

YOUR NEW ISUP

INSTRUCTION MANUAL

Important information to help you get you started.



INFLATING YOUR SUP

1. Remove dust cap covering valve (it may already be off; it's on the end of the string). **See Fig 1**

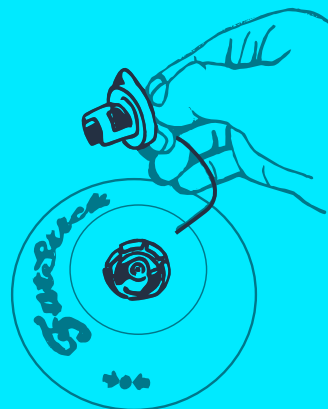


Fig 1

2. Be sure the valve of the board is closed before you begin to inflate the board. You can open/close the valve by pushing the smaller internal 'nipple'. This will click 'open-down' or 'closed-raised'. **See Fig 2**

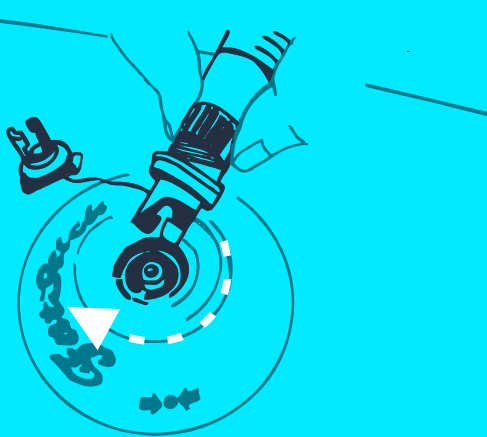


Fig 2



When the "nipple" is in its highest position the valve is closed.

Fig 3



3. Connect the hose to the pump by twisting the connector clockwise onto the thread of the supplied pump.

4. Connect the other end of the hose to the board by pushing down and twisting clockwise on the bayonet fitting firmly.

See Fig 3

5. Use the pump to inflate the board to a minimum of 15 PSI. The gauge on the top of the pump indicates the pressure. Board inflation will take approximately 10 minutes.

6. When you have reached the desired pressure, remove the hose by twisting the bayonet fitting attached to the board, anticlockwise whilst pulling up firmly.

7. Replace the dust cover which is attached on the string.



DEFLATING YOUR SUP

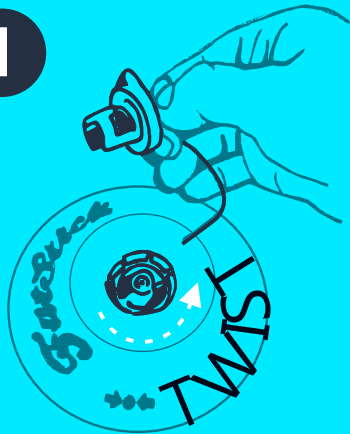
1. Remove dust cap by twisting **anti-clockwise**.
2. Push the internal nipple downwards to open the valve. Be prepared for a loud rush of air.
3. Remove all fins and roll the board from nose to tail in order to pack into the bag provided.

Valve Spanner



Please note that there is a valve spanner within the orange maintenance kit. If you notice air bubbles escaping from around the valve edge, tighten the valve clockwise using the 'valve spanner'.

1



2



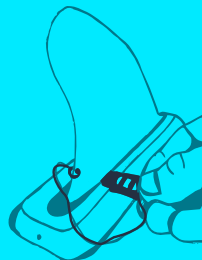
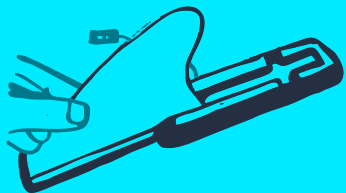
3



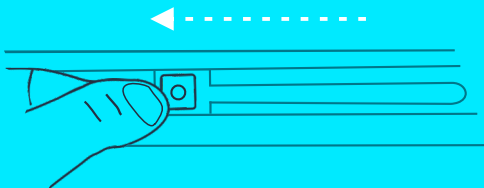


ATTACHING YOUR FINS

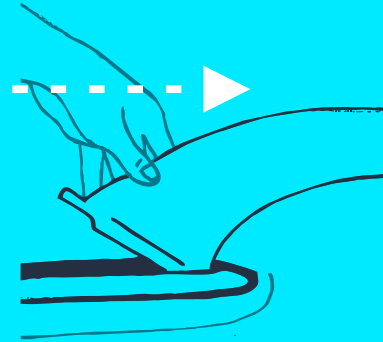
1. Slide the 2 smaller side fins into place and slide the clip on the string into place to lock the fins to the board.



