



SEWA INTERNATIONAL'S SHE PROJECT

SHE & SHE-CAF **Newsletter - Jan 2023**

**SHE - SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**



JAN 2023 - KEY HIGHLIGHTS

SANITATION

- Completed the construction of 41 toilets in Magadi, Karnataka. Partnered with HSP(Hindu Seva Pratishthana) for this project execution. This project is funded by local donors of HSP (Mukul Madhav foundation).
- Completed the construction of 6 toilets across LKB Government school, Madurai. This project is funded by donors of EKAM foundation. We are currently working on toilet construction across Government high school,Mayandipatti
- Need analysis and survey of schools for toilet construction in Ayodhya and Lucknow, UP; Viratnagar, Rajasthan and rural chattisgarh. This project will be executed with funds from key donors - North Jersey LEAD, Google California



Completed construction of new toilets across schools in Magadi & Madurai .
Need analysis and survey of schools across UP, Rajasthan and Chattisgarh
Total student beneficiaries - 3,836



MENSTRUAL AWARENESS

- Menstrual health and hygiene Camps conducted in all schools where Sewa completed the toilet construction - Magadi, and Kohlapur.
- Distribution of reusable cloth sanitary napkin kits to adolescent girl students
- Total beneficiaries covered -575

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10 and SHE-CAF beneficiaries.
- Q&A sessions with students.

SHE-CAF

- Beneficiaries undergoing the training : 635
- Beneficiaries completed their trainings and got jobs/self employed: 948
- Target Beneficiaries: Covid impacted women from Urban, Rural & Tribal areas, Transgender community, Migrant workers.
- Ongoing programs: Regional skill development(kalamkari art, wrought iron idols, wooden cutlery, puppets, dolls, crochet, arni embroidery, aquaculture, Kaudi blankets, Bandhej, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, skill development trainings(computer, beauty, tailoring, digital literacy etc), tribal livelihood, Agri farming etc.



SPOTLIGHT

SHE

Piloting new programs for increasing SHE program impact and for the Overall development of the Girl Child - Self Defense and Yoga. On Republic day, Sewa International's SHE team piloted Self defense and Yoga in Viratngaar schools. Each of these programs is a 7 day workshop covering theory and practical sessions on mental wellness, Yoga and self defense.

SHE-CAF

With the help and support from volunteers, partner organizations across states, we facilitated exhibition & sales to promote the products made by our SHE-CAF women.

SANITATION - NEW TOILET CONSTRUCTION



Construction of 47 new toilets across Magadi and Madurai schools.

Completed the construction of 47 new toilets across schools in Karnataka and Tamil Nadu

Project duration : Dec 9,2022 - Jan 31, 2023

- Total schools identified : 10 Govt schools; Total student beneficiaries - 3836
- A total of 47 new Toilet units were constructed for boys and girl students across the identified schools.

Provision of overhead tank, water source & wash basin unit. Building a new septic tank for the toilet units.

Survey and due diligence In-progress for starting toilet construction work in Rajasthan, Tamil nadu and Uttar Pradesh with generous funds from North jersey LEAD and Google California.

Kamataka Public School	Rural school	Tippasandra	Karnataka	4
HGPS School	Rural school	V G Doddi	Karnataka	4
HGPS School	Rural school	Motanaganahalli	Karnataka	4
GKMP School	Rural school	Magadi	Karnataka	6
HS Magadi Town	Rural school	Magadi	Karnataka	5
Govt First Grad College	Rural school	Magadi	Karnataka	6
HGPS School	Rural school	Lakkenahalli	Karnataka	4
GHS School	Rural school	Bachenahatti	Karnataka	4
HGPS School	Rural school	Gangonahalli	Karnataka	4
Govt union middle school	Rural school	Madurai	Tamil Nadu	6

MENSTRUAL HEALTH AND HYGIENE



Menstrual Health and Awareness for Adolescent girls

Conducted menstrual camps for adolescent girls in schools across rural Karnataka and Maharashtra

Beneficiary Outreach: 575

Key Activities:

- Awareness to students on women's health and hygiene.
- Awareness on menstrual hygiene through educational videos and other collateral.
- Discussions on menstrual health & biological changes that happen to a girl upon puberty.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distributed reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.
- Q&A sessions with students.

SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

SHE-CAF program Highlights

Ongoing Program Highlights

Current Outreach: 15 States

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Bihar, Gujarat, Chhattisgarh, Himachal & Uttar Pradesh.

Ongoing Trainings across States

- **Kerala – Thrissur**; Livestock rearing(goat, poultry), Aquaculture
- **Karnataka – Bangalore Urban , Chamarajanagar, Hubli** ; Regional skill development – stitching Kaudi blankets, batik printing; Beauty and bridal makeup; Bridal flower making & Arni embroidery; Yoga/Fitness trainer certification; Micro enterprise(Rotti making)
- **Telangana – Dorepally**; Banjara embroidery
- **Andhra Pradesh - Pulluru village, Srikalahasti**; Regional skill development – Kalamkari block and hand painting
- **West Bengal – Phulia**; Weaver empowerment; Nakshikanta embroidery
- **Rajasthan – Viratnagar, Bilwari**; Tailoring & embroidery
- **Maharashtra – Nanded, Palghar** ; Microenterprise (papad, jam, bakery, pickles and powders), tailoring, bags making
- **Odisha – villages of Chandaka block of Khordha district**; Live stock rearing (Goat rearing), mushroom cultivation
- **Uttar Pradesh – Ayodhya, Gorakhpur**; Bakery training, digital literacy
- **Madhya Pradesh – Singhrauli**; Natural farming
- **Gujarat – Kutch, Bhuj, Khavda and Lakhpat** - Microenterprise (making products from cow dung and cow milk), embroidery; stitching; bandhej, making mud work products;
- **Tamil Nadu – Tiruvannamalai** ; weaver support
- **Chattisgarh – Taragaon village, Bastar**; Sisal fibre handicraft, wrought iron idols
- **Himachal – Kangra**; Tailoring, micro enterprise (products making)
- **Transgender – Bangalore Urban, Telangana, West Bengal**; Micro enterprise (Sai Krupa Hotel, Sweekriti paper



SPOTLIGHT

SHE-CAF FACILITATED EXHIBITION AND SALES TO PROMOTE WEAVERS AND ARTISAN BENEFICIARIES



CHATTISGARH, TAMIL NADHU, TELANAGANA ,
MAHARASHTRA, KARNATAKA, WEST BENGAL

Our SHE-CAF beneficiaries participated in multiple exhibitions and sales to promote their products and sales. Market linkages are also provided to supply these products to various retail outlets. SHE team is working on a online platform to promote all these products.

SPOTLIGHT

PILOTING NEW PROGRAM FOR STUDENTS ACROSS UNDERPRIVILEGED SCHOOLS - SELF DEFENSE AND YOGA



SCHOOLS IN VIRATNAGAR, RAJASTHAN

For the overall development of Girl children across underprivileged schools, we are piloting self defense and Yoga sessions across schools in Rajasthan. This program was initiated on Aug 26, 2023.

OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



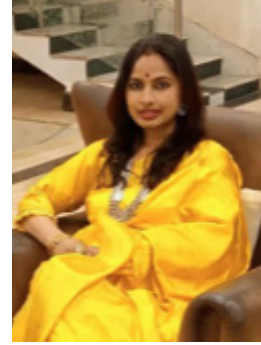
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

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