

NEWSLETTER

SHE - SANITATION, HYGIENE AND EMPOWERING THE GIRL CHILD



OUR IMPACT



EMPOWER A GIRL, EMPOWER A COMMUNITY

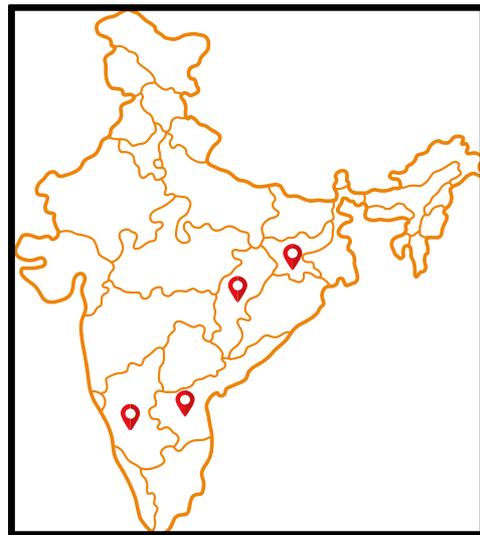
DEC KEY HIGHLIGHTS

SANITATION

- Completed the repair and renovation work of non functional toilets in schools across Karnataka as a part of the WASH project funded by Oracle India. A total of 25 schools were identified for WASH (activities on drinking water provision, sanitation, menstrual hygiene).
- Ongoing construction of 32 toilets in 8 schools across Andhra Pradesh ,Karnataka and Chattisgarh. This project is funded by Ekam, North Jersey LEAD, Sewa LA Chapter and few individual donors
- Completed the need analysis and survey of 5 schools for sanitation work in Jharkhand. This project is funded by Dr Kamal Gupta Ji
- **A unified view of all our programs**
<https://sewa-she-platform.glide.page>



#SANITATIONFORALL



DEC KEY HIGHLIGHTS

MENSTRUAL HYGIENE & AWARENESS



- Menstrual health and hygiene camps conducted in schools across Karnataka & Jharkhand
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students .
- Total beneficiaries covered -345.

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 student beneficiaries.

SHE-CAF

- Total beneficiaries - 4008
- Beneficiaries undergoing the training_: 536.
- Beneficiaries who completed their trainings and got jobs/self employed: 2336. New registrations received: 896.
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community.
- Ongoing programs: Regional skill development(Kalamkari painting, block printing, jute & wooden art, nakshikantha embroidery etc), weaver empowerment, micro enterprise, livestock rearing, fitness & yoga certification, skill development trainings(computer, beauty, tailoring, mehendi art, digital literacy etc), tribal livelihood etc



DEC KEY HIGHLIGHTS

NEW YEAR GREETINGS

- Our SHE and SHE-CAF beneficiaries celebrated the onset of the new year with heartfelt prayers.
- They extend their sincere thanks to our generous donors for empowering and supporting them.
- Our beneficiaries recorded and shared New Year wishes for all Sewa supporters, Karyakartas, donors and well wishers, which have been conveyed through the team.



WASH WALKATHON

- Our team orchestrated a Walkathon and cleaning drives at multiple schools in Karnataka.
- Teachers, students, staff, and Sewa volunteers actively participated in a 3 km walkathon through the neighboring villages.
- The primary goal of the walkathon was to raise awareness about the significance of WASH (water, sanitation, and hygiene) within the community and to promote awareness about Sewa.
- Students crafted placards used during the event to convey important messages. Additionally, cleaning drives were organized across different schools, contributing to the emphasis on maintaining clean and safe surroundings in our community.



