

**Directions:** Mix 1 scoop of powder with 5-10 ounces of cold water or milk. Smaller amounts of liquid will make a thicker, creamier shake. Larger amounts of liquid will make a thinner shake. Take up to 3 shakes per day to increase your protein consumption for weight training or sports. Take this product daily. PROmore™ should be used in conjunction with other Controlled Labs products, with an adequate amount of water per day, and a high protein/moderate carbohydrate diet. For more details on optimizing your results, please see [www.ControlledLabs.com](http://www.ControlledLabs.com).

**Warnings:** Before ingesting this product you should consult your doctor if you are not aware of your current health status or if you have any medical condition including, but not limited to: diabetes, high or low blood pressure, cardiac arrhythmias, stroke; diseases of the heart, kidneys, liver or thyroid gland; anxiety, history of seizures, depression, any psychiatric ailment, pernicious anemia or other blood disorders, prostate enlargement. This product is intended only for adults 18 years of age and older. **WARNING:** Consuming this product can expose you to chemicals including [Lead], which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to [www.P65Warnings.ca.gov/food](http://www.P65Warnings.ca.gov/food). Do not take this product if you are pregnant or nursing. Do not consume with less than the recommended amount of water or if you are prone to dehydration or are subjected to extremely hot temperatures. Do not take this product with any drugs without permission from your prescribing doctor.

**Keep out of the reach of children and pets.**  
Do not purchase if safety seal is broken.



† These statements have not been evaluated by the Food & Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.

# PRO MORE™

DELICIOUS NO CLUMP 24 GRAM PROTEIN MATRIX  
Chocolate Ice Cream Sundae  
Naturally Flavored



**CONTROLLED**  
LABS™

DIETARY SUPPLEMENT | Net Wt. (2.1 lbs.) 961g

27  
SERVINGS

## Supplement Facts

Serving Size: ~1 Scoop (35.6 grams) (90cc scoop)  
Servings Per Container: 27

	Amount Per Serving	%DV*
Calories	130	
Total Fat	2 g	3%
Saturated Fat	1 g	6%
Cholesterol	5 mg	2%
Total Carbohydrates	4 g	1%
Dietary Fiber	2 g	7%
Total Sugars	2 g	**
Protein	24 g	**
Calcium	153 mg	12%
Iron	3.4 mg	19%
Sodium	70 mg	3%
Potassium	346 mg	7%

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
\*\* Daily Value not established.

**Ingredients:** Whey Protein Blend (Concentrate and Isolate), Chocolate Bean Powder Processed with Alkali, Natural Flavor, Guar Gum Powder, Silicon Dioxide, Sucralose, Rebaudioside A (From Stevia Leaf Extract).

**Contains:** Milk

**Allergen Warning:** Manufactured on equipment which processes products containing milk, egg, wheat, soybeans, shellfish, fish oil, tree nuts, and peanuts.

To report a serious adverse event or obtain product information regarding this dietary supplement, please call (201) 735-7144

**Distributed by:**  
**Controlled Labs • White Plains, NY**  
[www.ControlledLabs.com](http://www.ControlledLabs.com)

**MADE IN A USA GMP FACILITY WITH  
DOMESTIC & IMPORTED INGREDIENTS**

