



# SEWA INTERNATIONAL'S SHE PROJECT

## Donor Report

**SHE - Sanitation, Hygiene and  
Empowering the Girl Child**

NOV 20, 2022

**ESTEEMED DONOR - MEENAKSHI  
BAY AREA CHAPTER**



**"71% of adolescent girls in India are unaware of menstruation until they get it themselves."**



## **OUR KEY FOCUS AREAS**

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- ✓ **Access to menstrual hygiene products**
- ✓ **Menstrual Hygiene awareness sessions**
- ✓ **Menstrual products manufactured by local women.**

# SEWA'S MENSTRUAL AWARENESS PROGRAM



## Key Observations

1. Girls dropping out of school upon puberty due to lack of sanitation facilities.
2. Missing classes for extended period on monthly basis.
3. Lack of awareness about menstruation.
4. Social taboo confining young girls and women.
5. Unhygienic menstrual products used that were leading to various women related issues.

(Unhygienic period and disposal practices can have major consequence on the health of women including increased chances of contracting cervical cancer and reproductive tract Infections.)

## Donate now!

500\$

Sanitary Kits  
(Benefits 50 Girls)



35,000+  
Adolescent girls

## Our Reach



Our team has conducted menstrual hygiene camps for higher primary and high school girls.

we have distributed more than 35,000 reusable cloth sanitary napkins to high school girl students

Donation Link: <https://sewausa.org/Support-Menstrual-Hygiene-Program-in-India>

1. Educate girls on women's health and hygiene.

2. Create awareness on menstrual hygiene - we have worked with doctors & gynecologists and have come up with a short video that we play to the beneficiaries at schools and communities to explain biological changes that happen to a girl upon puberty.

3. We have students interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.

4. Talk about the various myths in the society so that girls face puberty with positive mindset.

5. Distribute reusable cloth sanitary napkins, This is washable, reusable up to 2 yrs. (Features - eco friendly, safe, reusable & washable)

## Key Focus Areas



# NEED ANALYSIS – KOHLAPUR, MH



## Key requirements:

- Menstrual health and hygiene awareness across underprivileged schools in Kolhapur district of Maharashtra
- Providing reusable sanitary napkins to adolescent girls in order to improve their health



**State:** Maharashtra

**Districts:** Kohlapur

**Total Number of schools identified in Phase 1:** 34 underprivileged Schools

**Camps conducted till date:** 2 schools

**Total beneficiaries :** 1591 adolescent students, 50 staff

## Key Objectives:

- To create awareness among women and adolescent girls about the menstrual cycle and maintaining hygiene during menstrual period
- Awareness video – information about Menstrual hygiene and reusable Sanitary napkins
- To educate and make them aware about the environmental pollution and health hazards associated with using disposable napkins
- To distribute Re-usable Sanitary napkins

**With generous funds from Meensakshi Ji of Bay Area, Sewa is providing menstrual health and hygiene awareness in identified schools and providing them with reusable sanitary napkin kits.**

# IDENTIFIED SCHOOLS IN KOHLAPUR

<i>r. No.</i>	<i>School Name</i>	<i>Tahsil</i>
1	A.P. Magdum Highschool, Mangav	Hatkanangale
2	New English School, Kabnoor	Hatkanangale
3	New English School, Chandur	Hatkanangale
4	New English School, Rendal	Hatkanangale
5	New English School, Kumbhoj	Hatkanangale
6	Kanya Prashala, Kumbhoj	Hatkanangale
7	Rajendra Highschool, Ambap	Hatkanangale
8	Parashar Highschool, New College Paragaon	Kodoli
9	Shri Siddheshwar Secondary & Higher Secondary School Kapashi	Shahuwadi
10	New English School Akurle	Shahuwadi
11	New English School, Varul	Shahuwadi
12	New English School, Shelewadi	Karvir
13	Shri Bhaveshwari Highschool, Madyal	Kagal
14	Sarswati English Medium School Talandage	Hatkanangale
15	Sou. Ambubai Patil English Medium School Gokul Shirgaon	Karvir
16	Sarvoday Vivek Jivan Vidya Public School Gadhingalaj	Gadhinglaj
17	Shri Shahu Highschool Kagal	Karvir
18	Chorage Vidyalaya, Belewadi	Ajara
19	Shanta Ram Krushn English School Hupari	Hatkanangale
20	Madhymik Vidyalay, Vilas Nagar Shirolu Pulachi	Hatkanangale
21	Gandhi Nagar English Medium School Gandhi Nagar	Karvir
22	Pioneer English Medium School Ajara	Ajara
23	New English School Padali Kurd	Ajara
24	Tatyasaheb Kore English Academy Warananagar	Panhala
25	Nyaymurti Ranade Vidyalay, Senapati Kapashi	Ajara
26	Paramount English Medium School Koparde	Panhala
27	Gargoti Highschool, Gargoti	Bhudargad
28	R.B. Patil Vidyalay, Sadoli Khalasa	Karvir
29	Pimplegaon Vidyalay, Pimplegaon	Bhudargad
30	Shrimant Jaysingrao Ghatage Vidyalay Kagal	Kagal
31	Anas English school kabnoor	Hatkanangale
32	Abasaheb Bhogavkar Highschool, Bajar Bhogav	Panhala
33	Dhananjay Vidyalay Naganwadi	Chandgad
34	New English School, Nool	Gadhinglaj

## CAMP DETAILS

**Venue :** Shriram high school and Paramount English medium school

**District:** Kohlapur

**Date :** Nov 12, 2022

**Total beneficiaries :** 100 adolescent students, 5 female staff

### Activities Conducted:

- Video/Audio session - education videos and audios used to explain about menstrual health and hygiene.
- Students had an interactive Question and Answer session with our Sewa, gynaecologist volunteers to clear all their doubts ,fears and myths about menstrual health.
- Our team had Information session on sewa's cloth sanitary napkin (usage, wash & dry instructions)
- We educated students and made them aware about the environmental pollution and health hazards associated with using disposable napkins.
- Distributed Re-usable Sanitary napkin kits to all the beneficiaries.