DEC KEY HIGHLIGHTS

DONOR VISIT - RIYA DADHEECH, PURPLE PAINT



- Riya Dadheech, young SHE donor from New Jersey, is an artist and sells her paintings to fund the construction of toilets in schools through the SHE project.
- Leading the initiative under the banner "Purple Paint," Riya collaborates closely with Sewa International to address the critical need for sanitation facilities in underprivileged schools in India.
- The funds raised by Riya have facilitated the construction of 45+ toilets in schools across Viratnagar, Rajasthan.
- On December 5th, 2023, coinciding with Riya's birthday, she along with her parents Anil Ji and Sushmita Ji, and family visited the schools in Viratnagar.
- During their visit, the team conducted a comprehensive review of the toilets supported by Purple Paint and the Central Jersey chapter. They actively engaged with the beneficiaries of the project, dedicating time to understand their challenges firsthand—especially those existing before the construction of the toilets. The discussions centered on how the provision of toilets has played a crucial role in enabling young students to overcome obstacles, empowering them to continue attending school.
- The team also visited the SHE-CAF tailoring center in Viratnagar.

Jharkhand, Karnataka, Chattisgarh & Andhra Pradesh



SANITATION - TOILET CONSTRUCTION

Completed toilet construction in schools across Jharkhand; Ongoing sanitation work across schools in Karnataka Chattisgarh, Jharkhand and Anhra Pradesh

- Ongoing construction of 20 toilets in Kakinada, Andhra Pradesh and Kalasa, Karnataka, ; This project funded by individual donors - Ramalakshmi ji, Raefael Campo - Detroit chapter , Prathibha Nethikunta ji - LA chapter and few donors from LA chapter.
- Initiation of sanitation work in schools across Durg, Chattisgarh. This project is funded by Ekam USA and Sewa North Jersey chapter.
- Initiation of sanitaton work across 5 rural schools in Ranchi, Jharhand, funded by Kamal Gupta Ji.
- In all these schools, Sewa is building overhead tank for water provision, wash basin unit, building a new septic tank for the toilet units.
- Completed the repairs and renovation of existing non functional toilets across 25 identified schools in Karnataka. In each of these identified schools, Sewa has also installed hand wash units and water filters for drinking water.

MENSTRUAL HYGIENE & AWARENESS

Menstrual Health & Awareness sessions, distribution of reusable napkin kits ;
Beneficiary outreach:345

- Awareness to students on women's health and hygiene.;Awareness on menstrual hygiene through educational videos and other collateral.
- Awareness to students on importance of WASH - water, menstrual hygiene and sanitation,
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distributed reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.

Karnataka, Jharkhand



SHE-CAF

Skill development and livelihood training for women from rural, urban, tribal and marginalized communities

Outreach: 17 states.

Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Bihar, Gujarat, Chhattisgarh, Jharkhand Himachal, Assam & Uttar Pradesh.

Ongoing Trainings:

Karnataka – Locations: Bangalore Urban, Hubli; Beauty, mehendi art and bridal makeup; Arni embroidery; Yoga/Fitness trainer certification, photography course, computer training,

West Bengal – Locations: Phulia, Tangta, Balakhali; Weaver empowerment, Tailoring, Nakshikanta embroidery, beauty course, livestock rearing

Rajasthan – Locations: Viratnagar, Navarangpura; Tailoring & embroidery

Maharashtra – Locations: Nanded, Kohlapur, Nagpur; Microenterprise (papad, jam, bakery, pickles and powders), Diploma in fashion technology, nutrition specialist

Bihar – Location: Saharsa; Tailoring

Tamil Nadu – Locations: Berigai, Dharmapuri, Hosur; Digital literacy, Arni embroidery, Mehendi art, micro enterprise

Chhattisgarh – Location: Taragaon village, Bastar; traditional painting, Bitti chithra, jewelry, jute craft

Jharkhand – Location: Remebangaru village; tailoring, bamboo art

Andhra Pradesh – Location: Srikalahasti village; Block printing, Kalamkari hand painting

Assam – Locations: Bongaigaon, Lakhimpur village; Livestock

17 states PAN India



WELCOMING 2024!



WORKSHOPS AND SESSIONS FOR SHE-CAF WOMEN



Personality development workshops, Talent hunt, group activities involving beneficiaries, celebrating women's day, independence day, health camps, certificate distribution etc

OUR CORE TEAM



ANIL DADHEECH



ANITA KANT



NEHA KAUSHAL



RAJINI HODIGERE



RADHIKA SHESHADRI



JAYANTH BHATT

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

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