



June 2024

NEWSLETTER

SHE - SANITATION, HYGIENE AND EMPOWERMENT OF THE GIRL CHILD



OUR IMPACT



EMPOWER A GIRL, EMPOWER A COMMUNITY

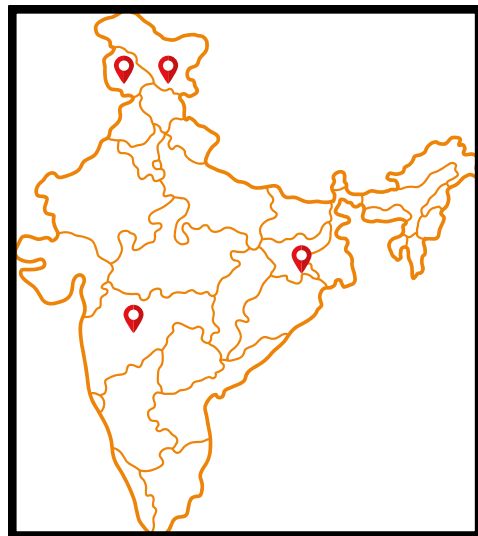
JUNE KEY HIGHLIGHTS

SANITATION

- Ongoing construction of 4 toilets in Madhyamik Vidyalaya, Kalyan Gaon, Pune, Maharashtra. This project is funded 70% by Rotary Pune and the rest by Sewa's donors from Bay Area Maharashtra Mandal. This project is expected to be completed by mid-July and will benefit 104 school students.
- 5 toilets have been successfully constructed in 2 rural schools in Jharkhand, funded by donors from the Phoenix chapter through their volleyball tournament fundraiser for SHE. This benefits 541 students and 12 staff members at:
 - Government High School in Duriya village
 - Government Middle School in Pahad Bangru village
- All groundwork, necessary approvals, and contractor finalization have been completed for the construction of 6 toilets across 2 schools in Udampur, Jammu, and 12 toilets across 3 schools in Ranchi, Jharkhand. Construction will commence early July.
- Our team visited schools in Khag district, Kashmir, to complete the survey and due diligence for 4 identified schools. We are currently working on obtaining government approvals and finalizing the contractor for this project
- [A unified view of all our programs https://sewa-she-platform.glide.page](https://sewa-she-platform.glide.page)



#SANITATIONFORALL



JUNE KEY HIGHLIGHTS

MENSTRUAL HYGIENE & AWARENESS; YOGA, SELF DEFENSE

- Conducted menstrual health and awareness sessions to educate adolescent girls and rural women on menstrual health and hygiene.
- Distributed reusable cloth sanitary napkin kits to girl students in classes 7 through 10 and women beneficiaries.
- Celebrated Yoga Day by organizing yoga sessions in schools and SHE-CAF centers.
- Organized a comprehensive 14-day yoga and self-defense training program for students, covering: Basic yoga asanas, sessions on mental well-being, specialized asanas for adolescent girls to promote menstrual health and overall well-being, physical defense techniques, theory sessions on developing presence of mind, laws and female rights, and insights into media and police-related matters
- Beneficiary outreach: 250 students and SHE-CAF women beneficiaries from Jharkhand, West Bengal, Bihar and Maharashtra.



JUNE KEY HIGHLIGHTS

BENEFICIARIES FROM TRANSGENDER & MARGINALIZED COMMUNITIES



SHE-CAF

SKILL DEVELOPMENT FOR WOMEN FROM RURAL, URBAN, TRIBAL, TRANSGENDER AND MARGINALIZED COMMUNITIES

- Currently, 220 beneficiaries are undergoing training across Assam, West Bengal, Chhattisgarh, Jharkhand, Bihar, Meghalaya, Manipur and Andhra Pradesh, focusing on rural and tribal women. Additionally, 5 transgender beneficiaries have been supported through micro-enterprise setups in Cooch Behar (West Bengal).
- We are in discussions with partner NGOs such as Chhattisgarh Mitwa Sankalp Samiti, and Captain Gurdeep Singh Society (CGSS) to empower transgender beneficiaries in Chhattisgarh and Punjab.
- Our ongoing initiatives cover a wide range of skill development programs, including block printing, tailoring, Nakshi Kantha embroidery, weaver empowerment, bangle making, wrought iron artifacts, bamboo art, and more
- Our team is currently exploring training programs in districts bordering India, as these regions require the most attention. We will also emphasize programs specifically tailored for transgender beneficiaries.

