



# SEWA INTERNATIONAL'S SHE PROJECT

## Donor Report

**SHE - Sanitation, Hygiene and  
Empowering the Girl Child**

**ESTEEMED DONOR - SEWA BOSTON CHAPTER**

**AUG 2023**





# SEWA'S PILLAR PROGRAMS

Can you imagine not having a Toilet?

About **49% of School Children** across India do not have access to school toilet facility



## Sanitation

There are several 'rights' given to citizens of India but the right to a safe, secure, and healthy life at home and in schools is not one of them. Thus, we believe a "Right to Sanitation Facilities", especially for our women and girl children who face several challenges everyday just to attend nature calls in a safe and secure environment, is much needed.

SHE team is committed to providing such toilet facilities in communities, neighbourhoods, and schools, where they are not available so that we can ensure both dignity and safety to women and girl children.



**790 Toilets Benefitting  
53,989 School children  
7,927 Families**



## Hygiene



**45,000+ Adolescent Girls  
8 Indian States  
27 Districts**

According to one study, only 36% of India's 355 million menstruating females use sanitary napkins, while the rest use old rags, and such other life-threatening materials to manage their flow.

Sewa International's SHE team has been researching better methodologies for menstrual hygiene which are safe & eco-friendly. Our answer is reusable cloth sanitary napkins. Cloth napkins are made by local women from a lower economic background, they can be washed and reused for up to 2 years. Menstrual hygiene awareness sessions and distribution of



## Empowerment

Self-defense & mental wellness (Yoga) program to create awareness and teach self-defense techniques & Yoga to girls & women across India. The program has been piloted in Uttar Pradesh where highly trained trainers conduct physical techniques, motivation and theory sessions on self-defense, Yoga to adolescent girls & women across Uttar Pradesh.

SHE-CAF Livelihood opportunities through skill development training to support COVID impacted women from poor economic background families. The program includes training in Tailoring, Computer courses, beauty & wellness, regional skill development, weaver empowerment, micro enterprise, livestock etc...

**Self-defense & Yoga,  
Livelihood  
Program for COVID  
Impacted women**



# NEED ANALYSIS SANKARA, CHATTISGARH



## Key requirements:

- 8 new toilets across 2 schools in rural Sankara village, Chattisgarh
- soak pit; overhead tank
- water provision for sanitation; wash basin installation
- menstrual awareness and Yoga workshop

**State:** Chattisgarh

**District:** Sankara village, Durg

**Name of the identified school:**

Government primary school -Sankara

Shaskiya uccharat madhyamik shaala-Sankara

**Total School Strength :** 523 students, 8 staff



## Requirements at the school post survey and analysis:

- 4 new toilets/urinals in each school for students and teachers.
- Construction of new soak pit for sanitation.
- Overhead tank to provide water for sanitation; Water connection inside the toilet units.
- Wash basin outside the toilet block.
- Menstrual awareness workshop with distribution of reusable napkin kits
- Yoga and mental wellness workshop with distribution of yoga mats

The identified schools are facing challenges with its water and sanitation facilities, leading to significant health issues among the students.

Sewa has received a formal request letter from these schools.

With the support and necessary approvals from the Block Education Office of the Chattisgarh Government, Sewa is actively engaged in a project to enhance the sanitation infrastructure within these schools.

**With generous raised by Boston chapter during the recently conducted Boston 5k run, Sewa is working on multiple interventions on health, hygiene and education in these schools.**



# GOVERNMENT APPROVALS

From, Date: 01.05.2023  
Block Education officer  
Block : Patan Place: Patan, Dist Durg  
District: Durg - 491111, Chhattisgarh

To,  
Sewa international,  
New Delhi.

SUB: Requesting Construction of toilet blocks in government schools.

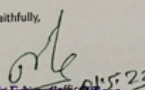
Dear sir/Madam,

We hereby request sewa international's SHE (Sanitation, hygiene and empowerment of the girl child) project to construct toilet blocks in the following schools:-  
Govt. Middle School, Sankara, Block-Patan, Dist: Durg

We have found that there is lack sanitation facilities in the above mentioned school and we authorise Sewa International in fulfilling these requirements by constructing new toilet blocks/repairing the existing blocks.

Our Education department will not have any objections and we are pleased that sewa international is extending their helping hands.

Thanking you,

Yours faithfully,  
  
Block Education Officer,  
PATAN, Dist. Du. g. (C.G.)

Govt. Middle School,  
Village: Sankara, Block : Patan,  
District: Durg - 491111, Chhattisgarh

To,  
Sewa international,  
New Delhi.

SUB: Requesting Construction of toilet blocks in our school.

Dear sir/Madam,

We hereby request sewa international's SHE (Sanitation, hygiene and empowerment of the girl child) project to construct toilet block which will benefit 140 of students & 07 no of staffs.


We formally confirm that our school management and school development committees have no objection for constructing new toilet block, bore wells, soak pit/septic tank ,water storage tank inside our school campus(Whichever is applicable).

Maintenance of these newly constructed blocks and the assets donated by sewa & its donors will be done by the school management and we take sole responsibility of putting it to the right use.

The Govt Middle School, Sankara is registered under the state government of Chhattisgarh and run by it. We are grateful to sewa international for identifying the requirement of sanitation in our school and fulfilling it.

We hereby confirm that we have informed/have consent of our cluster coordinator/block educational officer for the construction.

