



SEWA INTERNATIONAL'S SHE PROJECT

SHE & SHE-CAF

Newsletter - Nov 2023

#Empower a Girl, Empower a Community

**SHE - SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**



NOV KEY HIGHLIGHTS

SANITATION

- Ongoing repair and renovation work of non functional toilets in schools across Karnataka as a part of the WASH project funded by Oracle India. A total of 25 schools are being identified for WASH (activities on drinking water provision, sanitation, menstrual hygiene).
- Completed the construction of 12 toilets across 3 underprivileged schools in Jharkhand.
- Ongoing construction of 20 toilets in 5 schools across Kakinada, Andhra Pradesh and Kalasa, Karnataka
- Ongoing need analysis and due diligence across schools in Chattisgarh
- A unified view of all our programs - <https://sewa-she-platform.glide.page>



#SanitationForAll

Ongoing: repairs & renovation of existing non functional toilets across 25 schools in Karnataka. sanitation work across across 5 rural schools in Karnataka & Andhra Pradesh.

Completed: construction of toilets in Jharkhand schools
Initiated: need analysis in schools across Chattisgarh.



MENSTRUAL HYGIENE & AWARENESS

- Menstrual health and hygiene camps conducted in schools across Karnataka
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students .
- Total beneficiaries covered - 480.

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 student beneficiaries.

SHE-CAF

- Total beneficiaries - 4008
- Beneficiaries undergoing the training_: 569.
- Beneficiaries who completed their trainings and got jobs/self employed: 2288. New registrations received: 911.
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community.
- Ongoing programs: Regional skill development(Kalamkari painting, block printing, jute & wooden art, arni embroidery etc), weaver empowerment, micro enterprise, livestock rearing, fitness & yoga certification, skill development trainings(computer, beauty, tailoring, mehendi art, digital literacy etc), tribal livelihood, Agri farming etc.



NOV KEY HIGHLIGHTS

DEEPAVALI CELEBRATIONS

- Our SHE team joyously celebrated the Festival of Lights alongside our SHE and SHE-CAF beneficiaries in Jharkhand, Karnataka, Chhattisgarh, Rajasthan, and Tamil Nadu. The festivities included the worship of Goddess Lakshmi, the distribution of prasada crafted by our beneficiaries, and the soulful recitation of bhajans. Around 200+ beneficiaries actively participated in these celebrations.
- In the spirit of this occasion, several new programs were launched, showcasing our commitment to continuous growth and development. Among these initiatives were a tailoring program in Saharsa, Bihar, and the establishment of a micro-enterprise in Hosur. Moreover, workshops on painting diyas were organized in schools, where our SHE-CAF beneficiaries shared their creative talents, imparting artistic skills to young minds.
- These inclusive events go beyond mere celebration; they cultivate a deep sense of community among our beneficiaries. This shared experience not only strengthens collaboration and teamwork but also lays the foundation for valuable networks that persist during and after their training.



SHE-CAF FOR MARGINALISED COMMUNITY

Our initiatives have effectively empowered women from marginalized and minority communities by offering thorough training, establishing market connections, and facilitating job placements.

The project involves diverse programs, covering courses like tailoring and embroidery, mehendi and makeup artistry, livestock rearing as well as digital literacy.

Moreover, it includes the establishment of micro-enterprises, such as the introduction of garlic peeling machines and push carts for vendors, fostering sustainable economic opportunities.

SANITATION - TOILET CONSTRUCTION



Completed toilet construction in schools across Jharkhand; Ongoing sanitation work across schools in Karnataka and Andhra Pradesh ; need analysis in Chattisgarh

- Completed the construction of 12 toilets in rural Govt schools Jharkhand.
- Ongoing construction of 20 toilets in Kakinada, Andhra Pradesh and Kalasa, Karnataka, ; This project funded by individual donors - Ramalakshmi ji, Raefael Campo - Detroit chapter , Prathibha Nethikunta - LA chapter and few donors from LA chapter.
- Survey, need analysis and due diligence in schools across Chattisgarh. This project is funded by Ekam USA and Sewa north jersey chapter.
- In all these schools, Sewa is building overhead tank for water provision, wash basin unit, building a new septic tank for the toilet units.
- Ongoing repairs and renovation of existing non functional toilets across 25 identified schools in Karnataka. In each of these identified schools, Sewa is also installing hand wash units.

