

COLLECTION INSTRUCTIONS



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INSTRUCTIONS

Register your kit online by visiting mylabtest123.com and enter your unique kit ID listed on the bar coded label on the Test Requisition Form. Complete all required fields and create your account.

Best practices for collecting valid samples

- ! Avoid eating, drinking, & smoking at least 30 mins prior.
- ! Avoid touching swab against teeth, lips, & other surface.

1 Complete and sign Test Requisition Form. If your test requires a questionnaire, visit: "portal.gxsciences.com/questionnaire", or scan the QR code on the Requisition Form to complete the online questionnaire using the Requisition Number on the barcoded label.

2 Remove swab from package and twist open vial. Carefully hold stem of the swab and avoid touching tip with fingers or other surfaces.



3 Firmly swab right side of cheek using a back and forth brushing motion while rotating swab. Continue for at least 30 seconds then repeat process on left side of cheek.



4 Return swab back into vial immediately and close lid tight. Apply patient identifier sticker to vial length-wise (do not wrap around), then insert into bio-hazard bag.



5 Place bio-hazard bag into prepaid shipping envelope along with completed Test Requisition Form. Drop off at any USPS mailbox or post office.

! UNLABELED SWABS OR INCOMPLETE REQUISITION FORMS MAY BE REJECTED

Once the specimen has been received and processed at the GX lab, you will be notified via email when the results are available in your online account at mylabtest123.com.