



PDO Thread Lift Consent

PDO (Polydioxanone) Thread Lift is an FDA-approved treatment to lift and tighten skin. PDO Threads are made from suture material very similar to those used in cardiac surgeries. The PDO Threads (smooth, spiraled or barbed) are inserted under the skin in the treatment area in a mesh or lattice pattern which helps hold the skin against the effects of gravity. Once the threads are inserted the body responds by sending nutrients to the threads, which aid in producing collagen and elastin.

POSSIBLE RISKS AND SIDE EFFECTS:

- Discomfort - a topical anesthetic or local anesthetic may be applied to treatment area. The anesthetic can involve risk of allergic reaction or rash.
- Scarring – at the entry points are extremely rare but must be considered when entering the skin with a needle.
- Moderate bruising, swelling and risk of infection.
- Post treatment bleeding – taking aspirin or other anti-inflammatory medications (Advil, Motrin, Ibuprofen and some supplements) for 10 days prior may increase risk of bleeding.
- Damage to deeper structures – nerves, blood vessels and muscles may be damaged during the course of the procedure. The potential for this to occur varies according to the location on the face or body. This may be temporary or permanent.
- Allergic reaction – in very rare cases, local allergies have been reported. Allergic reactions may require additional treatment.
- Pigment changes – there is a remote possibility of the treatment area becoming lighter or darker in color than surrounding skin. This is usually temporary, but on rare occasions, may be permanent.
- Results – results will vary per individual. This is a non -surgical procedure and surgical results cannot be achieved.
- Delayed healing – complications may arise if patient smokes and/or drinks through a straw. These behavior traits are strongly discouraged.
- Contraindications – any known allergy to foreign body sensitivities to plastic biomaterials.
- Other – slight asymmetry, redness, visible threads that may require additional treatment, and or removal of threads.



POST TREATMENT CARE

- Bruising can vary and some patients may experience moderate bruising lasting up to 14 days or more. Treated areas should be handled gently when cleansing.
- Avoid heat therapies and massage in the treated area for 4-8 weeks. Avoid heavy physical exercise or exertion for 2-3 days after the procedure. Normal skincare regime can be resumed immediately following treatment.
- No guarantee, warranty, or assurance has been made to me as to the results that may be obtained. I have read and understand the risks and post treatment care instructions. I agree to follow these instructions carefully. I will contact my practitioner with any questions or concerns promptly.

BY SIGNING BELOW, I ACKNOWLEDGE AND CERTIFY THAT I, _____, HAVE READ AND UNDERSTAND THE "CONSENT, RELEASE AND INDEMNITY AGREEMENT" FOR THIS PROCEDURE, AND THAT I AM SIGNING IT VOLUNTARILY.

PLEASE SIGN YOUR FULL NAME BELOW IF YOU AGREE.

Patient Signature & Date