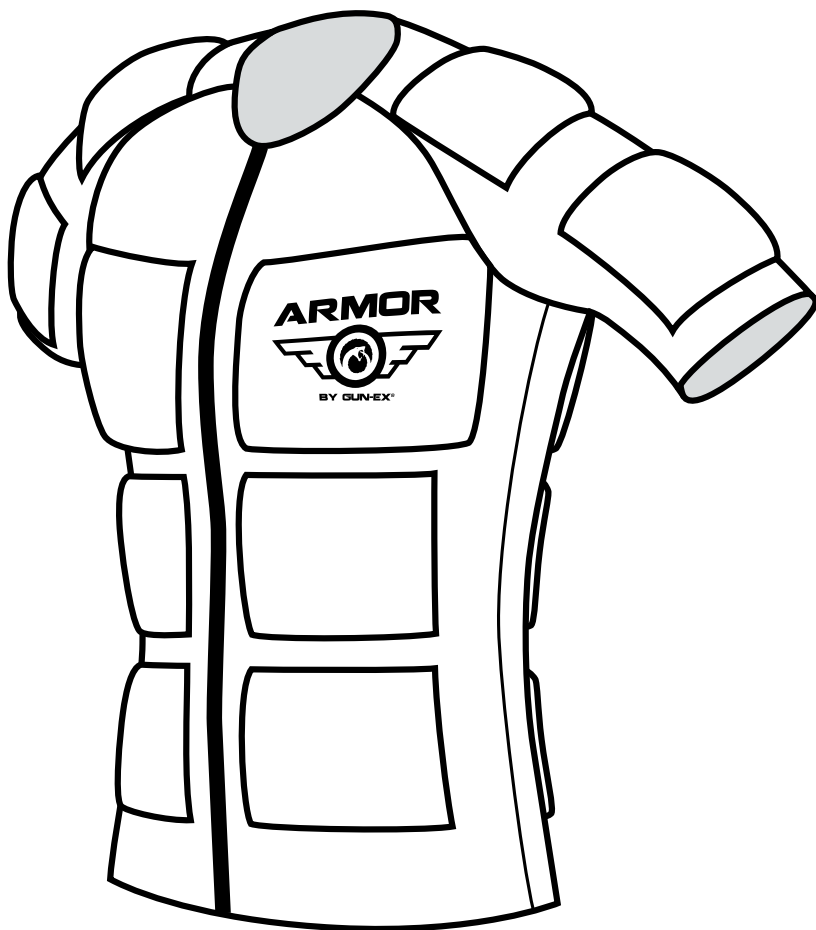


ARMOR



BY GUN-EX[®]

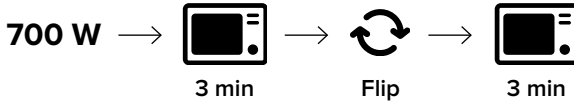
USER MANUAL





HEATING INSTRUCTIONS

Roll up the rash guard into a ball facing the logo up, put sleeves inside and place it into the center of microwave. **Heat it for 3–4 mins at 700 W.** Take it out, roll up the rash guard into a ball the way the logo is hidden inside the rash guard and **heat it again for 3–4 mins from this side.** Follow this procedure to maintain gels equally heated. **Gels should feel WARM to the touch, NOT extremely hot.**



COOLING INSTRUCTIONS

Place the rash guard **into the freezer for about 30 mins** to experience nice cold effect. Time might differ depending on your freezer. Longer you will keep it in the freezer colder the gels are going to be. **After approx. 2 hours** in the freezer the gels will reach **maximum freezing capacity** and even after more time in the freezer they won't get any colder. Rashguard can be stored in the freezer until it's ready to use. Gels will stay flexible even when they are frozen for a very long time.



30 minutes – 2 hours



CLEANING INSTRUCTIONS

Take your rashguard and hand-wash it in the sink or bathtub. Let it dry completely by hanging it on a hanger. Gels can be safely immersed in the water.

If you are using your customized embroidery patch attached to the velcro you should be able to wash it with it and it shouldn't limit the hand-wash process.

Do not wash in the washing machine. **Hand-wash only.**

Do not dry in the dryer.

Do not iron.

Do not bleach.

Do not dry clean.



PUTTING ON INSTRUCTIONS

Before putting on the ARMOR place it on the firm base and **adjust gels in the pocket by placing your palm over gel and pressing the gel pouch** to be evenly distributed in the pocket without major wrinkles.

Put your ARMOR on. Hook and close the zipper below the level of your hips to minimize the tension on the zipper. For more info watch demonstrational video on our website: www.gun-ex.com/product/armor/

If needed you can adjust gels on your body to perfectly copy your body curves.

Rash guard should be skin-tight.

TAKING OFF INSTRUCTIONS

Unzip the zipper, take the ARMOR of your shoulders and **do couple of hops**. ARMOR will naturally fall down on the ground by its own weight. No hassle.