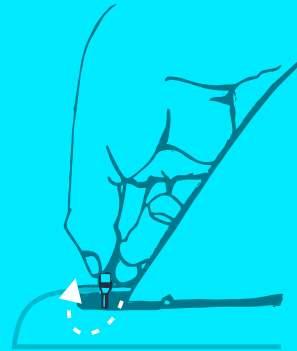
2. Remove the bolt and square nut from the large US centre Fin and slide the square nut into the fin box situated on the board. There is a square opening to allow for this in the middle of fin box.



3. Insert the US Fin into the fin box using the square opening on the fin box. The 2 pins either side of the fin will slide into the groove of the fin box.



4. Push the front of the fin down into place and insert the bolt through the hole provided – this must marry up with the flat nut inserted previously.



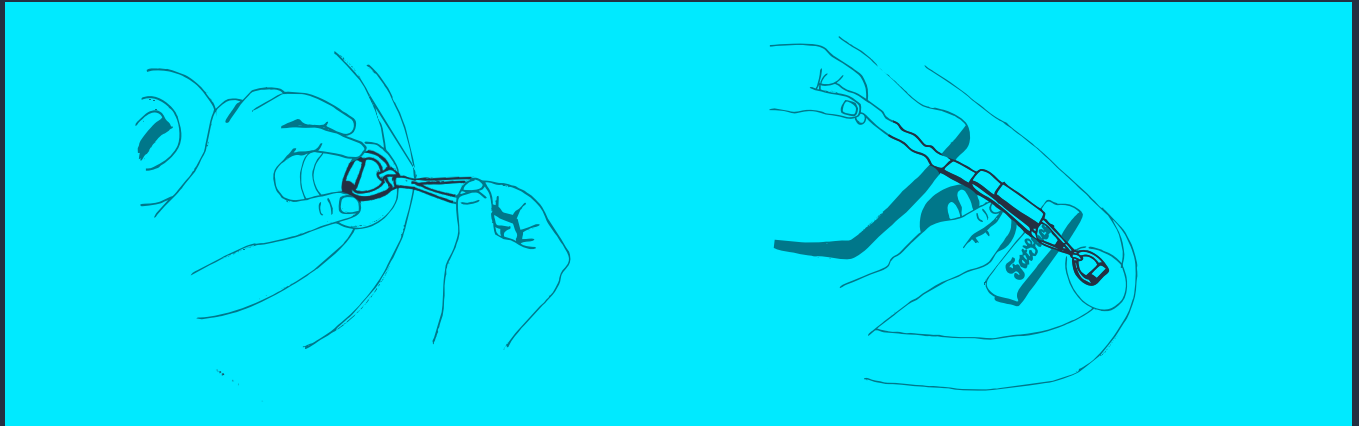
Always remove fins when packing the board into its bag.



YOUR SAFETY LEASH

A safety Leash comes with the board. This prevents you from becoming separated from your board whilst in the water. This is an important safety feature and we urge you to wear the appropriate leash for the water you are on. It could save your life.