Project name	Region	State	Units installed till date	Total	No. Of Girls	No. Of Boys
Government updated high school-Duriya	Gumla	Jharkhand	4	590	302	288
Government Middle school,Pahad Bangru	Gumla	Jharkhand	4	80	80	0
Govt Rakikint mukramit uchch vidyalaya-Dumbo	Gumla	Jharkhand	4	556	312	244
Zilla Parishad high school,Sankhavarm kakinada	Kakinada	Andhra Pradesh	4	821	398	423
Government high school	Semse	Karnataka	4	69	36	33
Government first grade college-kalasa	Kalasa	Karnataka	4	227	140	87
karnataka public school-kalasa	Kalasa	karnataka	4	416	213	206
Government high school	Horanadu	karnataka	4	145	75	70
Govt higher secondary school-Heet	Durg	chattisgarh	4	504	267	237
Govt primary and middle school -Heet	Durg	chattisgarh	4	482	238	244
Govt Primary ad middle school-Mahuda	Durg	chattisgarh	4	450	225	225

MENSTRUAL HYGIENE AND AWARENESS



Menstrual Health & Awareness, distribution of reusable napkin kits

Conducted menstrual health & awareness camps for adolescent girls in schools across Karnataka

Beneficiary Outreach: 480

Key Activities:

- Awareness to students on women's health and hygiene; Awareness on menstrual hygiene through educational videos and other collateral.
- Awareness to students on importance of WASH - water, menstrual hygiene and sanitation,
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distributed reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.

Menstrual camps dashboard:

School Address	State	District	No of beneficiaries
SIW-38 - Govt Kannada Higher Primary School, Tilakwadi, Belgavi	Karnataka	Belgavi	60
Government High School, Bachenhatti	Karnataka	Karnataka	75
GMPS, Chickagollahatti	Karnataka	Karnataka	120
Government Senior Primary School, Belgavi, Rani Chennamma nagar	Karnataka	Dharwad	75
Govt Higher Primary School, Ashoka Nagar	Karnataka	Dharwad	75
SIW-35, Govt Higher Primary School, Kundargi, Belgaum	Karnataka	Belgavi	75

SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

SHE-CAF program Highlights



Ongoing Program Highlights

Current Outreach: 17 States, 4008 beneficiaries

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Bihar, Gujarat, Chhattisgarh, Jharkhand Himachal, Assam & Uttar Pradesh.

Current Ongoing Trainings across States

- **Karnataka – Bangalore Urban ,Hubli** ; Beauty, mehendi art and bridal makeup; Ami embroidery; Yoga/Fitness trainer certification, computer [training](#),[Tailoring](#)
- **West Bengal – Phulia, Tangta, Balakhali**; Weaver empowerment, Tailoring, Nakshikanta embroidery, beauty course, livestock rearing
- **Rajasthan – Viratnagar, Navarangpura**; Tailoring & embroidery
- **Maharashtra – Nanded, Kohlapur, Nagpur** ; Microenterprise (papad, jam, bakery, pickles and powders), Diploma in fashion technology, nutrition specialist
- **Bihar - Saharsa**; Tailoring
- **Tamil Nadu – Berigai , Dharmapuri, Hosur**; Digital literacy, [Ami embroidery](#), [Mehendi art](#), micro enterprise
- **Chhattisgarh – Taragaon village, Bastar**; traditional painting, Bitti chithra, jewelry, jute craft
- **Jharkhand – Remebangaru village**; tailoring
- **Andhra Pradesh – Srikalahasti village**; Block printing , Kalamkari hand painting
- **Assam – Bongaigaon, Lakhimpur village**; Livestock



DEEPAVALI CELEBRATIONS IN SHE & SHE-CAF



Karnataka, Bihar, Tamil Nadu, Chattisgarh & Jharkhand

SHE-CAF FOR MARGINALISED COMMUNITIES



Karnataka, Telangana, Andhra Pradesh, Tamil Nadu

Mehendi & makeup Artist course, Digital literacy, Tailoring, Livestock rearing, Regional skill development (kalamkari, wooden cutlery, block printing) & micro enterprise setup

OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



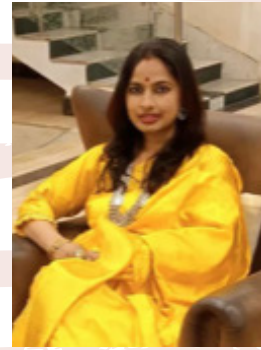
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

Contact Us : she@sewausea.org



Sewa International, USA

P.O. Box 820867, Houston, TX 77282-0867, Tax ID: 20-0638718
info@sewausea.org, 708-USA-SEWA, www.sewausea.org