Donations made in US Dollars

If donating by Cheque

Payable to: Sewa International Mail to: Sewa International

P O Box 820867, Houston, TX 77282-0867 USA

It is very important that you write on the bottom left of the cheque 'Sanitation, Hygiene and Empowerment Project for the girl child'. Also write down your email address on your cheque So, Sewa International can email you a receipt.

If donating through website:

Please log on to:

www.sewausa.org, https://sewausa.org/Donate

*Donate for project: Toilet and Hygiene for the girl child

Donations Made in Indian Rupees

Donating by Cheque
Make a personal cheque payable to
"Sewa International" and please write our
project name on bottom left of the cheque
'Sanitation, Hygiene and
Empowerment Project for the girl child'
Mail to Sewa International, 49, Deendayal
Upadhyaya Marg, New Delhi -110002, India

Donating by bank transfer

Name of the NGO as

appear in Bank : Sewa International

Type : SB

Account No. : 10080533304
Bank Name : State Bank of India

City : Delhi

Branch : Jhandewala Extn

Branch Code - 9371

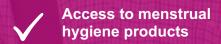
IFSC Code : SBIN0009371 Swift Code : SBININBB550 According to one study, only 36% of India's 355 million menstruating females use sanitary napkins, while the rest use old rags, and such other life-threatening materials to manage their flow.

Sewa International's SHE team has been researching better methodologies which for menstrual hygiene which would also be eco-friendly. Our answer is re-usable cloth sanitary napkins.

Cloth napkins are made by local women from a lower economic background, they can be washed and reused for up to 2 years.

 Menstrual hygiene awareness sessions and distribution of reusable cloth sanitary napkins across India.

OUR KEY ACTIVITIES







• \$5 for a girl can help her have hassle-free and healthy menstruating days for three years.

Donate now!



Sewa International's
SHE - Sanitation, Hygiene &
Empowerment Project for
the Girl Child



Sewa International P.O.Box 820867, Houston, TX 77282-0867

www.she.sewausa.org | she@sewausa.org



- 1. Girls dropping out of school upon puberty due to lack of sanitation facilities.
- 2. Missing classes for extended period on monthly basis.
- 3. Lack of awareness about menstruation.
- 4. Social taboo confining young girls and women.
- 5. Unhygienic menstrual products used that were leading to various women related issues.

(Unhygienic period and disposal practices can have major consequence on the health of women including increased chances of contracting cervical cancer and reproductive tract Infections.)

Donate now!



Sanitary Kits (Benefits 50 Girls)



30,000+ Adolescent girls

Our Reach



Our team has conducted menstrual hygiene programs for higher primary and high school girls.

we have distributed more than 30,000 reusable cloth sanitary napkins to high school girl students

Donation Link: https://sewausa.org/ Support-Menstrual-Hygiene-Program-in-India

- 1. Educate girls on women's health and hygiene.
- 2. Create awareness on menstrual hygiene we have worked with doctors & gynecologists and have come up with a short video that we play to the beneficiaries at schools and communities to explain biological changes that happen to a girl upon puberty.
- 3. We have students interact with our volunteer/gynecologist to answer all their fears and queries about puberty and menstruation.
- 4. Talk about the various myths in the society so that girls face puberty with positive mindset.
- 5. Distribute reusable cloth sanitary napkins, This is washable, reusable up to 2 yrs. (Features eco friendly, safe, reusable & washable)

Key Focus Areas