For more info watch demonstrational video on our website: www.gun-ex.com/product/armor/

SIZE INSTRUCTIONS

For women and men

Please see the ARMOR size chart available in PDF on our websites: www.gun-ex.com/product/armor

If you are not sure which size to select and you are somewhere **between two sizes** (e.g. between Small and Medium) **choose smaller one**. You want to have ARMOR skin-tight and it will adapt your body due to its extreme elasticity.

Available sizing options

Women cuts	XS	S	M	L	XL	
Men cuts		S	M	L	XL	XXL

USAGE INSTRUCTIONS

ARMOR can be used for most of the exercises and training routines. You do not have to take it off like standard weight vests. Armor is not compromising movements. It fits tightly on your body. That is why you can perform all dynamic exercises and training protocols like vertical jumps, huge leaps, sprints, changing movement directions, agility drills etc. You can also use it for slow and low impact exercises or bodyweight training.

ARMOR can be used indoors or outdoors, even in the water. Always use with supervision in the water. Due to its weight it can increase the chances of drowning. If used in the water do not forget to hand-wash it in fresh water right after exercising.

ARMOR should not be used in the case where your body is in contact with sharp edges, sharp objects or under extreme weight. It might result in gel pads perforation.

ARMOR can be used as recovery and rehab tool or thermotherapy and cold therapy.

ARMOR can be heated (see the Heating instruction paragraph) and used as thermotherapy or in harsh/cold weather conditions to maintain body temperature during the workout. Gel pads heating effect last for approx. 30–45 minutes.

ARMOR can be cooled down (see the cooling instruction paragraph) and used as cold therapy or in hot weather conditions to help thermo-regulate body temperature during the workout. Gel pads cooling effect lasts approx. 30–60 mins.

GUN-EX[®] ARMOR



**Men 3.7 kg
Women 2.9 kg**



**Heating effect lasts
30–45 minutes**



**Cooling effect lasts
30–60 minutes**

PRODUCT WARRANTY

- GUN-EX ARMOR (“product”) have a One Year Commercial Warranty such as fitness clubs, fitness chains, gyms, sport club/team, trainers and also everybody who is using the tools for their business to make profit. Product has two years consumer warranty such as end-user client who is using the product for own personal use and not generating any profit from their acts.
- GUN-EX and Krankfitness s.r.o. (“company”) warrants to the original purchaser of its’ products that they are free from defects in design, materials and workmanship, when used for the purpose intended, under normal circumstances, and provided it receives proper care and maintenance as provided in the product manual.

This warranty is not transferrable and valid only in respect of authentic and legitimate product. During the warranty period (commencing on the date of sale) company will repair any defective product. In the event that a repair is not possible, the product shall be replaced or a credit given (less delivery/shipping charges).

Company reserves the right to refund only a pro-rata value following inspection of returned products. In the event that identical products are unavailable, company reserves the right to substitute products of equal or better quality and the warranty period recommences on the date the products are delivered.

- These remedies are the exclusive and sole remedies for any breach of warranty.
- **This warranty will not apply if:**

(a) the Customer makes any further use of such Products after notifying the company of a defect; or

(b) the defect has arisen as a result of the Customer’s failure to follow the company’s oral or written instructions as in respect of assembly, storage or care of the Product, or and any other actions that would not be deemed normal use, or, (if there are none) good trade practice; or

(c) the defect has arisen as a result of the Company following any drawing, design or specification supplied by the Customer;

(d) the Customer alters or repairs the Product without the prior written consent of the Company;

(e) the defect arises as a result of fair wear and tear, wilful damage, negligence, use of the Product for a purpose other than the purpose declared, not respecting the

size chart instructions and maintenance as defined in the brochure or product /user manual or in abnormal use conditions;

(f) the Product differ from their description as a result of changes made to ensure they comply with applicable statutory or regulatory standards.

- This warranty supersedes any prior, contrary or additional representations, whether oral or written. No agent, representative, dealer or employee has the authority to alter the terms of this warranty.
- To the maximum extent permitted under the law, any implied warranties are expressly excluded. In no event will Company be liable in contract, tort, (including, without limitation, negligence or product liability), pre-contract or other representations (other than fraudulent misrepresentations) or otherwise for any economic losses (including without limitation loss of profit, revenue, contracts, business or anticipated savings); loss of goodwill or reputation or direct, indirect, special or consequential damages or penalties expressed or implied whether arising out of contracting, negligence or tort. Company assumes no responsibility for personal injury or property damage by or through the use of products supplied by Company.

DISCLAIMER

The sole and entire maximum liability of company, for any reason, and buyer's sole and exclusive remedy for any cause whatsoever, shall be limited to the amount paid by the customer for the particular items purchased.

Company and any of its affiliates, dealers or suppliers are not liable for any indirect, special, incidental, or consequential damages (including damages for loss of business, loss of profits, litigation, or the like), whether based on breach of contract, breach of warranty, tort (including negligence), product liability or otherwise, even if advised of the possibility of such damages.

Company assumes or undertakes no liability for any loss or damage suffered as a result of the use or misuse of any information or content or any reliance thereon.



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