



SEWA INTERNATIONAL'S
SHE PROJECT

SHE & SHE-CAF

Newsletter - Dec 2022

**SHE - SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**



NOV KEY HIGHLIGHTS

SANITATION

- Completed Construction of 30 new toilets across schools in Viratnagar, Rajasthan & Ayodhya, UP. This is funded by Central Jersey chapter and individual donors from Boston
- Ongoing construction of 41 toilets in Magadi, Karnataka. Partnering with HSP(Hindu Seva Pratishthana) for project execution and funded by local donors of HSP.
- We have completed the construction in almost 6 schools(29units).
- Need analysis and survey of schools for toilet construction in Madurai. This project is in partnership with Ekam foundation..



Ongoing construction of new toilets across schools in Magadi & Madurai .
Completed the construction of toilets in Ayodhya & Viratnagar.
Total student beneficiaries - 5,269
States covered - UP, Rajasthan, Karnataka and TamilNadu



MENSTRUAL AWARENESS

- Menstrual health and hygiene Camps for adolescent girls in Bangalore urban and rural, Badami, KAR, Viratnagar, RJ and Ayodhya, UP .
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students
- Total beneficiaries covered -350 across 7 schools

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 and SHE-CAF beneficiaries.
- Q&A sessions with students.

SHE-CAF

- Beneficiaries undergoing the training : 679
- Beneficiaries completed their trainings and got jobs/self employed: 473
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community, Migrant workers.
- Ongoing programs: Regional skill development(kalamkari art, wrought iron idols, wooden cutlery, puppets, dolls, crochet, arni embroidery, aquaculture, Kaudi blankets, Bandhej, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, skill development trainings(computer, beauty, tailoring, digital literacy etc), tribal livelihood, Agri farming etc.



SPOTLIGHT

TESTIMONIALS OF MENSTRUAL HYIGENE CAMP BENEFICIARIES
SHE-CAF BENEFICIARIES HEALTH CHECKUP

Sewa International's SHE-CAF has been supporting many women in regional skill development skills, women from weaving communities and helping women in micro enterprise setup. Market linkages, workshops on public speaking, personality development, basic accounting & sales, Capex have been provided to these women to help them be self employed and earn a livelihood.

With the help and support from volunteers, partner organizations across states, Sewa has also facilitated exhibition & sales to promote the products made by our SHE-CAF women.

SANITATION - NEW TOILET CONSTRUCTION



Construction of toilets in Viratnagar, Magadi, Ayodhya and Madurai.

Ongoing project

Expected Date of completion : 30 Jan 2023

- Total schools identified : 16 Govt schools; Total student beneficiaries - 5269
- A total of 53 new Toilet units are being constructed for boys and girl students across the identified schools.
- Provision of overhead tank, water source & wash basin unit

Building a new septic tank for the toilet units.

Sl no	School Name	Region	No of units installed	Total strength	Girls	Boys
1	Rajkiya uccha madhyamik vidyalaya Rajkiya	Viratnagar, RJ	6	552	417	135
2	Varishtopadhyaya sanskrit vidyalaya	Viratnagar, RJ	6	600	250	350
3	Purva Madhyamik vidhayalaya, Amouni	Ayodhya, UP	6	156	84	72
4	Cantt Board Junior High school Faizabad	Ayodhya, UP	6	550	276	223
5	Primary vidhayala composite, Chachik pur	Ayodhya, UP	6	127	68	59
6	Government high school, Mayandipatti	Madurai, TN	6	300	185	115
7	Govt union middle school	Madurai, TN	6	284	137	147
TOTAL			42	2569		

MENSTRUAL HEALTH AND HYGIENE



Menstrual Health and Awareness for Adolescent girls

Conducted menstrual camps for adolescent girls in schools across rural Karnataka, Ayodhya and Badami.

Conducted 7 camps across underprivileged schools covering over 350 girl student beneficiaries.

Key Activities:

- Awareness to students on women's health and hygiene.
- Awareness on menstrual hygiene through educational videos and other collateral.
- Discussions on menstrual health & biological changes that happen to a girl upon puberty.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distribute reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.
- Q&A sessions with students.

SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

SHE-CAF program Highlights



Ongoing Program Highlights

Current Outreach: 14 States

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Gujarat, Chhattisgarh, Himachal & Uttar Pradesh.

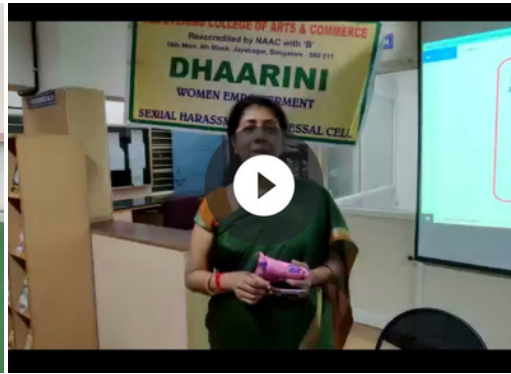
Ongoing Trainings across States

- **Kerala – Thrissur**; Livestock rearing(goat, poultry), Aquaculture
- **Karnataka – Bangalore Urban , Chamaraajanagar, Hubli** ; Regional skill development – stitching Kaudi blankets, batik printing; Beauty and bridal makeup; Bridal flower making & Arni embroidery; Yoga/Fitness trainer certification; Micro enterprise(Rotti making)
- **Telangana – Dorepally**; Banjara embroidery
- **Andhra Pradesh - Pulluru village, Srikalahasti**; Regional skill development – Kalamkari block and hand painting
- **West Bengal – Phulla**; Weaver empowerment; Nakshikanta embroidery
- **Rajasthan – Viratnagar, Bilwari**; Tailoring & embroidery
- **Maharashtra – Nanded, Palghar** ; Microenterprise (papad, jam, bakery, pickles and powders), tailoring, bags making
- **Jharkhand – villages of Chandoka block of Khordha district**; Livestock rearing, Goat rearing, mushroom cultivation
- **Uttar Pradesh – Ayodhya, Gorakhpur**; Bakery training, digital literacy
- **Madhya Pradesh – Singhrauli**; Natural farming
- **Gujarat – Kutch, Bhuj, Khavda and Lakhpat** - Microenterprise (making products from cow dung and cow milk), embroidery; stitching; bandhej, making mud work products;
- **Tamil Nadu – Tiruvannamalai** ; weaver support
- **Chhattisgarh – Taragan village, Bastar**; Sisal fibre handicraft, wrought iron idols
- **Himachal – Kanera**; Tailoring, micro enterprise, iodine packaging
- **Transgender – Bangalore Urban, Telangana, West Bengal**; Micro enterprise (Sai Krupa Hotel, Sweekriti paper plate, garlic peeling and packing)



SPOTLIGHT

SHE-CAF HEALTH CAMPS & BENEFICIARY TESTIMONIAL



CHATTISGARH, TAMIL NADHU, TELANAGANA ,RAJASTHAN, MAHARASHTRA

Health camps conducted at various location for our SHE-CAF Beneficiaries. Testimonials from our SHE-Menstrual program beneficiaries.

OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



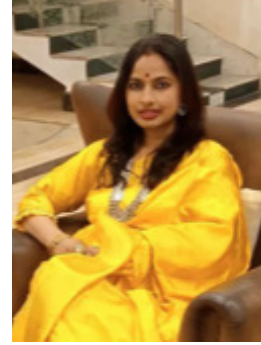
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

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