



Feb 2024

NEWSLETTER

SHE - SANITATION, HYGIENE AND EMPOWERMENT OF THE GIRL CHILD



OUR IMPACT



EMPOWER A GIRL, EMPOWER A COMMUNITY

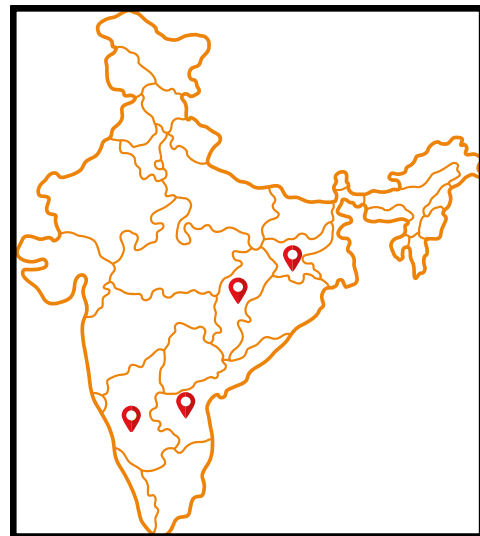
FEB KEY HIGHLIGHTS

SANITATION

- Completion of 30 toilets across 10 schools in Chikkaballapura district, Karnataka; this project is funded by donors from our partner NGO- Samarpaka Trust and built by Sewa international. Toilets in Govt model higher primary school-Mittemari were inaugurated by the donor team, Mukul Madhav foundation on Feb 28th.
- Ongoing construction of 26 toilets in 7 schools across Andhra Pradesh, Jharkhand and Chattisgarh. This project is funded by Ekam, North Jersey LEAD, Sewa LA Chapter and individual donors including Dr Kamal Gupta Ji, RamaLakshmi Ji and others.
- Completed the construction of 8 toilets across 2 schools in Sonahatu village, Jharkhand. The toilet construction in these schools is funded by our esteemed donor Dr Kamal Gupta Ji. The schools are planning to inaugurate these toilets on women's day.
- **A unified view of all our programs**
<https://sewa-she-platform.glide.page>



#SANITATIONFORALL



FEB KEY HIGHLIGHTS

MENSTRUAL HYGIENE & AWARENESS



- Menstrual health and hygiene camps conducted in schools across Chattisgarh and Jharkhand
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students .
- Total beneficiaries covered -438.

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 student beneficiaries.

SHE-CAF

- Total beneficiaries - 4440
- Beneficiaries undergoing the training_: 206.
- Beneficiaries who completed their trainings and got jobs/self employed: 3127. New registrations received: 170.
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community and other marginalized communities.
- Ongoing programs: Regional skill development(block printing, jute & wooden art, nakshikantha embroidery, bamboo art etc), weaver empowerment, diploma in fashion technology, livestock rearing, skill development trainings(computer, beauty, tailoring, digital literacy etc), aquaculture training,tribal livelihood etc



FEB KEY HIGHLIGHTS

YOGA & MENTAL WELLNESS

- yoga workshop & a 14 day yoga & self defense training for students. Topics covered included basic yoga asanas, session on mental well-being, breathing techniques for physical health & mental health, special asanas for adolescent girls for menstrual health & well being.
- Personality development workshops for adolescent girls that covers physical techniques of defense, techniques of strikes & punches, usage of self defense tools, theory sessions on presence of mind, how to handle a confrontation: verbally, mentally, and psychologically, information on Law & Female Rights, Media & Police related information.
- yoga mats distributed to all student beneficiaries.
- Outreach: 250+ students from schools in Chattisgarh and Jharkahnd



YUVA MAHOTSAV

- Our SHE team successfully organized "Yuva Mahotsav" (Youth Festival) in Magadi, Karnataka on February 14. More than 1,200 students and teachers from over 20 schools, participated in this significant event.
- The program featured cultural performances from school children, a walkathon, sapling plantation, inspirational talks by distinguished guests and our team discussing the journey of Sewa International and the collaborative work accomplished by Sewa International and Oracle over the past four years.
- With continued support from Oracle, Sewa has successfully implemented various WASH-related interventions (water, sanitation, and hygiene)

FEB KEY HIGHLIGHTS

#SEWA PRIDE -EMPOWERING 100+ WOMEN FROM MARGINALIZED COMMUNITIES



- Our SHE-CAF Skill Development training has been successful in empowering 100+ women from marginalized communities. We facilitated comprehensive training, helped with market connections, and assisted in job placements or support for self-employment.
- The project involves diverse programs for this community, covering courses like tailoring and embroidery, mehendi and makeup artist course, livestock rearing as well as digital literacy.
- Furthermore, our initiative goes beyond training by facilitating the establishment of micro-enterprises creating sustainable economic opportunities.
- Post-training, a significant number of our beneficiaries are job placed or self-employed. They are not only financially supporting their families but also earning a sustainable livelihood, showcasing the positive impact of our programs.



