

Recipe #1

Lamb, green beans, asparagus, pasta

- 1 T. sunflower oil
- 3 oz. chicken liver
- 2 1/2 lbs. ground lamb
- 1 C. cut green beans
- 1 1/2 C. chopped asparagus
- 1 1/2 C. cooked pasta
- 2 1/2 T. Top Dog Meal Completer

Cook top -

1. In a large pot of boiling water, cook the pasta according to directions.
2. In a large skillet, add lamb and chicken liver. Spread the lamb out so it has an even thickness then mostly cover with water. Bring to a boil and cover with a lid. Turn heat down and simmer until cooked through. Break into desired size pieces. Add green beans and asparagus, cover with a lid, turn heat down to a simmer until cooked through.
3. Transfer meat and vegetable mix to a large bowl and add pasta.
4. Add the oil and Top Dog Meal Completer and mix well.
5. Divide into portions to refrigerate or freeze.

Slow cooker -

1. In a 6 quart slow cooker add ground lamb, chicken liver, green beans, asparagus and 1 cup of water.
2. Cover and cook on low heat for 5-6 hours or high heat for 2-3 hours
3. When it has finished cooking, mix in cooked pasta.
4. Let cool completely then mix in oil and Top Dog Meal Completer.
5. Divide into portions to refrigerate or freeze.

* This recipe has the consistency of mashed potatoes so it is perfect if your dog needs very soft food.

**In general, dogs should eat about 2-3% of their body weight daily.
Puppies should eat about 2-3% of their *expected* adult body weight.**

Dog caloric intake varies wildly from dog to dog depending on activity level, age, metabolism, breed, gender, reproductive status, if it is spayed/neutered and ideal weight. As always, experiment, use common sense, and talk to your vet. Our general guidelines are as follows:

Dog weight in pounds	Cups of food per day
5-20	1.5 to 2
20-50	2 to 3.75
50-70	3.75 to 4.75
70-100	4.75 to 6