



SEWA INTERNATIONAL'S SHE PROJECT

SHE - Sanitation, Hygiene and Empowering the Girl Child

ESTEEMED DONOR-GOOGLE, CALIFORNIA



SEWA'S PILLAR PROGRAMS

Can you imagine not having a Toilet?

About **49% of** School Children across India do not have access to school toilet facility



Sanitation

There are several 'rights' given to citizens of India but the right to a safe, secure, and healthy life at home and in schools is not one of them. Thus, we believe a "Right to Sanitation Facilities", especially for our women and girl children who face several challenges everyday just to attend nature calls in a safe and secure environment, is much needed.

SHE team is committed to providing such toilet facilities in communities, neighbourhoods, and schools, where they are not available so that we can ensure both dignity and safety to women and girl children.



790 Toilets Benefitting
53,989 School children
7,927 Families



Hygiene



45,000+ Adolescent Girls
8 Indian States
27 Districts

According to one study, only 36% of India's 355 million menstruating females use sanitary napkins, while the rest use old rags, and such other life-threatening materials to manage their flow.

Sewa International's SHE team has been researching better methodologies for menstrual hygiene which are safe & eco-friendly. Our answer is reusable cloth sanitary napkins. Cloth napkins are made by local women from a lower economic background, they can be washed and reused for up to 2 years. Menstrual hygiene awareness sessions and distribution of



Empowerment

Self-defense & mental wellness (Yoga) program to create awareness and teach self-defense techniques & Yoga to girls & women across India. The program has been piloted in Uttar Pradesh where highly trained trainers conduct physical techniques, motivation and theory sessions on self-defense, Yoga to adolescent girls & women across Uttar Pradesh.

SHE-CAF Livelihood opportunities through skill development training to support COVID impacted women from poor economic background families. The program includes training in Tailoring, Computer courses, beauty & wellness, regional skill development, weaver empowerment, micro enterprise, livestock etc...

Self-defense & Yoga,
Livelihood
Program for COVID
Impacted women



NEED ANALYSIS HAMIRPUR, UTTAR PRADESH



Key requirements:

- 12 new toilets across 3 schools in rural Hamirpur, Uttar Pradesh
- soak pit; overhead tank
- water provision for sanitation; wash basin installation
- menstrual awareness and Yoga workshop

State: Uttar Pradesh

District: Hamirpur

Name of the identified schools:

Govt upper primary school, Parohri

Uccha Pratamik vidyalaya, Gehrauli

Uccha Pratamik vidyalaya anandpur, Maudh

Total School Strength : 575 students & staff

Requirements at the school post survey and analysis:

- 4 new toilets/urinals in each school for students and teachers.
- Construction of new soak pit for sanitation.
- Overhead tank to provide water for sanitation; Water connection inside the toilet units.
- Wash basin outside the toilet block.
- Menstrual awareness workshop with distribution of reusable napkin kits
- Yoga and mental wellness workshop with distribution of yoga mats

The identified schools are facing challenges with its water and sanitation facilities, leading to significant health issues among the students.

Sewa has received a formal request letter from these schools.

With generous funds from Google, Sewa is working on multiple interventions on health, hygiene and education in these schools.



PICTURES DURING CONSTRUCTION



सेवा में,

Program Manager
SHE Project Sewa International,
New Delhi, 110002

GOVT APPROVAL LETTER

पत्रांक: एस0एस0ए0/बा0शि0/2896-2900 /2022-23

दिनांक: 01/06/2023

विषय: जनपद के परिषदीय विद्यालयों में सेनीटेशन व अन्य अवस्थापना सुविधाओं की पूर्ति सम्बन्धी।

महोदय,

कृपया अपने पत्र दिनांक: 17.05.2023 का संदर्भ ग्रहण करने का कष्ट करें, जिसके द्वारा आपने निम्नवत परिषदीय विद्यालयों सेनीटेशन की आवश्यकताओं को उपलब्ध कराने की अपेक्षा की गयी है:-

1. उ0प्रा0वि0 गहरीली खुर्द, विकास खण्ड मौदहा, जनपद हमीरपुर।
2. कम्पोजिट विद्यालय बडालेवा, विकास खण्ड मौदहा, जनपद हमीरपुर।
3. उ0प्रा0वि0 पडोरी, विकास खण्ड मौदहा, जनपद हमीरपुर।
4. उ0प्रा0वि0 आनन्दपुर, विकास खण्ड मौदहा, जनपद हमीरपुर।

आपके उक्त पत्र के क्रम में आपको निम्न प्रतिबन्धों के साथ उपरोक्त विद्यालयों में सेनीटेशन एवं अन्य कार्य कराने की स्वीकृति प्रदान की जाती है:-

1. विद्यालय की समस्त सम्पत्तियों में वेसिक शिक्षा परिषद का अधिकार यथवत् रहेगा।
2. विद्यालय की सम्पत्ति को किसी प्रकार की छति न पहुंचायी जाये।
3. विद्यालय के नाम में कोई परिवर्तन नहीं किया जाये।
4. अध्यापको/बच्चों से किसी भी प्रकार का कोई शुल्क नहीं लिया जाये।
5. विद्यालय के अन्दर कोई कार्यालय व आवास न बनाया जाये।
6. गोद जिये गये व्यक्ति द्वारा विद्यालय में अपने साधनों से जो कार्य सहयोगार्थ किये जायेंगे, उसके लिये उन्हे विभाग से कोई धनराशि देय होगी।
7. विद्यालय में कार्य कराये जाने से पूर्व फोटोग्राफ एवं कार्य पूर्ण होने के उपरान्त फोटोग्राफ के साथ प्रोजेक्ट की रिपोर्ट अधोहस्ताक्षरी कार्यालय में उपलब्ध कराये।
8. विद्यालय के नाम में किसी भी प्रकार का कोई परिवर्तन नहीं किया जायेगा।
9. विद्यालय का संचालन वेसिक शिक्षा परिषद के निर्धारित नियमों के अधीन होगा एवं समय-समय पर विभाग प्रशासन द्वारा निर्धारित अधिकारियों के निरीक्षण में बाधा उत्पन्न न हो पाये।

भवदीया

Kalra

(कल्पना जायसवाल)

जिला वेसिक शिक्षा अधिकारी

COMPLETED PICTURES



INAUGURATION, INDEPENDENCE DAY CELEBRATIONS & TESTIMONIALS



MENSTRUAL AWARENESS AND YOGA WORKSHOPS



THANK YOU FOR SUPPORTING US



OUR REACH



790
Toilets



35,000+
adolescent girls



53,998
Students



14
Indian States

HELP US IN OUR MISSION TO EMPOWER WOMEN AND GIRL CHILD

\$650 TO BUILD A NEW TOILET IN A SCHOOL

\$10 TO SUPPORT AN ADOLESCENT GIRL WITH MENSTRUAL AWARENESS AND PROVIDE REUSABLE NAPKIN KITS

\$35 TO SUPPORT A GIRL WITH MENTAL WELLNESS, YOGA AND SELF DEFENSE TRAINING

\$350 TO EMPOWER AN UNDERPRIVILEGED WOMEN THROUGH SKILL DEVELOPMENT TRAINING AND LIVELIHOOD SUPPORT

Website : <https://she.sewaua.org>

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