



SEWA INTERNATIONAL'S
SHE PROJECT

SHE & SHE-CAF

Newsletter - Oct 2022

**SHE - SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**



OCT KEY HIGHLIGHTS

SANITATION

- Ongoing construction of 7 new toilets in Zilla Parishad school , Navikhed, Maharashtra
- Need analysis and initial ground work for 30 new toilets across schools in Viratnagar, Rajasthan & Ayodhya, UP.
- Bhoomi Puja for starting the construction of 41 toilets in Magadi, Karnataka. Partnering with HSP(Hindu Seva Pratishthana) for project execution and funded by local donors of HSP.



Ongoing construction of 7 new toilets.
Initiate the construction of 71 new toilets across schools in Ayodhya, Magadi and Viratnagar.
Total student beneficiaries - 4576
States covered - UP, Rajasthan,, Karnataka and Maharashtra



MENSTRUAL AWARENESS

- Menstrual health and hygiene Camps for adolescent girls in Bangalore urban and rural as a part of Oracle funded India project.
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students
- Total beneficiaries covered -150

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 and SHE-CAF beneficiaries.
- Q&A sessions with students.

SHE-CAF

- Beneficiaries undergoing the training : 679
- Beneficiaries completed their trainings and got jobs/self employed: 473
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community, Migrant workers.
- Ongoing programs: Regional skill development(kalamkari art, puppets, dolls, crochet, arni embroidery, aquaculture, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, skill development trainings(computer, beauty, tailoring etc), tribal livelihood, Agri farming etc.



SPOTLIGHT

DIWALI CELEBRATIONS ACROSS PROGRAM LOCATIONS

Sewa International's extended SHE (Sanitation, Hygiene, and Empowerment) family wishes everyone a very happy Deepavali/Diwali!

Diwali was celebrated across SHE and SHE-CAF project locations.

This Diwali was very special for thousands of women and girl children in India as the SHE and SHE-CAF projects have brought much brightness into their lives.

SANITATION - NEW TOILET CONSTRUCTION



Construction of toilets in Viratnagar, Magadi, Navikhed and Ayodhya

Scope of work

- Total schools identified : 15 Govt schools; Total student beneficiaries - 4576
- Toilet units is being constructed for boys and girl students in each of the identified schools.
- Provision of overhead tank, water source & wash basin unit
- Building a new septic tank for the toilet units.

School Name	Location	State	Number of toilet being built	School Strength
P-2-Rajakiya uccha madhyamik Vidyalaya, Viratnagar	Viratnagar	Rajasthan	6	525
P-2-Rajakiya uccha madhyamik Vidyalaya, Viratnagar	Viratnagar	Rajasthan	6	600
Zilla Parishad school	Navikhed	Maharashtra	7	195
Purv madhumik vidhyalay, Amouni	Ayodhya	Uttar Pradesh	6	156
Cannt Board Junior High school Faizabad	Ayodhya	Uttar Pradesh	6	550
Prathamik Vidhyalay, Chachik pur	Ayodhya	Uttar Pradesh	6	127
Kamataka Public School	Tippasandra	Karnataka	4	171
HGPS School	Vadaradnadoddi	Karnataka	4	98
HGPS School	Motaganahalli	Karnataka	4	200
GKMP School	Magadi	Karnataka	6	140
HS Magadi Town	Magadi	Karnataka	5	210
HGPS School	Lakkenahalli	Karnataka	4	113
Govt First Grad College	Magadi	Karnataka	6	1200
HGPS School	Bachenahatti	Karnataka	4	177
HGPS School	Gangonahalli	Karnataka	4	114

MENSTRUAL HEALTH AND HYGIENE



Menstrual Health and Awareness for Adolescent girls

Conducted menstrual camps for adolescent girls in schools across rural Karnataka. This project is funded by Oracle.

Key Activities:

- Awareness to students on women's health and hygiene.
- Awareness on menstrual hygiene through educational videos and other collateral.
- Discussions on menstrual health & biological changes that happen to a girl upon puberty.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distribute reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.
- Q&A sessions with students.

SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

SHE-CAF program Highlights

Ongoing Program Highlights

Current Outreach: 14 States

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Gujarat, Chhattisgarh, Himachal & Uttar Pradesh.

Ongoing Trainings across States

- **Kerala – Thrissur**; Livestock rearing(goat, poultry), Aquaculture
- **Karnataka – Bangalore Urban , Chamaraajanagar, Hubli** ; Regional skill development – stitching Kaudi blankets, batik printing; Beauty and bridal makeup; Bridal flower making & Arni embroidery; Yoga/Fitness trainer certification; Micro enterprise(Rotti making)
- **Telangana – Dorepally**; Banjara embroidery
- **Andhra Pradesh - Pulluru village, Srikalahasti**; Regional skill development – Kalamkari block and hand painting
- **West Bengal – Phulia**; Weaver empowerment; Nakshikanta embroidery
- **Rajasthan – Viratnagar, Bilwari**; Tailoring & embroidery
- **Maharashtra – Nanded, Palghar** ; Microenterprise (papad, jam, bakery, pickles and powders), tailoring, bags making
- **Odisha – villages of Chandaka block of Khordha district**; Live stock rearing (Goat rearing), mushroom cultivation
- **Uttar Pradesh – Ayodhya, Gorakhpur**; Bakery training, digital literacy
- **Madhya Pradesh – Singhrauli**; Natural farming
- **Gujarat – Kutch, Bhuj, Khavda and Lakhpat** - Microenterprise (making products from cow dung and cow milk), embroidery; stitching; bandhej, making mud work products;
- **Tamil Nadu – Tiruvannamalai** ; weaver support
- **Chattisgarh – Taragaon village, Bastar**; Sisal fibre handicraft, wrought iron idols
- **Himachal – Kanara**; Tailoring, micro enterprise, muddle muslin
- **Transgender – Bangalore Urban, Telangana, West Bengal**; Mirco enterprise (Sai Krupa Hotel, Sweekriti paper plate, garic peeling and packing)



SPOTLIGHT

DIWALI WISHES VIDEO



Sewa international's SHE and SHE-CAF
is lighting the lives of thousands of beneficiaries across India



14 STATES PAN INDIA

SHE AND SHE-CAF PROGRAM LOCATIONS

Diwali celebrations across SHE and SHE-CAF locations.

OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



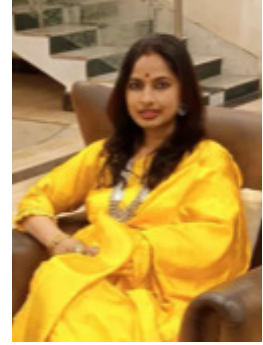
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate. Thank you for your continued support.

Website : <https://she.sewausea.org>

Contact Us : she@sewausea.org



Sewa International, USA

P.O. Box 820867, Houston, TX 77282-0867, Tax ID: 20-0638718
info@sewausea.org, 708-USA-SEWA, www.sewausea.org