
3	Teacher	Smt. M.S. mane	9916522022
4	Girl Student	megha R Sutar	NA
5	Boy Student	Baqulanni J. Badiger	NA
6	Boy Student	Narun y Chankiwadan	NA
7	Boy Student	Sudashan R. Karamnatti	NA

Rc Nagar  
13/01/2023

## 25 schools in Karnataka, multiple interventions in water, sanitation and hygiene

Project duration : July 2023 - Feb 2024

### WASH project activities include:

1. Restoring and repairing non-functional toilets across identified schools
2. Installing handwashing units.
3. Installation of water filters in schools for safe drinking water.
4. Conducting menstrual awareness camps and distributing reusable napkin kits.

In addition, each school will establish a WASH committee, comprising the principal, students and teachers. In the coming months, we will work closely with these committees to conduct workshops and activities, creating awareness about water, sanitation, menstrual health, and hygiene.

Name of the school	District	Codell	Renovation Task	hand wash installatic	Wash club activitie	Menstrual Camp	Napkins	Total Strength
GHPs VG Doddi	Rannagara	SIW5	Completed	Completed	Club formed	NA	NA	101
GHS Bachanahatti	Rannagara	SIW6	ongoing	Completed	Club formed	Completed	NA	179
Government independent pu college	Rannagara	SIW7	ongoing	Final Pic	Club formed	Completed	38	50
GMPF	Rannagara	SIW12	Completed	Completed	Club formed	Completed	75	153
Kps honnahanahatti	Bangalore urban	SIW25	Ongoing	Completed	Club formed	Completed	85	650
GHPs taverkere	Bangalore south	SIW16	Completed	Completed	Club formed	Completed	85	502
Govt magadi high school	Rannagara	SIW10	Completed	Completed	Club formed	Completed	82	165
Gulphs magadi town	Rannagara	SIW11	90% completed	Completed	Club formed	NA	NA	60
Government urdu high school	Rannagara	SIW34	100% completed	Completed	Club formed	Completed	NA	52
Government primary school Bachanahatti	Rannagara	SIW36	Ongoing	Completed	Club formed	NA	NA	35
GMPs chikkagallarahatti	Bangalore north	SIW22	100% completed	Completed	Club formed	Completed	473	473
govt model higher primary school	Dharwad	SIW8	20% completed	Completed	Club formed	Completed	50	320
Govt KHPs Rani chennama nagar school	Belagavi	SIW25			Club formed			200
Govt higher primary school	Dharwad	SIW28	80% completed	Ongoing		Completed	50	450
Government kannada primary High school	Belagavi	SIW38			Club formed			248
Government higher primary school	Dharwad	SIW90			Club formed			154
Karnataka public school (High school)	Dharwad	SIW27			Club formed			270
GOVT KANNADA HIGHER PRIMARY	Belagavi	SIW52						120
Govt higher primary school	Belagavi	SIW35			Club formed			230
GHPs chamenahalli	Bangalore south	SIW18		Completed	Club formed	NA	NA	160
Govt higher primary school Neer	Dharwad	SIW37			Club formed			125
Govt high school	Tumkur road	SIW13	100% completed	Completed	Club Formed	Completed	120	1200
Sree Balaji Degree College	Bangaluru	SIW89	100% completed	Completed	Club formed	Completed	75	800
Dayananda Vidyalharati school	Dharwad	SIW51				Completed	50	420
Government first grade college magadi	Rannagara	SIW9	Completed	Completed	Club formed			1200

# GANESH CHATHURTI CELEBRATIONS ACROSS SHE & SHE-CAF



Ganesh Chaturthi celebrations across SHE & SHE-CAF program centers in Jharkhand, Chattisgarh, Karnataka, Tamil nadu and Rajasthan



## OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



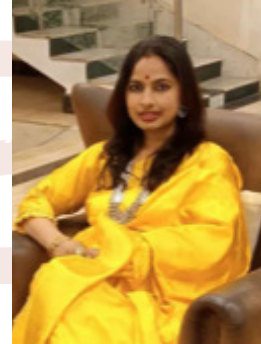
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

### REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at [www.she.sewausea.org](http://www.she.sewausea.org), where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: [www.she.sewausea.org/donate](http://www.she.sewausea.org/donate).

Thank you for your continued support.

Website : <https://she.sewausea.org>

Contact Us : [she@sewausea.org](mailto:she@sewausea.org)



# Sewa International, USA

P.O. Box 820867, Houston, TX 77282-0867, Tax ID: 20-0638718  
[info@sewausea.org](mailto:info@sewausea.org), 708-USA-SEWA, [www.sewausea.org](http://www.sewausea.org)