

Donations made in US Dollars

If donating by Cheque

Payable to: Sewa International
Mail to: Sewa International
P O Box 820867, Houston, TX 77282-0867 USA

It is very important that you write on the bottom left of the cheque 'Sanitation, Hygiene and Empowerment Project for the girl child'. Also write down your email address on your cheque So, Sewa International can email you a receipt.

If donating through website:

Please log on to:

www.sewausea.org,
<https://sewausea.org/Donate>
*Donate for project: Toilet and Hygiene for the girl child

Donations Made in Indian Rupees

Donating by Cheque
Make a personal cheque payable to "Sewa International" and please write our project name on bottom left of the cheque 'Sanitation, Hygiene and Empowerment Project for the girl child'
Mail to Sewa International, 49, Deendayal Upadhyaya Marg, New Delhi -110002, India

Donating by bank transfer

Name of the NGO as appear in Bank : Sewa International
Type : SB
Account No. : 10080533304
Bank Name : State Bank of India
City : Delhi
Branch : Jhandewala Extn
Branch Code - 9371
IFSC Code : SBIN0009371
Swift Code : SBININBB550

Empowering the Girl Child

Recognizing the power and strength of girls, at SHE we are enabling the girls by equipping them with

1. Teach them self Defence fight the social injustices and move forward to maximize their potential.
2. Soft skills to succeed in the marketplace.
3. Vocational training to encourage older girls to learn sewing at our centers, and also teach them to make reusable cloth menstrual pads for sustainability.

Donate now!

500\$

Benefits 20 girls
(Self-defense)

250\$

Benefits 10 women
(livelihood program)

500\$

Benefits 20 students
(Skill development)

\$

Any other amount
will be appreciated

"Girls are one of the most powerful forces for change in the world: When their rights are recognized, their needs are met, and their voices are heard, they drive positive change in their families, their communities, and the world."



Empowerment

**Sewa International's
SHE - Sanitation, Hygiene &
Empowerment Project for
the Girl Child**



Sewa International
P.O.Box 820867, Houston,
TX 77282-0867

www.she.sewausea.org | she@sewausea.org

The ability to protect oneself physically from harm is a basic human right that should be accessible to everyone, especially women and children.

Teaching children self-defense is something we often overlook in today's society, but it is of utmost importance. In an age when the Crimes against women and children are huge problem, it is important to ensure that our women/children can defend themselves if the need arises.

SHE teams's Self-defense program is conceived to create awareness and teach self-defense techniques to girls & women across India.

The program has been piloted in Uttar Pradesh where highly trained trainers conduct physical techniques, motivation and theory sessions on self-defense to adolescent girls & women across Uttar Pradesh.

Self-defense Program



Our Reach



Self defense training for over 500+ girls across Uttar Pradesh

Livelihood workshops for over 2000+ women across Karnataka



400+ students have been trained under skill development program

SHE team started livelihood training program amidst Covid to help families impacted during the Pandemic. It's a free tailoring class for women who are from lower economic backgrounds empowering them with skills & enabling them to get jobs and support their families.

It's a 3 months duration course where they are taught from the basics of tailoring to advanced concepts. Upon completion of the course, many women have acquired jobs in the garment industry, many of them are working with Sewa in making reusable cloth sanitary napkins which are distributed for free.

Livelihood Program

Offering appropriate educational facilities to every citizen at the right time is the key to a good human resource foundation. But the issue of increasing dropouts has been constantly affecting the education system in developing countries like India.

Building a strong base for children by providing good educational support creates the necessary condition to develop a literate society within the country.

SHE team is offering various career oriented basic computer classes for students who have discontinued studies due to poor economic conditions/ lack of educational opportunities.

The program also ensures placements for the students after the course completion.

Skill Development Program