Jharkhand, Chattisgarh & Andhra Pradesh



SANITATION - TOILET CONSTRUCTION

Ongoing construction of toilets & hand wash stations in schools across Chattisgarh, Jharkhand and Andhra Pradesh

- Completed the construction of 8 new toilets and ongoing construction of 12 toilets in Sonahathu village of Ranchi district in Jharkhand; This project is funded by esteemed donor - Dr Kamal Gupta Ji
- Ongoing construction of 16 toilets in Gumla district of Chattisgarh and Kakinada, Andhra Pradesh. The sanitation work in these schools is funded by donors from EKAM and North Jersey chapter, LA chapter and Rama Lakshmi Ji. The construction is targeted to get completed by mid march.
- Completion of 30 toilets across 10 schools in Chikkaballapura district, Karnataka; this project is funded by donors of our partner NGO- Samarpaka and built by Sewa international. Toilets in Govt model higher primary school-Mittemari was inaugurated by the donor team, Mukul Madhav foundation on Feb 28th.
- In all these schools, Sewa is building overhead tank for water provision, wash basin unit, building a new septic tank for the toilet units.

Zilla Parishad high school, Sankhavarm Kakinada	Kakinada	Andhra Pradesh	4	821
Govt higher secondary school-Jheet	Durg	chattisgarh	4	504
Govt primary and middle school-Jheet	Durg	chattisgarh	4	482
Govt Primary and middle school-Mahuda	Durg	chattisgarh	4	430
SS-2 uchhatar Madhyamik Vidyalaya-Sonahatu, Block: Sonahatu, District: Ranchi	Ranchi	Jharkhand	4	620
High School-banta Hazam, Block: Silli, Ranchi	Ranchi	Jharkhand	4	281
Utkramit Rajykrit madhya vidyalaya-Bazar Tand Block: Sonahatu, Ranchi	Ranchi	Jharkhand	4	334
Utkramit madhya vidyalaya - Jamudag, block: Sonahatu, Ranchi, Jharkhand	Ranchi	Jharkhand	4	369
Utkramit Ucha vidyalaya - jamudag, block: Sonahatu, Ranchi, Jharkhand	Ranchi	Jharkhand	4	547

MENSTRUAL HYGIENE & AWARENESS

Menstrual Health & Awareness sessions, distribution of reusable napkin kits ;
Beneficiary outreach:438

- Awareness to students on women's health and hygiene.;Awareness on menstrual hygiene through educational videos and other collaterals.
- Awareness to students on importance of WASH - water, menstrual hygiene and sanitation,
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distributed reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.

Karnataka public school-Kalasa	Karnataka	Kalasa	213
Government high school -	Jharkhand	Ranchi	75
Govt higher secondary school-Jheet, Chattisgarh	chattisgarh	Durg	50
Govt primary and middle school -Jheet, Chattisgarh	chattisgarh	Durg	50
Govt Primary and middle school-Mahuda, Chattisgarh	chattisgarh	Durg	50



Chattisgarh, Jharkhand, Karnataka



SHE-CAF

Skill development and livelihood training for women from rural, urban, tribal, transgender and marginalized communities

Total Outreach: 17 states.

Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Bihar, Gujarat, Chhattisgarh, Jharkhand Himachal, Assam & Uttar Pradesh.

Current Ongoing Trainings:

Andhra Pradesh – Locations:Kodikonda; Livestock

West Bengal – Locations:Phulia, Tangta, Balakhali; Weaver empowerment, Tailoring, Nakshikanta embroidery

Maharashtra – Locations: Nagpur, Diploma in fashion technology

Bihar – Location:Saharsa; Tailoring

Tamil Nadu – Locations:Berigai , Dharmapuri, Hosur, Chengum, Thirvannamalai, Arani; Digital literacy, Accounting and Tally, Tailoring, Ari embroidery, weaver empowerment, specialization in silk twisting.

Chhattisgarh – Location:Taragaon village, Bastar; traditional painting, Bitti chithra, jewelry, jute and bamboo art

Jharkhand – Location:Remebangaru , sahebganj ; tailoring, bamboo art

Assam – Locations:Bongaigaon, Lakhimpur village; Aquaculture training, tailoring.

We are exploring training programs in Kutch, Hyderabad, Manipur, Arunachal Pradesh and programs for Transgender beneficiaries.

Our team also facilitates personality development and mental wellness workshops, exposure visits, awareness and health checkup camps,market linkages, group activities , mock interviews and job placement support for the overall development of our beneficiaries.

**Total Outreach – 17 states PAN India
Ongoing – 7 states**



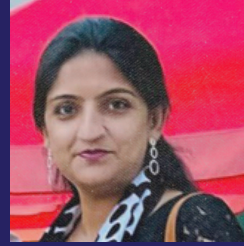
OUR CORE TEAM



ANIL DADHEECH



ANITA KANT



NEHA KAUSHAL



RAJINI HODIGERE



RADHIKA SHESHADRI



JAYANTH BHATT

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

Contact Us : she@sewausea.org



Sewa International, USA

P.O. Box 820867, Houston, TX 77282-0867, Tax ID: 20-0638718
info@sewausea.org, 708-USA-SEWA, www.sewausea.org