



**SEWA INTERNATIONAL'S
SHE PROJECT
SANITATION, HYGIENE AND
EMPOWERING THE GIRL CHILD**

Need Analysis-Kakinada

Initial Report

**ESTEEMED DONOR - RAMA LAKSHMI JI &
PADMAJA JI OF LA CHAPTER**



Can you imagine not having
a Toilet?

About **49% of**
School Children across
India do not have
access to school toilet facility





Our Journey

In 2015, Sewa International started the “#Yes! I can go to school” program, and implemented the first pilot project by installing toilets at four government schools in Jigani, Bengaluru District, in South India. Girl's school attendance increased by 87%.

Since then, Sewa International has expanded the project to different locations across India. In the past five years, this project has benefited more than 9,92+7 families and 53,989 school children from various sections of Indian communities.

Our Reach



790 toilets benefitting
53,989 school children
9,927+ families

14 Indian States
27 Districts



35,000+ adolescent girls

There are several ‘rights’ given to citizens of India but the right to a safe, secure, and healthy life at home and in schools is not one of them. Thus, we believe a “Right to Sanitation Facilities”, especially for our women and girl children who face several challenges everyday just to attend nature calls in a safe and secure environment, is much needed.

SHE team is committed to providing such toilet facilities in communities and schools, where they are not available so that we can ensure both dignity and safety to women and girl children.

Donate a toilet now!



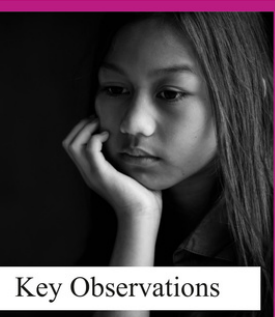
Key Focus Areas

Our key focus areas

1. Building new toilets/repairing existing toilets in underprivileged schools with a higher percentage of girl children
2. Construction of menstrual rooms for adolescent girls and female support staff
3. Providing water for drinking and sanitation

MENSTRUAL HEALTH & HYGIENE

SELF DEFENSE AND YOGA



Donate now!

500\$

Sanitary Kits
(Benefits 50 Girls)



35,000+
Adolescent girls

Our Reach



Our team has conducted menstrual hygiene camps for higher primary and high school girls.

we have distributed more than 35,000 reusable cloth sanitary napkins to high school girl students

Donation Link: <https://sewausa.org/Support-Menstrual-Hygiene-Program-in-India>

1. Educate girls on women's health hygiene.
2. Create awareness on menstrual hygiene - we have worked with doctors & gynecologists and have come up with a short video that we play to beneficiaries at schools and communities to explain biological changes that happen to a girl upon puberty.
3. We have students interact with volunteer/gynecologist to answer their fears and queries about puberty and menstruation.
4. Talk about the various myths in society so that girls face puberty with a positive mindset.
5. Distribute reusable cloth sanitary napkins. This is washable, reusable to 2 yrs. (Features - eco friendly, soft, reusable & washable)

Key Focus Areas



SHE Self-Defence and Mental Health Training

OBJECTIVE:

Sewa USA with its project SHE are spreading awareness about self-defence and mental wellness amongst young girls in India. The safety of girls is at risk and the only way to empower them is to equip them with techniques to defend themselves. Through this initiative, multiple workshops and training will be provided to the girls. The integrated impact of this intervention can also lower the number of drop-out girls from schools.

OUTCOME:

- Increased self-esteem
- Increased awareness of surroundings
- Resistance against harassment/abuse
- Improved mental strength

"There's Only One Basic Principle Of Self-Defense. You Must Apply The Most Effective Weapon, As Soon As Possible, To The Most Vulnerable Target."

WHY SELF DEFENCE AND MENTAL HEALTH TRAINING IS IMPORTANT?

In 2021, National Commission for Women received 31000 complaints about the crime committed against women. Empowering girls to handle physical conflicts and revive mentally after harassment/abuse, are two key aspects that propel the need for self-defence and mental health training in India.



SCOPE OF WORK



- 4 new toilets across 1 school in Kakinada dist, Andhra Pradesh
- soak pit; overhead tank; water provision for sanitation; wash basin installation
- Yoga & mental wellness sessions for students ; Yoga mats for all kids
- Menstrual health & hygiene awareness for adolescent girls ; Reusable cloth sanitary napkins for all adolescent girl students

State: Andhra Pradesh

District: Kakinada

Block: Sankhavaram

Number of school identified: Jilla Parishad High School , Sankhavaram

Total School Strength : 821 **Students, 28 Staffs**

Requirements post need analysis:

- 4 New toilets/urinals in each school
- Overhead tank for providing water for sanitation and providing water connections to the toilet units
- Wash basin outside the toilet block
- Yoga and Mental wellness course and distribution of yoga mats.
- Menstrual hygiene awareness camps for adolescent girls with distribution of reusable sanitary napkin kits to all beneficiaries
- Teaching Self defense techniques for girls

The identified school was facing challenges with its water and sanitation facilities, leading to significant health issues among the students.

