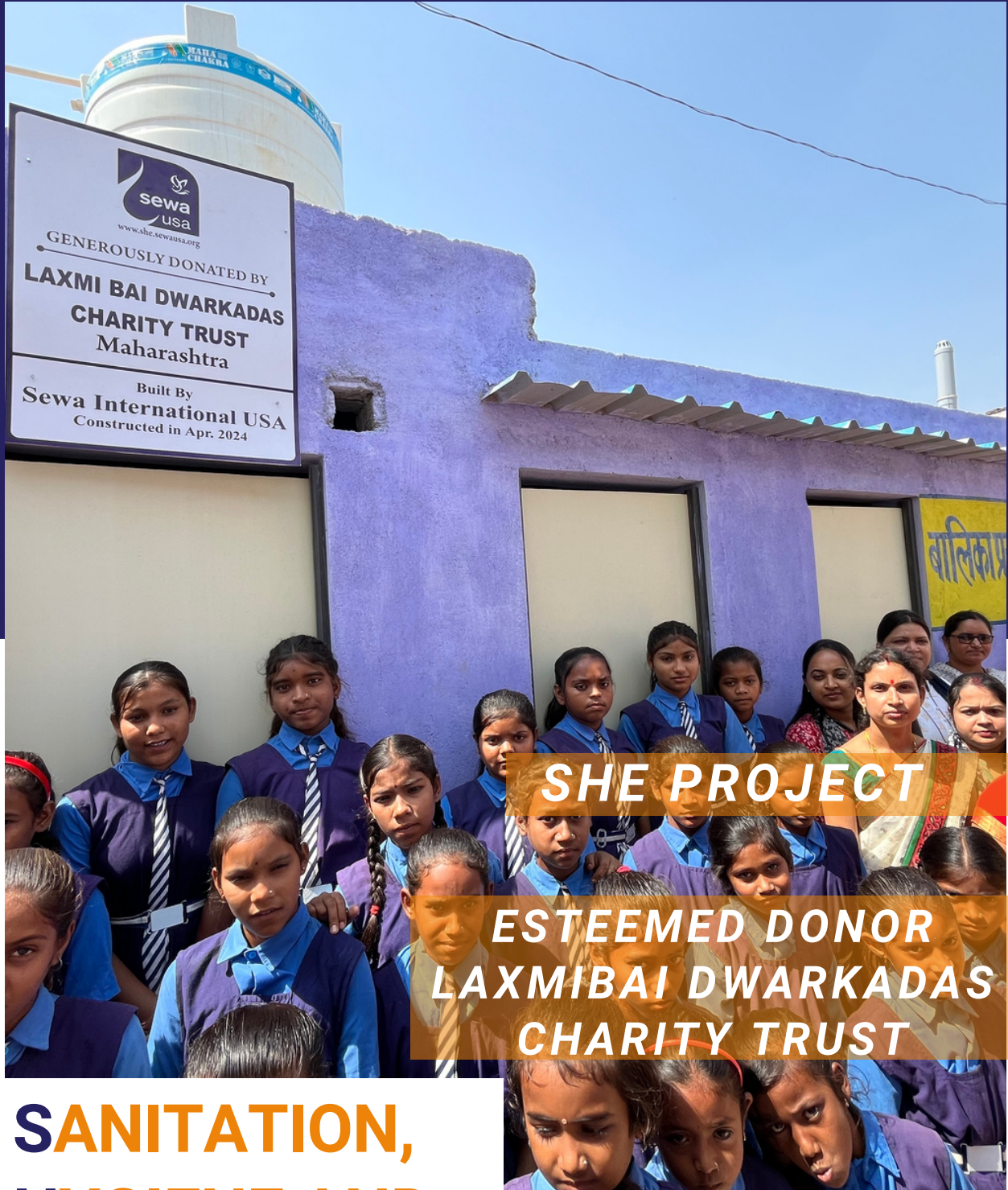


# Sewa International's



**SHE PROJECT**

**ESTEEMED DONOR  
LAXMIBAI DWARKADAS  
CHARITY TRUST**

**SANITATION,  
HYGIENE AND  
EMPOWERING THE GIRL CHILD**

# SHE PILLAR PROGRAMS: AN OVERVIEW

- SANITATION FACILITIES
- MENSTRUAL HYGIENE AWARENESS
- HEALTH AND EMPOWERMENT
- YOGA AND MENTAL WELLNESS
- SKILL DEVELOPMENT TRAINING



## SANITATION

Focus Areas:

- Construction of new toilets
- Repair of existing non functional toilets
- Hand wash stations
- Soak pit
- Overhead tanks
- Water provision for drinking and sanitation.



## HYGIENE & MENSTRUAL HEALTH

Focus Areas:

- Menstrual Hygiene Awareness Sessions.
- Distribution of reusable cloth sanitary napkins.
- Menstrual products manufactured by local women.



