SEWA INTERNATIONAL'S



Sanitation, Hygiene and Empowerment of the girl child -Feb 2022

February 2022 Highlights

- Oracle Livelihood Project
- SHE-CAF
- Sanitation project
- Sewa SHE CAF Project visits.
- Menstrual hygiene awareness program

I. Orcale Livelihood project

We are running four programs under this project as follows,

- 1) Free tailoring classesd for women and girls.
- 2) Health check up camps.
- 3) Menstrual hygiene & covid awareness program.
- 4)Free vaccination program.
- 5) Wash station installation.

1) Free tailoring classes for women & girls:-

We are conducting free tailroing classes for ladies who are from economically backward community. Currently we are running four centres spread across karnataka.

We have reached 100+ women across these three centres and they will be trained in basic and advanced tailoring.









Figure: Tailroing centres in karnataka



2) Health check up camps:-

Importance of health and immunity was realized better ever since COVID appeared and it is very common that people from backward community have been neglecting their health and do more of physical jobs.

It is very important to create awareness on health and also Covid during this time of pandemic.

We are focusing on marginalised communities (Transgenders,rag pickers,migrant workers and burnt victims etc.,)to conduct free health check up camps.

We do basic health check up, Blood pressure test, sugar test, eye and dental checks for the beneficiaries and also distribute free immunity boosters and multivitamins to them.



Figure: Free Heath checkup camps

We started this program with the target of covering 6000 beneficiaries over a period of one year. We have successfully achieved this target in this month by conducting door to door awareness & health check campaigns, considering the covid situation in karnataka.

We did our last camp in rajgopalanagara, Bhagirathi colony in bengaluru where we went door to door for health checkups and also distributed free medicine kits.

Also facilitated free follow ups for the beneficiaries who had health issues at the nearest doctor's clinic.

We have successfully achieved the targetted number of beneficiaries.



3) Menstrual hygiene & covid awareness program

We are promoting plastic free re-usable cloth sanitary napkins which are eco-friendly. Through this program we are educating rural & backward community women on menstrual hygiene.



Figure: Free Menstrual awareness camps

We started this program with the target of reaching 3000 beneficiaries over a period of one year. We have successfully achieved this target in this month by conducting door to door awareness campaigns, considering the covid situation in karnataka.

We did our last campaign in rajgopalanagara, Bhagirathi colony in bengaluru where we went door to door educated women on menstrual hygiene and also distributed free cloth sanitary napkin to them.



4) Free Vaccination program

Along with creating awareness on covid, we are also facilitating free vaccinations in the rural parts.

We noticed many of these people from backward classes have false assumption on vaccination and we are trying to convince them to get their covid doses.

We are also educating them on the importance of vaccination.

We are working with government and organising camps, mobilising people in rural areas.

We have successfully completed the vaccination drive for 3000 targetted beneficiaries across karnataka state.



Figure: Free vaccination camps in Karnataka.

5) Hand wash station installation

We are installing hand wash units in the government schools, communities. This will help them to wash their hands frequently ans stay safe from corona virus.



Figure: Free Hand wash station installation in Karnataka

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SHE-CAF

Objectives

Livelihood Skill Trainings to Covid impacted women - Market Demand Driven Livelihood Courses such as

- 1) Tailoring Stitching , Sewing & hand embroidery
- 2) Beauty and Wellness
- 3) Computer training to enable Office Management jobs Customer Service Executives, Back office support
- 4) Elderly aid & Child support provider Home Health care provider for Child and Elderly Care
- 5) kill Development to Rural and Tribal women Hone Existing Skills of Rural & Tribal women

Skill Development for Covid Impacted Women



64%







Total Covid Deaths in India

% Covid victims that were male

% Victims aged between 21 - 40

% low income families severely impacted by lockdown

% working women suffering permanent job loss

Countless women lost spouses and their sole earning members to Covid pandemic. Their trauma is not just physical or emotional, they are facing financial uncertainties.

Outcome

Help many covid impacted women from starvation, making sure their health and well-being are not compromised. Through various programs, women will be able to get jobs/self employed and support their children and other dependents.

Conduct life-skills workshops on multiple aspects along the lines of social, personality and career orientation and build confidence in women from economically weaker & vulnerable families.

Empower women by helping them find livelihood, educate their children and improve their sense of well being.

Placement Support: Placements arranged regularly and efforts will be made to build a network of relevant and potential employers for placing women. Women will be supported through various workshops to prepare themselves for interviews through mock interviews, workplace readiness etc.

Follow up sessions with women beneficiaries for upto 3 months post program completion

<u>Long Term Impact</u>: Number of women, who are living poverty line due to Covid crisis, will be reduced. Through livelihood & skill development programs, Covid impacted vulnerable women will get better quality of life and livelihood.



KEY UPDATES SO FAR









SANITATION PROJECT

Area of work: Murgod, Belgaum, india

We are working with Government higher primary school murgod in bailahongala, belgaum district.

This school was built during the british ruling period and was used as jail to lock up our freedom fighters, later it was converted into a govt school by the karnataka state government. The toilet blocks built were not in a good condition and sewa is repairing these unit by recreating the sanitary pipelines and the septic tank. We also realised that the blocks were damaged by the localities. To avoid this sewa is constructing new gates and grills, where outsiders cannot use it during the non-school hours.



Figure: Toilets Renovation at murgod, belgaum, india.



Sewa SHE CAF project Visits

Sewa has started a new livelihood program for covid affected families across Bharath.

Radhika and rajini ji hodigere visited Srikalahasthi leather puppet making training center to interact with the beneficiaries, Meet the partners running these programs and to analyse the impact.

Jayanth bhatt from the team visited Palghar hill tribes where we will be running our tailoring centers near to nasik and Pune area where beautician and tailroing programs are running.



Figure: SHE-CAF project visits by sewa team



Menstrual awarenesss program

Sewa team conducted menstrual hygiene awareness program in Government higher primary school,Murgod,belgaum district and Govt high school,nargund,hubli district.

These adolescent girls are from 7th-10th grade and we covered over 200 beneficiaries.

We also distributed free Reusable cloth sanitary napkin during this time.



Figure: Menstrual camp done by sewa team

Thank you and warm regards, Team Sewa International - Sanitation, hygiene and empowerment of the girl child.