

Initial (first serving) Directions: To assess your individual tolerance, combine 1/2 scoop of Green MAGnitude™ with 3-4 oz. of water and consume it before or after your workout. Shake well before drinking. If you experience any unusual occurrence, stop and consult your doctor.

Directions For Regular Use: Combine 1 scoop of Green MAGnitude™ with 6-8 oz. of water for a sweet/tart taste or 12-20 oz. of water for a more mild taste. Consume the entire shake pre-workout or half pre-workout and half post-workout. Take 1 serving on off days. Shake well before drinking. For best results, Green MAGnitude™ should be used in combination with other Controlled Labs products, at least a gallon of liquid per day, a high protein/moderate carbohydrate diet. For more details on optimizing your results, please see www.ControlledLabs.com

Warnings: Before ingesting this product you should consult your doctor if you are not aware of your current health status or if you have any medical condition including but not limited to: diabetes, high or low blood pressure, cardiac arrhythmias, stroke; diseases of the heart, kidneys, liver or thyroid gland; anxiety, history of seizures, depression, any psychiatric ailment, pernicious anemia or other blood disorders, prostate enlargement. This product is intended for adults 18-50 years of age only. **WARNING:** Consuming this product can expose you to chemicals including [Lead], which are known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food. Do not take this product if you are pregnant or nursing. Do not consume with less than the recommended amount of water or if you are prone to dehydration or are subjected to extremely hot temperatures. Do not use this product if you are taking any form of yohimbe. Do not take this product with MAOI drugs or any other drugs without permission from your prescribing doctor.

Keep out of the reach of children and pets.
Do not purchase if safety seal is broken.

* These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

MADE IN A USA GMP FACILITY



Lot Exp Space



**CONTROLLED
LABS™**

DIETARY SUPPLEMENT | Net Wt. (2lbs.) 896g

GREEN MAGNITUDE™

Creatine Matrix
Volumizer

Electric Lemonade

Naturally and Artificially Flavored



80
SERVINGS

Supplement Facts

Serving Size: ~ 1 Scoop (11.2 grams) (14.7cc Scoop)
Servings Per Container: 80

	Amount Per Serving	%DV*
Calories	0	
Calories from Fat	0	
Green Creatine Matrix™	5,000 mg	**
2CM™ Dicitrate Malate and Magnesium Creatine Chelate (MCC)		
Betaine Anhydrous	2,000 mg	**
Taurine	2,000 mg	**
L-Tyrosine	500 mg	**

* Percent Daily Values (DV) are based on a 2,000 calorie diet
** Daily Value not established.

Other Ingredients: Natural and Artificial Flavors, Malic Acid, Acesulfame Potassium, Silicon Dioxide, Sucralose, FD&C Yellow #5 and FD&C Blue #1.

Creatine MagnaPower™ is a registered trademark of Albion Laboratories, Inc., covered by U.S. Patent 6,114,379 and patents pending.

Allergen Warning: Manufactured on equipment which processes products containing milk, egg, wheat, soybeans, shellfish, fish oil, tree nuts, and peanuts.

To report a serious adverse event or obtain product information regarding this dietary supplement, please call (201) 735-7144

Distributed by:
Controlled Labs • White Plains, NY
www.ControlledLabs.com