Date	School Address	School Name	State	No of beneficiaries
12.11.2022	Shriram High School & Jr College,Kuditre,Taluk-Karveer, QBI Kolhapur, Pin 418204	Shriram High School & Jr College	Maharashtra	50
12.11.2022	Paramount English Medium School, Sangul phata ,Koparde, Taluk Karveer, Kolhapur dist	Paramount English Medium School	Maharashtra	50



# CAMP PHOTOS – SHRIRAM HIGH SCHOOL & JR COLLEGE, KUDITRE & PARAMOUNT MEDIUM SCHOOL, KOPARDE



# SCHOOL ACKNOWLEDGE LETTERS

To  
Sewa International,  
New Delhi

From  
Shri Ram Highschool & Jr. College,  
Kuditre  
Tal. Karveer, Dist- Kolhapur.  
Pin. 416204

Sub : Menstrual awareness camp at our school

Respected Sir

Sewa International conducted menstrual health and awareness ; covid awareness camp in our school on  
Date: 12/11/2022 Free reusable sanitary napkin kits were distributed to all the students who attended the awareness camp.

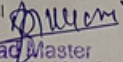
Details of the camp:

School Address (camp location): Shri Ram high school & Jr college  
A/p- Kuditre Tal- Karveer  
Dist- Kolhapur 416204

Students who participated in the camp (Mention the class students are studying in): 7<sup>th</sup>, 8<sup>th</sup>, 9<sup>th</sup> = 50

Number of students who participated in the camp and received free napkin kits: 50

Volunteers and a lady doctor from Sewa International spent valuable time with our girl students and explained about menstrual health and hygiene, distributed hygiene kits, clarified all doubts and fears in the minds of our children. We thank Sewa international for this noble initiative.

Thanking you  
Principal   
Head Master  
Shri Ram High School & Jr. College,  
Kuditre, Tal. Karveer, Dist. Kolhapur.

Sewa International,  
New Delhi

From  
Paramount English Medium School,  
Koparde

Sub : Menstrual awareness camp at our school

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
Details of the camp:


School Address (camp location):  
Sangrul Phata, Koparde, Tal. Karveer, Dist. Kolhapur

Students who participated in the camp (Mention the class students are studying in): 5<sup>th</sup> to 10<sup>th</sup>

Number of students who participated in the camp and received free napkin kits: 50

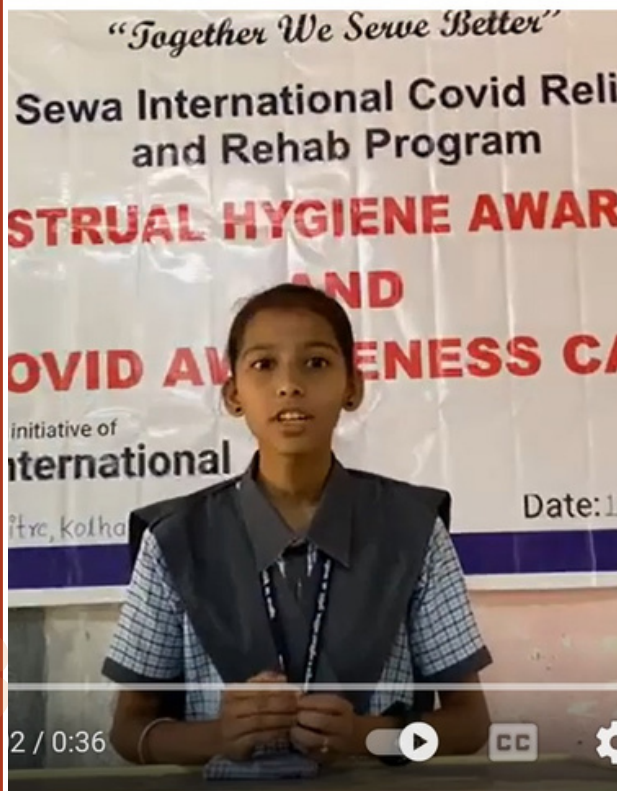
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Thanking you  
Principal  
  
Principal  
Paramount Primary English Medium School,  
Koparde, Tal. Karveer, Dist. Kolhapur.





# CAMP VIDEOS & BENEFICIARY TESTIMONIALS



# THANK YOU FOR SUPPORTING US



## OUR REACH



**790**  
Toilets



**35,000+**  
adolescent girls



**53,998**  
Students



**14**  
Indian States

**HELP US IN OUR MISSION TO EMPOWER WOMEN AND GIRL CHILD**

**\$650 TO BUILD A NEW TOILET IN A SCHOOL**

**\$10 TO SUPPORT AN ADOLESCENT GIRL WITH MENSTRUAL AWARENESS AND PROVIDE REUSABLE NAPKIN KITS**

Website : <https://she.sewausea.org>

Contact Us : [she@sewausea.org](mailto:she@sewausea.org)