



SEWA INTERNATIONAL'S SHE PROJECT

SHE & SHE-CAF **Newsletter - May 2023** **#Empower a Girl, Empower a Community**

**SHE - SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**



MAY KEY HIGHLIGHTS

SANITATION

- Ongoing construction of 8 new toilets across 2 rural schools in Sagara, Shivamogga District, Karnataka.
- Expanded our sanitation project reach to Chattisgarh. We Initiated the construction of 12 toilets in schools across tribal areas of Durg, Chattisgarh. Our ground team did a small bhoomi puja to initiate the construction work.
- Identified schools in Hamirpur, Uttar Pradesh for sanitation work.
- 42 new toilets built in schools across UP and Rajasthan with generous funds from Google and North Jersey LEAD(batch of 2022).
- A unified view of all our programs available at <https://sewa-she-platform.glide.page>



Completed construction of 42 new toilets with generous funds from Google and North Jersey LEAD(batch of 2022).
Ongoing construction of 32 new toilets in schools across Karnataka, Chattisgarh and UP.
Total student beneficiaries - 5474+



MENSTRUAL HYGIENE

- Menstrual health and hygiene camps conducted in schools across viratnagar and Ayodhya.
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students .
- Total beneficiaries covered -616.

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 and SHE-CAF beneficiaries.
- Q&A sessions with students.

SHE-CAF

- Beneficiaries undergoing the training: 802.
- Beneficiaries completed their trainings and got jobs/self employed: 854. New registrations received: 250.
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community, Migrant workers.
- Ongoing programs: Regional skill development(kalamkari art, wrought iron idols, wooden cutlery, puppets, dolls, crochet, arni embroidery, aquaculture, Kaudi blankets, Bandhej, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, skill development trainings(computer, beauty, tailoring, digital literacy etc), tribal livelihood, Agri farming etc.
- Expanding SHE-CAF programs to a new state ,Jharkhand.
- Newer programs for transgender and other marginalized communities.
- In progress - website to create an online platform for women artisans & weavers, SHE helpline number for beneficiary connect.



SPOTLIGHT

SPOTLIGHT #1 EMPOWERING TRANS LIVES, INSPIRING CHANGE

- Sewa International's Covid Affected Families (CAF) project has launched various training programs for the transgender community. This is an initiative to empower marginalized communities and enable them to gain a sustainable livelihood.
- Over 64 transgender beneficiaries are currently being supported through various empowerment programs across Karnataka, West Bengal and Telangana. In the coming months, we will be expanding our transgender programs to other states across India.
- Training programs include tailoring & embroidery, beauty & makeup, operating and maintaining garlic peeling devices, managing a mobile food truck, tiffin center and setting up paper plate manufacturing unit.



SPOTLIGHT #2 SHE MODEL VILLAGE- RAJASTHAN



- Successfully piloted model village in Rajasthan to increase SHE program impact.
- SHE and CAF programs implemented across 20 villages in Viratnagar, Rajasthan.
- Programs including improved sanitation facilities in schools, providing water for drinking & sanitation, menstrual awareness sessions, yoga and mental wellness, self defense workshops, skill development training for underprivileged women implemented.

SANITATION - NEW TOILET CONSTRUCTION



Construction of toilets in Coastal areas of Karnataka, Hamirpur, UP and Tribal area of Chattisgarh

- Two underprivileged schools were identified in coastal areas of Karnataka - Sagara taluk, Shivamogga; Sewa is building 4 toilets each in these schools.
- Three new schools have been identified in Tribal areas of Durg in Chattisgarh; Our ground team did the bhoomi puja to mark the initiation of construction work. The team is procuring all the construction materials and the construction is planned to start in the next 3-5 days.
- 3 schools have been identified in Hamirpur, UP; our team is working on and ready all government approvals for the construction work.
- In all these schools, Sewa will be building overhead tank for water provision, wash basin unit. Building a new septic tank for the toilet units.

School Name	Region	State	No of units that is built	Total strength
Govt higher primary school Bhanukuli	Sagara	Karnataka	4	100
Govt high school Biligaaru	Sagara	Karnataka	4	145
Government primary school -Sankara	Durg	Chattisgarh	4	271
Shaskiya ourv madhyamik shaala-Sankra	Durg	Chattisgarh	4	180
Shaskiya uccharat madhyamik shaala-Sankra	durg	Chattisgarh	4	252
Govt upper primary school, Parohri	Hamirpur	Uttar Pradesh	4	248
Uccha Pratamik vidyalaya, ghrouli	Hamirpur	Uttar Pradesh	4	100
Ucha Pratamik vidyalaya anandpura, Maudha	hamirpur	Uttar Pradesh	4	127
Total			32	1423

Completed the construction of 42 toilets with generous funds from Google and North Jersey LEAD (batch of 2022)

Esteemed Donor	Region	No of toilets built	Beneficiaries covered
Google, California	Ayodhya, Uttar Pradesh	18	1506
North Jersey LEAD Batch of 2022	Virat Nagar, Rajasthan Lucknow, Uttar Pradesh	24	2374
Total Units built		42	3880

MENSTRUAL HEALTH & HYGIENE



Menstrual Health and Awareness for Adolescent girls

Conducted menstrual camps for adolescent girls in schools across Rajasthan and Uttar Pradesh

Beneficiary Outreach: 616

Key Activities:

- Awareness to students on women's health and hygiene; Awareness on menstrual hygiene through educational videos and other collateral.
- Discussions on menstrual health & biological changes that happen to a girl upon puberty.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distributed reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.

