



SEWA INTERNATIONAL'S
SHE PROJECT

SHE & SHE-CAF Newsletter - July 2022

**SHE - SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**



JULY KEY HIGHLIGHTS

SANITATION

- Toilet construction ongoing in Kanpur , UP and Viratnagar, Rajasthan.
- Survey and Need Analysis ongoing across schools in Sangli, Maharashtra.



54 toilets being constructed across schools in Kanpur and Viratnagar



MENSTRUAL AWARENESS

- Camps in Govt schools across Thrissur, Kerala.
- Total beneficiaries - 155 Adolescent girls

Focus Areas:

- Menstrual health and awareness sessions.
- Distribution of reusable cloth sanitary napkins to girl students from class 7 - 10.
- Q&A sessions with students.

SHE-CAF

- **Beneficiaries undergoing the training:** 717
- **Target Beneficiaries:** Covid impacted women from Urban, Rural & Tribal areas, Transgender community, Migrant workers.
- **Ongoing programs:** Regional skill development(kalamkari art, puppets, dolls, crochet, apiculture, aquaculture, medicinal plants etc), weaver empowerment, micro enterprise, livestock rearing, skill development trainings(computer, beauty, tailoring etc), tribal livelihood, Agri farming etc.



SPOTLIGHT

Uttar Pradesh:

Sewa conducted Skill development trainings for covid impacted women in Ayodhya, Kanpur and Ambedkarnagar.

Testimonials collected from women who completed SHE-CAF training.

SANITATION



Construction of toilets in Kanpur and Viratnagar

Kanpur & Viratnagar:

Our SHE team & volunteers completed the survey and need analysis in Govt schools in June 2022.

Post need analysis and survey, our team started working with local volunteers and civil engineers and started the toilet construction work on July 1, 2022.

Target completion date: Aug 30, 2022.

Scope of work - Kanpur

- Total schools identified : 3 Govt schools.
- 6 toilet units is being constructed in each of the identified schools.
- Provision of overhead tank & water source

(water source unavailable inside the school premise, hence water being sourced from nearby water source in the village)

- Building a new septic tank for the toilet units.
- Wash basin outside the toilet unit blocks.

Scope of work - Viratnagar:

- Total schools identified : 5 Govt schools.
- A total of 36 toilet units is being constructed across 5 schools.
- Building a new soak tank for the toilet units for sanitary outlet.
- Overhead tank and Wash basin outside the toilet unit blocks.

KANPUR SCHOOL LIST

| School name | No of toilets being constructed | School Strength |
|--|---------------------------------|-----------------|
| Uchha prathamik vidyalaya, Kanpur Nagar, Ghatampur | 6 | 203 |
| Uchha prathamik vidyalaya, Koron, Kanpur | 6 | 90 |
| Ucha prathamik vidyalaya, Gadholmau, Kanpur | 6 | 58 |
| Grand Total | 18 | 351 |

VIRATNAGAR SCHOOL LIST

| school name | No of toilets being constructed | School Strength |
|--|---------------------------------|-----------------|
| Rajkiya ucha prathamik vidyalaya, Mahasimha Ka Bas | 6 | 106 |
| Mahatma gandhi school, Viratnagar | 6 | 94 |
| Mahatma gandhi school, Papda | 12 | 525 |
| Rajkiya uchha prathamik vidyalaya, Ismailpur | 6 | 35 |
| Rajkiya ucha prathamik vidyalaya, Devali | 6 | 95 |
| Grand total | 36 | 855 |

MENSTRUAL AWARENESS



Menstrual Health and Awareness for adolescent girls Thrissur, Kerala

Our SHE team identified schools with higher percentage of adolescent girls in rural Thrissur.

A qualified medical practitioner volunteered for Sewa to conduct menstrual awareness sessions for the girl students.

Post awareness session, reusable cloth sanitary napkin kits were distributed to all the students who attended the camp.

Impact survey was collected from teachers and students to measure the impact of our program and collect feedback.

THRISSUR CAMP DETAILS

Key Activities:

- Awareness to students on women's health and hygiene.
- Awareness on menstrual hygiene through educational videos and other collateral.
- Discussions on menstrual health & biological changes that happen to a girl upon puberty.
- We had beneficiaries interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- Talk about the various myths in the society so that girls face puberty with positive mind set.
- Distribute reusable cloth sanitary napkins, These are eco friendly, washable & reusable for up to 2 yrs.

| School Name | No of beneficiaries |
|-------------------------------------|---------------------|
| GUP SCHOOL, Mayannur, Thrissur | 100 |
| Malleshwra Vidya Nikethan, Attapady | 55 |

SHE-CAF

CREATION OF LIVELIHOOD OPPORTUNITIES THROUGH SKILL DEVELOPMENT TRAINING FOR WOMEN FROM COVID AFFECTED FAMILIES

SHE-CAF program Highlights

Current Outreach: 13 States

- Karnataka, Kerala, Andhra Pradesh, Telangana, Tamil Nadu, Maharashtra, West Bengal, Rajasthan, Odisha, Madhya Pradesh, Gujarat, Himachal & Uttar Pradesh.

Ongoing Trainings across States

- **Kerala – Thrissur;** Livestock rearing
- **Karnataka – Bangalore Urban, Chamarajanagar ;** Regional skill development – stitching Kaudi blankets; Beauty and bridal makeup; Bridal flower making & Arni embroidery; Yoga/Fitness trainer certification
- **Telangana – Puttapaka;** Weaver empowerment
- **Andhra Pradesh - Ingaluru Village, Srikalahasti;** Regional skill development – Kalamkari block and hand painting
- **West Bengal – Phulia;** Weaver empowerment; Nakshikanta embroidery
- **Rajasthan – Viratnagar, Bhandrol, Bilwari;** Tailoring & embroidery
- **Maharashtra – Nanded;** Microenterprise (papad, jam, bakery, pickles and powders)
- **Odisha – villages of Chandaka block of Khordha district;** Live stock rearing (Goat rearing), mushroom cultivation
- **Uttar Pradesh – Kanpur, Ambedkarnagar;** Beauty & Bridal makeup
- **Madhya Pradesh – Singhrauli;** Natural farming
- **Gujarat – Kutch;** Microenterprise (making products from cow dung and cow milk)
- **Tamil Nadu – Tiruvannamalai ;** weaver support
- **Himachal Pradesh;** Tailoring



SPOTLIGHT



UTTAR PRADESH

97 covid impacted women beneficiaries successfully completed their SHE-CAF training.

All beneficiaries are self employed/job placed

Program Outcome:

- Women upon program completion are job placed/self employed and are able to earn an average salary of Rs 5000 – 7000 and support their family and kids.
- Increased confidence and better mental health of beneficiaries.
- Impact: Through livelihood & skill development programs, COVID impacted vulnerable women will be able to get a better quality of life and livelihood.
- Inculcating Sewa Manobhavana within our beneficiaries.

OUR CORE TEAM



Jayanthi Ramanan



Anil Dadheech



Anita Kant



Neha Kaushal



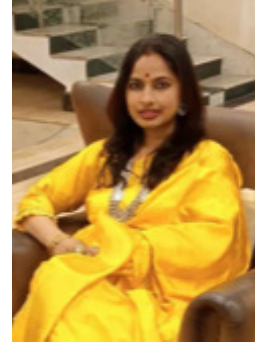
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate. Thank you for your continued support.

Website : <https://she.sewausea.org>

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