

Recipe #1: Chicken and rice

3 lbs. ground chicken thighs
3 oz. liver
2 C. cooked rice
3 T. Top Dog Meal Completer

Cook top -

1. Prepare the rice in your desired cooking method and set aside.
2. In a large skillet, add chicken and chicken liver. Spread the chicken out so it has an even thickness then mostly cover with water. Bring to a boil and cover with a lid. Turn heat down and simmer until mostly cooked through. Break into desired size pieces.
3. Add shredded carrots, recover with a lid and cook until carrots are tender.
4. Transfer meat and veggie mix to a large bowl, add rice and let it cool.
5. Add Top Dog Meal Completer and mix well.
6. Divide into portions to refrigerate or freeze.

**In general, dogs should eat about 2-3% of their body weight daily.
Puppies should eat about 2-3% of their *expected* adult body weight.**

Dog caloric intake varies wildly from dog to dog depending on activity level, age, metabolism, breed, gender, reproductive status, if it is spayed/neutered and ideal weight. As always, experiment, use common sense, and talk to your vet. Our general guidelines are as follows:

Dog weight in pounds	Cups of food per day
5-20	1.5 to 2
20-50	2 to 3.75
50-70	3.75 to 4.75
70-100	4.75 to 6