



Allergens Menu – March 2024

Clay Oven														
Product Name	Allergy Information													
	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Chestnut Manousheh		x					x			x	x	x	x	x
Eggs on Mornay Sauce		x		x			x				x	x	x	x
Mozzarella, Kashkawan, White Sauce		x					x				x	x		x
Burrata, burnt honey, Sesame & Fennel Seeds		x					x				x	x		x
Ka'ak, Halloumi, Roasted Tomatoes		x					x				x		x	x
Fig, Goat's Cheese & Ricotta, Hazelnuts	x	x					x				x	x	x	x
House Merguez, Garlic Aioli		x		x	x		x		x	x	x	x	x	x
Bresaola, Brie, White Sauce, Pine Nuts		x					x		x		x	x	x	x
Black Kalamata Olive & Sundried Tomato Flatbread		x					x			MAY	x	x	x	x
Za'atar & Stracciatella Flatbread		x					x			MAY	x	x	x	x

Sides & Dips														
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	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Roasted Red Pepper Hummus (with Ethnic Bread)		x									x		x	x
Olive Hummus (with Ethnic Bread)		x									x	x	x	x
Plancha Grilled Avocado		x							x	x	x	MAY	x	x
Olives Kalamata											x		x	x

All Day Breakfast

Product Name	Allergy Information													
	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Egg & Mozzarella		x		x			x				x			x
Egg & Bresaola		x		x			x				x			x
Plancha Grilled Avocado		x							x	x	x	MAY	x	x

Sandwiches

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	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Melted Cheese		x					x		x		x		x	x
Pastrami, Pickled Onion, Mustard Butter	MAY	x		x			x		x		x		x	x
Plant-Based Roasted Aubergine & Pesto Sandwich		x									x		x	x
Bresaola & Avocado		x		x			x		x		x	x	x	x

Bagels

Product Name	Allergy Information													
	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Seared Halloumi		x		x			x		x		x		x	x
Pastrami	MAY	x		x			x		x		x		x	x
Bresaola & Avocado		x		x			x		x	x	x		x	x

World Breads

Product Name	Allergy Information													
	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
White Baguette		x									x			x
Moroccan Bread		x									x			x
Simit		x									x	x	x	x
Ka'ak		x									x			x
Sourdough Crax		x								x	x			x

Sourdough

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	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
White Sourdough		x									x			x
Wholemeal Sourdough		x									x			x
Multi-seed Sourdough		x									x			x
Charcoal & Kalamata Olive Sourdough		x								MAY	x		x	x

Savoury Pastry

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	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Za'atar & Gruyere Knot		x		x			x				x			x
Aubergine Parmigiana Croissant	x	x		x			x				x			x
Croque Monsieur		x		x			x				x		x	x
Mushroom & Truffle Danish		x		x	x		x				x	x		x
Kimchi Monkey Bread		x		x			x				x	x		x
Chestnut Roll		x		x			x				x	x		x

Sweet Lamination

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	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Almond Croissant		x		x			x				x			x
Plain Croissant		x		x			x				x			x
Pain Au Chocolat		x		x			x				x	x		x
Cinnamon Swirl		x		x			x				x	x		x
Plant-Based Pistachio & Raspberry Bun		x									x			x
Sticky Cinnamon Bun		x		x			x				x		x	x
Chocolate Babka Bun		x		x			x				x	x		x
Vanilla Bun		x		x			x				x			x
Honey Toast & Geymar		x		x			x				x			x
Twice Baked Pistachio & Raspberry Croissant		x		x			x			x	x	x	x	x
Tiramisu Danish		x		x	x		x				x			x
Pistachio & Chocolate Bun		x		x			x				x	x		x
Plant-Based Apple Crumble Tart		x									x			x

Desserts

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Brownie		X		X			X				X	X		X
+Add on Vanilla Ice cream				X			X			X	X			X

Limited Edition

Product Name	Allergy Information													
	Celery (Ce)	Cereals (Gluten) (G)	Crustaceans (Cr)	Egg (Eg)	Fish (F)	Lupin (Lu)	Milk (M)	Molluscs (SF)	Mustard (Mu)	Peanuts (Pe)	Sesame (Se)	Soya (SOY)	Sulphur Dioxide (SD)	Tree Nuts (N)
Twice Baked Passion Fruit & Lime Croissant		X		X			X				X	X		X
Berry Cruffin (Available 10 th March)		X		X			X				X	X		X

Iftar Menu

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Roasted Red Pepper Hummus (with Ethnic Bread)		X									X		X	X
Olive Hummus (with Ethnic Bread)		X									X	X	X	X
Olives Kalamata											X		X	X
Lentil Soup		X	X		X			X		X	X	X		X
Cheese Sambousek		X		X			X				X			X
Lamb Sambousek		X		X			X				X			X
Baked Aubergine		X		X			X				X	X	X	X
Mozzarella, Kashkawan, White Sauce		X					X				X	X		X
Fried Eggs, Merguez, Fingerlin Potato	X	X		X	X		X		X	X	X	X	X	X
Grilled Halloumi, Roasted Red Pepper & Olives		X					X				X		X	X
Nutty Chocolate							X				X	X		X
Spanish Latte							X				X			X

Our bakes are lovingly created using many different inclusions in our recipes including nuts and sesame. Unfortunately, this means we cannot guarantee there won't be a trace of these or any other allergens in our bakes. If you have any questions about our bakes, please ask one of our Bakery Hosts.