## EDUCATION

Focus Areas:

- 14 day Yoga & mental wellness workshop
- Self defense sessions to empower girl children
- Health camps, personality development sessions



## EMPOWERMENT

## SKILL DEVELOPMENT TRAINING

- Skill set and entrepreneurship training for COVID impacted women
- Provide underprivileged women from urban, rural and tribal India with financial stability through skill development trainings and livelihood opportunities; build confidence to overcome the trauma
- Help beneficiaries to get jobs or become self-employed
- Ongoing programs: Regional skill development, weaver empowerment, micro-enterprise, livestock rearing, tailoring, digital literacy, Agri farming, etc.

# NEED ANALYSIS & SCOPE OF WORK



- **State:** Chhattisgarh(CH) )
- **Location:** Pathan(Durg)
- **Number of schools identified:**
  - Sanitation work in Government primary and middle school - Jheet,
  - Menstrual awareness sessions to 50 adolescent girl students
- **Total toilets to be built:** 4
- **Total School Strength :** 482 students, 6 staff at Government primary and middle school - Jheet
- **Other interventions:** Menstrual hygiene sessions with distribution of reusable napkin kits

## Scope of work :

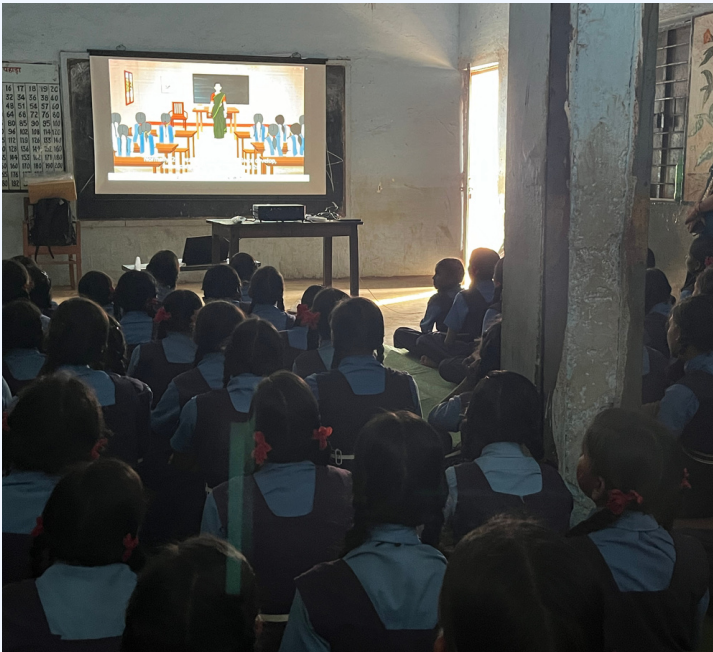
- Build 1 toilet block with 1 toilet unit for Boys and 2 toilet units for girl students in the identified school.
- 1 soak pit construction.
- Overhead tank (500 ltrs) that can supply water for all the toilet units.
- Water connection with taps and pipes to the toilet units & provide water facilities inside the toilet units.
- Wash basin outside the toilet block.
- Menstrual health and hygiene awareness sessions and distribution of reusable cloth sanitary napkin kits for 50 adolescent girl students.

Project name	Type	Region	State	Units to be Installed	Total	No. Of Girls	No. Of Boys
Govt primary and middle school -Jheet	school	Durg	chhattisgarh	3	482	238	244

# PICTURES DURING CONSTRUCTION



# MENSTRUAL AWARENESS CAMP



# COMPLETED VIDEOS & TESTIMONIALS



# THANK YOU FOR SUPPORTING US



## OUR REACH



872  
Toilets



45,000+  
adolescent girls &  
4400+ women



53,998  
Students



16  
Indian States

### HELP US IN OUR MISSION TO EMPOWER WOMEN AND GIRL CHILD

\$650 TO BUILD A NEW TOILET IN A SCHOOL

\$10 TO SUPPORT AN ADOLESCENT GIRL WITH MENSTRUAL AWARENESS AND PROVIDE REUSABLE NAPKIN KITS

\$350 TO SUPPORT A COVID IMPACTED WOMEN WITH LIVELIHOOD SUPPORT

\$35 TO EMPOWER A GIRL CHILD WITH SELF DEFENSE; PERSONALITY DEVELOPMENT; MENTAL WELLENSS AND YOGA

## OUR TEAM



**Anil Dadheech**



**Anita Kant**



**Neha Kaushal**



**Rajini Hodigere**



**Jayanth Bhatt**



**Radhika Sheshadri**

### REDEFINING AND ELEVATING THE SHE PROGRAM

Building upon the success and momentum of the toilet and hygiene program started in 2015, we have developed new programs in the past 2 years to promote the development and empowerment of the Girl Child. These efforts include: providing sanitation facilities for students in schools, promoting menstrual awareness and education, distributing cloth sanitary napkins, providing skill development opportunities for covid impacted women and girls, hosting self defense workshops, and providing health check-ups for women and girls.

To contextualize these efforts, we have revamped our project micro site at [www.she.sewausea.org](http://www.she.sewausea.org), where we will share updated information on our projects, outcomes and deliverables, as well as our monthly newsletters, annual reports, and project videos and images. We encourage you to visit the site, post and share about our work, and support our efforts by giving directly on our secure payment site: [www.she.sewausea.org/donate](http://www.she.sewausea.org/donate).

Thank you for your continued support.



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