



SEWA INTERNATIONAL'S SHE -
SANITATION, HYGIENE AND EMPOWERMENT
PROJECT FOR THE GIRL CHILD

July - Sep 2021

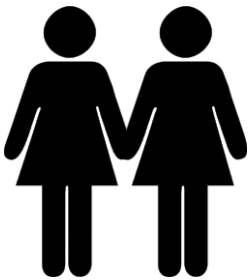
MENSTRUAL AWARENESS DONOR REPORT

Supported by

Vandana Tiwari Sharma, Boston, USA

Vivek and Vandana Foundation

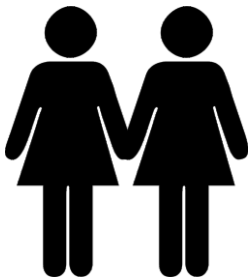
"Unhygienic period and disposal practices have major consequences on women's health."



KEY OBSERVATIONS

- ✓ Girls dropping out of school due to lack of sanitation facilities.
- ✓ Girls missing classes for extended period very month. Lack of awareness about menstruation.
- ✓ Social taboo confining young girls and women. Unhygienic menstrual products leading to various health issues.

"71% of adolescent girls in India are unaware of menstruation until they get it themselves."



OUR FOCUS AREAS

- ✓ Access to menstrual hygiene kits to underprivileged women and girls.
- ✓ Awareness on women Health and Hygiene, Covid awareness, Menstrual hygiene awareness sessions.
- ✓ Menstrual products manufactured by local women.

Project Details

Sewa team conducted surveys and identified villages around Ayodhya, UP. Camps were organized in these villages. Underprivileged women and adolescent girls in these identified villages participated in our camps.

S.No.	Location	Village	Beneficiaries	Project Status
1	JHS kawrapur school vikrajot basti , kawrapur Primary school basti ,kawrapur	Basti	70	completed
2	UPS Bathan's baati basthanawa vikramjot,basthanawa	Basti	45	completed
3	Ayodhya	Gandanpur Lala ka Purwa	30	completed
4	Ayodhya	Jalalabad Kotasaray	41	completed
5	Ayodhya	Bhikhapur Naveli Dubey ka purwa	85	completed
6	Ayodhya	Ashapur	50	completed
7	Ayodhya	Haripur	20	completed
8	Ayodhya	Nariyawan	30	completed
9	Alnabhari	Pathak puwa Station raja Pasaoli	110	completed
		Total	481	

Activities

Activity Objectives:

1. To educate women and adolescent girls about women health and hygiene and creating awareness about menstrual hygiene.
 - a. Awareness video – information about menstrual hygiene and reusable sanitary napkins.
2. To educate and make them aware about the environmental pollution and health hazards associated with using disposable sanitary napkins. Create awareness about covid pandemic and vaccination.
3. To distribute Re-usable Sanitary napkin kits.

Beneficiaries:

A total of 481 underprivileged adolescent girls and women.

Activities Conducted:

1. Audio/Video session - About menstrual hygiene, covid awareness.
2. Information session on Sewa's cloth sanitary napkin (usage, benefits, wash & dry instructions).
3. Question and Answer session.
4. Distribution of re-usable sanitary napkins.
5. Water and snacks for all the beneficiaries.

Venue

Villages within 20 - 50 kms around Ayodhya.

Picture Gallery – Camps at JHS Kawrapur school, Kawrapur-Basti



Camp at UPS School, Basthanawa-Basti



Camps at Takapura village, Ashapur



Camps at Gadanpur Lala ka Purwa Village



Camps at Govt School, Haripur & Jalalabad



Camps at Alnabhari, Nariyawa, Pathak Purwa, Pasaoli, Bikapur



Thank you for supporting Sewa

We have created awareness and distributed reusable napkin kits to 481 women and girls in rural villages around Ayodhya.



- \$5 for a girl can help her have hassle-free and healthy menstruating days for three years.

Donate now!

Donation Link: <https://sewausa.org/Support-Menstrual-Hygiene-Program-in-India>