BENEFICIARIES FROM RURAL AND TRIBAL AREAS



JUNE KEY HIGHLIGHTS

#SEWA YATRA! - VISIT TO SHE-CAF TAILORING AND BANGLE MAKING CENTER IN OLD CITY, HYDERABAD

- SHE-CAF training center in Old City Hyderabad, empowers 20 women through training in tailoring, embroidery, bangle making, and sales & marketing. The center focuses on self-sustainability and has successfully produced and sold numerous handmade items, with plans to expand and support 500 women.
- On May 22nd, Prem Ji and few Sewa MOS team visited this training center in Hyderabad, where they interacted with women beneficiaries undergoing tailoring and bangle-making training. Through SHE-CAF, we are currently supporting marginalized women, most of whom are single mothers with many children, aiming to empower them towards financial stability. These programs are conducted in partnership with the Kalam Foundation. The bangles made by our beneficiaries were showcased at the recent National Conference in Chicago.
- In the month of June, Chandu Ji from the Sewa LA chapter, along with volunteers, also visited the center to learn about the bangle making training and marketing processes. He ordered 180 sets of handmade bangles to take back to the US to raise awareness and support through fundraising events organized by the LA chapter and LA LEAD students. Srikanth Gundavarapu Ji from Sewa Atlanta also visited the center and met with our beneficiaries.



STEM LAB SETUP IN KARNATAKA SCHOOL

- The Mini Science Center (MSC) is an innovative educational tool designed to revolutionize science and math education for rural students in classes 5 to 10. It features 80 tabletop working models and manuals in regional languages to provide hands-on learning experiences. MSC aims to make learning interactive, engaging, and fun, while also supporting teachers with easy-to-use teaching aids. By integrating current research and practices, the center enhances students understanding of academic concepts and their practical applications.
- A STEM lab setup was implemented in Govt Model Higher Primary School ,Mitemari, Chikkaballapura, Karnataka, funded by Yuzen Logistics Chennai. Along with STEM lab setup, Sewa has worked on other interventions in health, hygiene and sanitation in this school.



JUNE KEY HIGHLIGHTS

#SEWA CHAPTER SUPPORT-FUNDRAISER BY PHOENIX CHAPTER

- The Sewa Phoenix chapter organized a highly successful volleyball tournament fundraiser.
- Sewa LEAD students, volunteers, and the Phoenix team ensured the event's success with their unwavering support and efforts. The tournament saw multiple teams competing, with prizes awarded to winners and runners-up.
- The event was supported by several sponsors who provided food. The Phoenix team raised \$6,500 from this event, which was utilized to build toilets in rural government schools in Jharkhand and implement various interventions in menstrual health and personality development, benefiting over 541 students.
- Our SHE team extends heartfelt gratitude to the entire Phoenix chapter for their unwavering commitment to empowering girls in India. We deeply appreciate the team's hard work and dedication in organizing this fundraiser. Thank you, Phoenix team, for your relentless efforts and continuous support.



SEWA TEAM VISIT TO SVMM, WAYANAD

- SEWA SHE team visited Swami Vivekananda Medical Mission (SVMM) in Muttill, Wayanad, to explore health and education initiatives for tribal communities. They discussed SHE's empowerment initiatives with Dr. Dhananjay Sagdeo and Wg. Cdr. Vinay Sagdeo.
- The team participated in a Sickle Cell Disease awareness program on National Sickle Cell Day (June 19th) and visited Sankara Vidya Nikethan School, Cheukara. They assessed student challenges, including toilet and infrastructure conditions.
- Proposed interventions for the school included menstrual health awareness, toilet repairs, drinking water facility in schools and tailoring training for tribal women.
- These initiatives aim to economically empower tribal women, improve school facilities, and enhance the well-being of tribal communities in Wayanad.



OUR CORE TEAM



ANIL DADHEECH



ANITA KANT



NEHA KAUSHAL



RAJINI HODIGERE



RADHIKA SHESHADRI



JAYANTH BHATT

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

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