School Name	State	No of girls
Rajakiya uccha prathamik vidyalaya	Rajasthan	61
Pradhanacharya rajkiya balika uccha madhyamik vidyalaya	Rajasthan	415
Mahatma Gandhi Govt School, Viratnagar	Rajasthan	40
Purva Madhyamik vidyalaya Maya Bhikil	Uttar Pradesh	60
Parv madhimik vidhyal delhwa	Uttar Pradesh	40

SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

SHE-CAF program Highlights

Ongoing Program Highlights

Current Outreach: 16 States

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Bihar, Gujarat, Chhattisgarh, Jharkhand Himachal & Uttar Pradesh.

Ongoing Trainings across States

- **Kerala – Thrissur, Attappady;** Livestock rearing (goat, poultry), Aquaculture, medicinal plants
- **Karnataka – Bangalore Urban, Chamarajanagar, Hubli;** Regional skill development – stitching Kaudi blankets, batik printing; Beauty and bridal makeup; Bridal flower making, terracotta jewellery & Arni embroidery; Yoga/Fitness trainer certification; Tailoring; Micro enterprise (Rotti making); chennapatna toys
- **Telangana – Dorepally, Puttapaka;** Banjara embroidery; Ikkat weaving
- **Andhra Pradesh - Pulluru village, Srikalahasti;** Regional skill development – Kalamkari block. Udaygiri cutlery and hand painting
- **West Bengal – Phulia;** Weaver empowerment; Nakshikanta embroidery
- **Rajasthan – Viratnagar, Bilwari, Bandrol;** Tailoring & embroidery
- **Maharashtra – Nanded, Palghar;** Microenterprise (papad, jam, bakery, pickles and powders), tailoring, nutrition specialist
- **Odisha – villages of Chandaka block of Khordha district;** Live stock rearing (Goat rearing), mushroom cultivation
- **Uttar Pradesh – Ayodhya, Gorakhpur;** Microenterprise (Bakery & Agarbatii) training, digital literacy
- **Madhya Pradesh – Singhrauli;** Natural farming
- **Gujarat – Kutch, Bhuj, Khavda and Lakhpur -** Microenterprise (making products from cow dung and cow milk), embroidery; stitching; bandhej, making mud work products;
- **Tamil Nadu – Tiruvannamalai;** weaver support
- **Chattisgarh – Taragaon village, Bastar;** Sisal fibre handicraft, wrought iron idols, traditional painting, Bitti chithra, jewellery
- **Jharkhand – Remebanaru village;** tailoring
- **Bihar – Buxar;** Naturing farming
- **Himachal – Kangra;** Tailoring, micro enterprise (noddle making)
- **Transgender – Bangalore Urban, Telangana, West Bengal;** Micro enterprise (Sai Krupa Hotel, Sweekriti paper plate, garlic peeling and packing, pre-mo food truck), Tailoring and beauty



SEWA PRIDE - EMPOWERING TRANS LIVES



64 transgender beneficiaries empowered across Karnataka, West Bengal, Telangana

- **Karnataka** - 20 transgender beneficiaries trained in operating, maintenance & sales of garlic peeling machines.
- **West Bengal** - Training of 30 beneficiaries in tailoring & beautician training and 4 beneficiaries in paper plate manufacturing unit.
- **Telangana** - 10 beneficiaries trained in running a food truck & food center.

MODEL VILLAGE VIRATNAGAR, RAJASTHAN



20 villages in Viratnagar, Rajasthan

Impact of SHE & CAF programs across Viratnagar

- 15+ schools, 116 new toilets, 5223+ student beneficiaries
- 1500+ adolescent girl students educated on menstrual health and hygiene
- 300+ students given yoga and self defense training
- 190+ women empowered through skill development training and earning a sustainable livelihood. programs included - tailoring & embroidery, blue pottery and block printing

With the success of our model village in Viratnagar, we are taking these learnings to implement model villages across other states in India.

OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



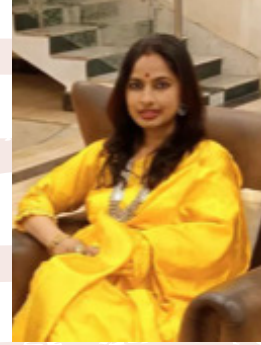
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

Contact Us : she@sewausea.org



Sewa International, USA

P.O. Box 820867, Houston, TX 77282-0867, Tax ID: 20-0638718
info@sewausea.org, 708-USA-SEWA, www.sewausea.org