Thanking you,

Yours faithfully,  


From, Date: 01.05.2023  
Block Education officer  
Block : Patan Place: Patan, Dist Durg  
District: Durg - 491111, Chhattisgarh

To,  
Sewa international,  
New Delhi.

SUB: Requesting Construction of toilet blocks in government schools.


Dear sir/Madam,

We hereby request sewa international's SHE (Sanitation, hygiene and empowerment of the girl child) project to construct toilet blocks in the following schools:-  
Govt. Higher Secondary School, Sankara, Block-Patan, Dist-Durg

We have found that there is lack sanitation facilities in the above mentioned school and we authorise Sewa International in fulfilling these requirements by constructing new toilet blocks/repairing the existing blocks.

Our Education department will not have any objections and we are pleased that sewa international is extending their helping hands.

Thanking you,

Yours faithfully,  
  
Block Education Officer

To,  
Sewa international,  
New Delhi.

SUB: Requesting Construction of toilet blocks in our school.

Dear sir/Madam,

We hereby request sewa international's SHE (Sanitation, hygiene and empowerment of the girl child) project to construct toilet block which will benefit 250 of students & 20 no of staffs.

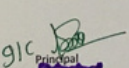
We formally confirm that our school management and school development committees have no objection for constructing new toilet block, bore wells, soak pit/septic tank ,water storage tank inside our school campus(Whichever is applicable).

Maintenance of these newly constructed blocks and the assets donated by sewa & its donors will be done by the school management and we take sole responsibility of putting it to the right use.

The Govt Higher Secondary School, Sankara is registered under the state government of Chhattisgarh and run by it. We are grateful to sewa international for identifying the requirement of sanitation in our school and fulfilling it.

We hereby confirm that we have informed/have consent of our cluster coordinator/block educational officer for the construction.

Thanking you,

Yours faithfully,  
  
Block Educational Officer

## Scope of Work

- 1 toilet block with 4 toilet units for girl students
- 1 soak pit construction
- Overhead tank (500 ltrs) that can supply water for all the toilet units
- Water connection with taps and pipes to the toilet units to provide water facilities inside the toilet units
- Wash basin outside the toilet block
- Menstrual awareness workshop, Yoga and mental wellness sessions planned for the girl students in this school.

## Project construction dates:

July - Aug 2023

Post construction, Sewa will provide 6 months maintenance of the toilets before handover to the local authorities. Regular visits, any minor repairs, awareness and training to the school on long term maintenance of the toilets will be done during the maintenance period.



# PICTURES DURING CONSTRUCTION





# COMPLETED PICTURES & INAUGURATION



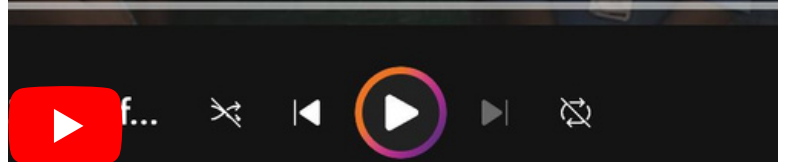
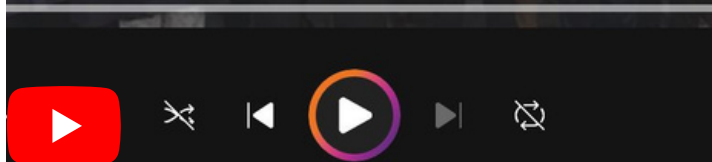
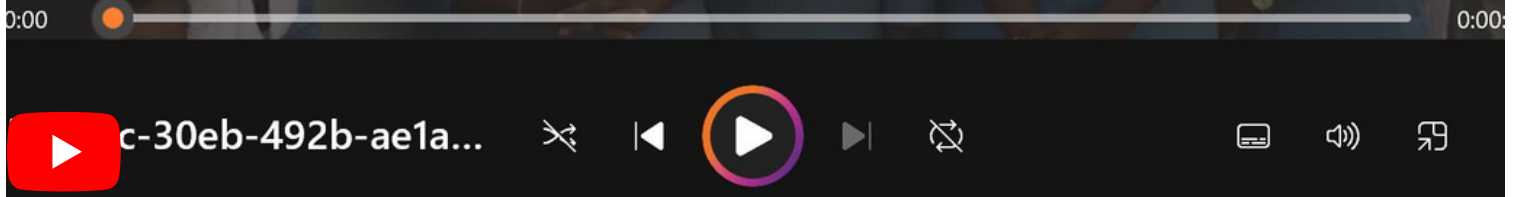


# MENSTRAUL AWARENESS AND YOGA WORKSHOPS





# BENEFICIARY TESTIMONIAL





# THANK YOU FOR SUPPORTING US



## OUR REACH



**790**  
Toilets



**35,000+**  
adolescent girls



**53,998**  
Students



**14**  
Indian States

### HELP US IN OUR MISSION TO EMPOWER WOMEN AND GIRL CHILD

**\$650 TO BUILD A NEW TOILET IN A SCHOOL**

**\$10 TO SUPPORT AN ADOLESCENT GIRL WITH MENSTRUAL AWARENESS AND PROVIDE REUSABLE NAPKIN KITS**

**\$35 TO SUPPORT A GIRL WITH MENTAL WELLNESS, YOGA AND SELF DEFENSE TRAINING**

**\$350 TO EMPOWER AN UNDERPRIVILEGED WOMEN THROUGH SKILL DEVELOPMENT TRAINING AND LIVELIHOOD SUPPORT**

Website : <https://she.sewaua.org>

Contact Us : [she@sewaua.org](mailto:she@sewaua.org)