Sewa has received a formal request letter from this school. With the support and necessary approvals from the Block Education Office of the Andhra Pradesh Government, Sewa is actively engaged in a project to enhance the sanitation infrastructure within these schools.

Thanks to the generous contributions from Padmaja ji of LA chapter and donor Ramal Lakshmi Ji ,Sewa is actively involved in multiple initiatives aimed at improving health, hygiene, and education at this school. The funds Donated by Padmaja ji have been specifically allocated for the construction of one toilet and three toilets will be built with generous funds from Rama Lakshmi Ji

SCOPE OF WORK- KAKINADA



Scope of Work

- Sewa will build 1 toilet block with 2 toilet units for Boys and 1 toilet block with 2 toilet units for girl students in each of the identified schools
- 1 soak pit construction
- Overhead tank (500 ltrs) that can supply water for all the toilet units
- Water connection with taps and pipes to the toilet units to provide water facilities inside the toilet units
- Wash basin outside the toilet block
- Menstrual health and hygiene awareness sessions and distribution of reusable cloth sanitary napkin kits for all girl students from 6th - 10th grade
- Self defense and Yoga workshop for all students from 6th - 10th grade; distribution of yoga mats to all students.

Project Duration

Oct 1 - 31 2023

ANDHRA PRADESH GOVERNMENT APPROVALS

Z.P.HIGH SCHOOL,
SANKHAVARAM VILLAGE & MANDAL
KAKINADA DISTRICT - 533 446 AP

To,
SEWA INTERNATIONAL
NEW DELHI

SUB: Requesting Construction of toilet blocks in Z.P.HIGH school, SANKHAVARAM.

Dear sir/Madam,

We hereby request sewa international's SHE (Sanitation, hygiene and empowerment of the girl child) project to construct toilet block which will benefit 398 (Girls) of students & 28 no of staffs and a total strength of 821 Students

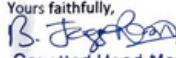
We formally confirm that the Z.P. HIGH SCHOOL, SANKHAVARAM management and school development committees have no objection for constructing new toilet block, bore wells, soak pit/septic tank, water storage tank inside our school campus.

Maintenance of these newly constructed blocks and the assets donated by sewa & its donors will be done by the school management and we take sole responsibility of putting it to the right use.

The Z.P. HIGH SCHOOL, SANKHAVARAM is registered under the state government of ANDHRA PRADESH and runned by it. We are grateful to sewa international for identifying the requirement of sanitation in our school and fulfilling it.

We hereby confirm that we have informed/have consent of our cluster coordinator/block educational officer for the construction.

Thanking you,

Yours faithfully,

Gazetted Head Master
Z.P. HIGH SCHOOL
SANKHAVARAM-533446
U-DISE:28140903004

Sankhararam,
26.06.2023.

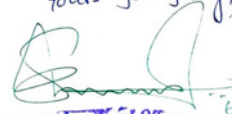
The Mandal Educational Officer,
Sankhararam, Mandal,
Kakinada dist.

The SEWA International,
New Delhi.

Sir,
Sub: No objection letter

In reference to the letter of request for NOC for construction of toilet blocks in ZP High school, Sankhararam I submit that it is highly commendable that SEWA International, New Delhi, has come forward to construct toilet blocks which will benefit 398 students & 28 members of staff and a total strength of 821 students. In this regard, I further submit that there is no objection for constructing the toilet block in the school campus.

Thanking you,

Yours faithfully,

Mandal Educational Officer
SANKHAVARAM MANDAL 26/6/23

THANK YOU FOR SUPPORTING US



OUR REACH



790
Toilets



35,000+
adolescent girls



53,998
Students



14
Indian States

HELP US IN OUR MISSION TO EMPOWER WOMEN AND GIRL CHILD

\$650 TO BUILD A NEW TOILET IN A SCHOOL

\$10 TO SUPPORT AN ADOLESCENT GIRL WITH MENSTRUAL AWARENESS AND PROVIDE REUSABLE NAPKIN KITS

\$350 TO SUPPORT A COVID IMPACTED WOMEN WITH LIVELIHOOD SUPPORT

\$35 TO EMPOWER A GIRL CHILD WITH SELF DEFENSE; PERSONALITY DEVELOPMENT; MENTAL WELLENSS AND YOGA

OUR CORE TEAM



Anil Dadheech



Anita Kant



Neha Kaushal



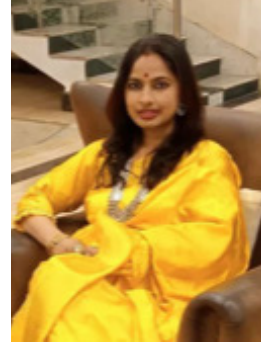
Rajini Hodigere



Jayanth Bhat



Radhika Sheshadri



Shalini Mishra

REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at www.she.sewausea.org, where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: www.she.sewausea.org/donate.

Thank you for your continued support.

Website : <https://she.sewausea.org>

Contact Us : she@sewausea.org



Sewa International, USA

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