

Grams to Teaspoons

Kitchen Conversion table



	1 tsp	½ tsp	⅓ tsp	¼ tsp
 Dry Yeast	2.8g	1.4g	0.9g	0.7g
 Fresh Yeast	3.1g	1.6g	1g	0.8g
 Flour	2.6g	1.3g	0.9g	0.7g
 White Sugar	4.2g	2.1g	1.4g	1.1g
 Brown Sugar	4.5g	2.3g	1.5g	1.1g
 Icing Sugar	2.4g	1.2g	0.8g	0.6g
 Salt	6.0g	3.0g	2.0g	1.5g
 Baking Powder	4.8g	2.4g	1.6g	1.2g
 Cocoa Powder	2.6g	1.3g	0.9g	0.7g
 Corn Flour	2.5g	1.3g	0.8g	0.6g
 Honey	7.1g	3.5g	2.3g	1.7g
 Maple Syrup	6.6g	3.3g	2.2g	1.6g
 Sunflower Oil	4.5g	2.3g	1.5g	1.1g
 Olive Oil	4.5g	2.3g	1.5g	1.1g