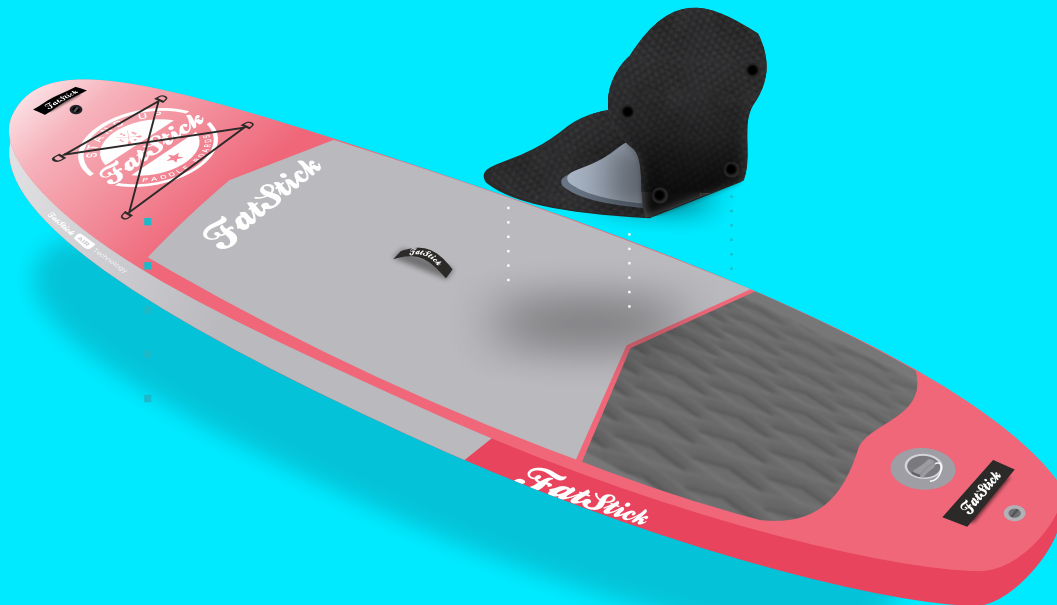
The ankle leash provided connects to the board (close to the valve) by looping the string through the D-Ring (please see below). The other, larger end connects around your ankle using Velcro.

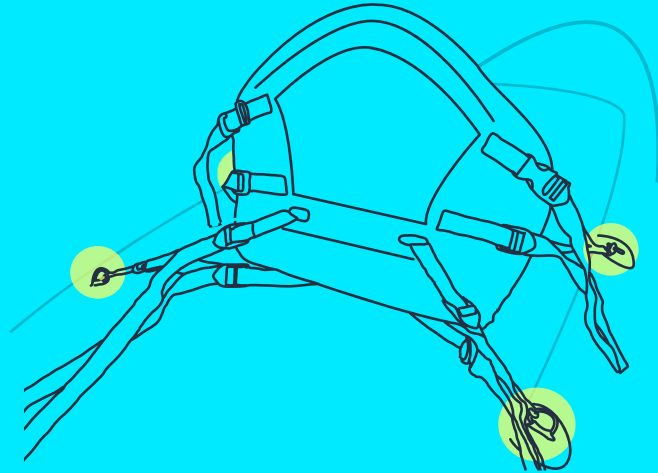
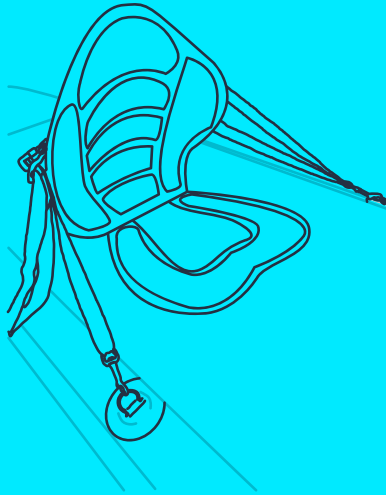




FITTING YOUR **KAYAK SEAT**

Some of our boards come with an optional Kayak seat. The four clips on the seat clip to the four "D" rings on the deck of the board.





Note:

The two clips on the "back rest" part of the seat clip to the two "D" rings closest to the front of the board. The two seat clips for the cushion part of the seat clip to the "D" rings located towards the rear of the board.

Finally, we just want to say a huge **thank you** for supporting our little UK independent brand. We have a very active Fatstick Family Facebook group. Should you wish to join the community, please search for “**Fatstick Boards Owners Group**”



Scan the QR code to take you straight to our **Fatstick Owners Facebook Group**



Disclaimer:

Paddle boarding is a dangerous activity. Please ensure you understand the water conditions you are entering and always use appropriate safety equipment such as floatation device and safety leash. Fatstick Ltd cannot be held liable for and injury to person(s) or loss of life whilst using our products.



FatStick HQ

Bournemouth, Dorset

T: 01202 985103

E: info@fatstickboards.com

FatStick SUP Boards: Company Registration No. 10151265. VAT No. 248340800